



Core WIC Agenda

Tuesday

Time	Training Section and Prerequisites	Room and Trainer
9:00 – 9:15	Registration	
9:15 - 9:45	Welcome and Introductions	Room 153 Heidi Feston
9:45 – 11:00	WIC Getting Started ➤ Prerequisites: Activity 1 & 2 on <i>Pre-training Checklist</i>	Room 153 Heidi Feston
11:00 – 11:15	<i>Break</i>	
11:15 – 12:15	Income, Residency, and ID ➤ Prerequisite: Activity 3 on <i>Pre-training Checklist</i>	Room 153 Marian Polsak
12:15 – 1:15	<i>Lunch</i>	
1:15 – 2:45	Income, Residency, and ID (continued)	Room 153 Marian Polsak
2:45 – 3:00	<i>Break & switch rooms</i>	
3:00 – 4:30	Introduction to WIC Foods and WIC Checks	Room 158 Heidi Feston
4:30	Complete feedback forms and day ends	

Education is the most powerful weapon
which you can use to change the world.

Nelson Mandela



Wednesday

Time	Training Section and Prerequisites			Room and Trainer
8:30 – 9:00	Check Education Practice and WIC Foods Quiz Review			Room 153 Heidi Feston
9:00-10:15	WIC Checks Prerequisite: Activity 4 on <i>Pre-training Checklist</i>			Room 153 Heidi Feston
10:15-10:30	<i>Break & Switch Rooms</i>			
10:30-12:00	WIC Prescriptions			Room 158 Margaret Dosland
12:00-1:00	<i>Lunch</i>			
1:00-2:00	WIC Prescriptions (continued)			Room 158 Margaret Dosland
2:00-2:15	<i>Break & Move to room 153</i>			
2:00-3:00	Income			Room 153 Marian Polsak
3:00-3:15	<i>Break</i>			
Time	Track 1 for those who certify	Room and Trainer	Track 2 for those who don't certify	Room and Trainer
3:15-4:45	Anthropometrics ➤ Prerequisite: Activity 5 on <i>Pre-training Checklist</i>	Room 153 Marian Polsak	Clerk Connection	Room 158 Karen Mullen
4:45-5:00	Complete feedback forms. End of day.			

What matters in life is not what happens to you but what you remember and how you remember it.

Gabriel Garcia Marquez



Thursday

Time	Training Section and Prerequisites		Room and Trainer	
	Track 1 for those who certify	Room and Trainer	Track 2 for those who don't certify	Room and Trainer
8:30-10:30	Risk Assessment	Room 158 Marian Polsak	8:30 – 10:15 Breastfeeding Promotion	Room 153 Karen Mullen
10:30-10:45	<i>Break</i>		<i>Break</i>	
10:45-12:00	Assessing Iron	Room 158 Karen Mullen	10:30-12:00 Residency Scenarios & Practice	Room 153 Marian Polsak
12:00-1:00	<i>Lunch</i>		<i>Lunch</i>	
1:00-2:30	Assessment Questions	Room 158 Margaret Dosland	Income, ID, and Transfers	Room 153 Terri Veazey
2:30-2:45	<i>Break</i>			
Time	Training Section and Prerequisites		Room and Trainer	
2:45-4:15	Putting the Pieces Together – Applying your knowledge		Room 153 Karen Mullen	
4:15-4:30	Celebrating Clerks: Certificate Presentation <ul style="list-style-type: none"> • Clerks turn in feedback forms • Training ends for Clerks • Certifiers complete feedback forms <p style="text-align: right;">End of day</p>		Room 153 Heidi Feston	

Saying goodbye doesn't mean anything. It's the time we spent together that matters, not how we left it.

Trey Parker

Friday

Time	Training Section and Prerequisites	Room and Trainer
8:30-10:15	Breastfeeding Promotion	Room 158 Karen Mullen
10:15-10:30	<i>Break</i>	
10:30-12:00	Offering Nutrition Education and creating an environment for behavior change	Room 158 Heidi Feston
12:00-12:30	WIC Works <ul style="list-style-type: none"> • Certificate Presentation • Turn in feedback forms • Training concludes for Certifiers 	Room 158 Heidi Feston

It is good to have an end to journey toward, but it is the journey that matters in the end.

Ursula K. Le Guin