

BUY

Must Be

12-count carton (1 dozen)

White eggs only from chickens

**You Can Choose**

Any brand

Small, medium, or large size

DON'T BUY

Bulk

Brown eggs

Cage-free

Dried or powdered

Duck eggs

Egg substitute products

Extra-large or jumbo

Fertile

Free-range

Hard-boiled eggs

Liquid eggs

Low or reduced cholesterol

Naturally-nested

Omega 3

Organic

Pasteurized

Reduced saturated fat

Specialty eggs

Vegetarian fed