

GOAL 4

Care is Available for Those Who Seek It

Increase Access to Preventive Care
and Intervention Services

AREA OF ACTION	WHAT WASHINGTON CAN DO 2009 – 2014 OBJECTIVES
POLICY	1. Increase the number of individual and small-business health insurance plans that cover mental health and substance abuse care at the same level as physical health care (<i>mental health parity</i>).
ORGANIZATIONAL PRACTICES	2. Adopt guidelines for screening of depression and suicide risk in primary health care settings, schools, and colleges.
COALITIONS AND NETWORKS	3. Increase the number of local groups that promote access to prevention and intervention services for the youth in their community.
PROFESSIONAL EDUCATION	4. Increase the number of health professionals who are skilled at recognizing and talking with youth about suicidal thinking and behavior.
COMMUNITY EDUCATION	5. Create and distribute information to assist community members in promotion of suicide prevention and intervention services.
INDIVIDUAL KNOWLEDGE AND SKILLS	6. Educate individuals on how to advocate for their own and their family's mental health care.