# **BEANS/PEAS/LENTILS - DRIED**

## BUY

#### You Can Choose

16 oz bags

Any brand

Any variety

Non organic or organic



## **DON'T BUY**

With added flavors or spices

**Boxes** 

Barley

Bean and rice mix

Bulk (sold by weight)

Chia seeds

Coffee beans

Dried refried beans

Farro

Frozen

Green beans

Heirloom

Ouinoa

Sprouted or germinated

Soup or soup mix

## **SHOPPING TIPS**

You can choose dried beans, peas, lentils, or peanut butter when printed on the check.

You can buy canned beans only when printed on the check.

For more information, see Beans – Canned page 6 and Peanut Butter page 26.