



STATE OF WASHINGTON
DEPARTMENT OF HEALTH
OFFICE OF EMERGENCY MEDICAL SERVICES AND TRAUMA SYSTEM
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WASHINGTON STATE ILS TECHNICIAN RECERTIFICATION REQUIREMENTS
(RETAIN FOR FUTURE REFERENCE)

Intermediate Life Support (ILS) Technicians ILS/Airway Technicians may complete recertification educational requirements by completing either the Continuing Medical Education (*CME*) method or through a Department of Health (DOH) and County Medical Program Director (MPD) approved *Ongoing Training and Evaluation Program* (OTEP) method, which includes approved knowledge and skill evaluations.

Educational Requirements:

- 1. Annually complete and document the following required training:**
 - a. CPR and Airway management
 - b. Spinal Immobilization
 - c. Patient Assessment
- 2. In each certification period, complete and document training in the following *required* topics:**
 - a. Infectious disease prevention (annual OSHA/WSHA –approved, agency-required, infectious disease training meets this requirement)
 - b. Trauma
 - c. Pharmacology
 - d. Other pediatric topics
 - e. Additional education courses totaling 60 hours. Individuals obtaining education through the CME method must complete the number of educational course hours indicated. Due to the competency-based nature of OTEP, fewer class hours may be needed to complete this requirement than when using the OTEP method.

Skills Maintenance Requirements:

- 1. First Certification Period:**
 - a. IV Starts: *
 - i. First Year of certification (may not be averaged)
 - a. CME method - 36 successful IV starts.
 - b. OTEP method – 12 successful IV starts
 - ii. Second and third years of certification (may be averaged over the two years)
 - a. CME method – each year, 36 successful IV starts
 - b. OTEP method – each year, 12 successful IV starts
 - b. Demonstrate intraosseous infusion proficiency annually
 - c. Endotracheal Intubations: **
 - i. First Year of certification (4 must be performed on humans and may not be averaged)
 - a. CME method - 12 successful endotracheal intubations
 - b. OTEP method – 4 successful endotracheal intubations
 - ii. Second and third years of certification (4 each year must be performed on humans and maybe averaged over the two years)
 - a. CME method – each year, 12 successful endotracheal intubations
 - b. OTEP method – each year, 4 successful endotracheal intubations
 - d. Multi-Lumen Airway Placement
 - e. Defibrillation

2. Later Certification Periods:

- a. IV starts – demonstrate proficiency annually
- b. Demonstrated intraosseous infusion proficiency annually
- c. Multi-Lumen Airway Placement
- d. Defibrillation

Examination and Certification Recommendation Requirements:

1. CME Method

- a. Successfully complete practical skills evaluations required by the MPD to determine ongoing competence
- b. Pass the state *written* examination within six months of recertification. Three attempts are allowed.
- c. Obtain written recommendation for recertification from the county MPD and submit the completed and signed application to the DOH.

2. OTEP Method

- a. Successful completion of the OTEP method fulfills the requirement of the DOH written and practical skills examinations.
- b. Obtain written recommendation for recertification from the county MPD and submit the completed and signed application to the DOH.

Description of selected terms used:

- CPR includes foreign body airway obstruction and the use of airway adjuncts appropriate to the level of certification for adults, children and infants.
- Intraosseous infusion: Proficiency in intraosseous line placement in pediatric patients.
- "IV starts": Proficiency in intravenous catheterization performed on sick, injured, or preoperative adult and pediatric patients. With written authorization of the MPD, IV starts may be performed on artificial training aids.
- Multi-Lumen airway placement: Proficiency includes the verification of tube placement and continued placement of the multi-lumen airway through procedures identified in county MPD protocols.
- Other pediatric topics: This includes anatomy and physiology and medical problems including special needs patients.
- Pharmacology: Pharmacology appropriate to the level of certification and specific to the medications approved by your MPD.
- Proficiency: Ability to perform a skill properly, demonstrated to the satisfaction of the MPD or delegate.

(Please keep all recertification documents for four years after each certification)

*If you have completed a certification period as an IV, IV/Airway, ILS or ILS/Airway technician, you do not need to meet this requirement during your first certification period; however the requirements for later certification periods must be met.