



**SUICIDE ASSESSMENT, TREATMENT, AND MANAGEMENT WORKGROUOP  
MEETING MINUTES**

July 26, 2013  
Department of Health  
Town Center 3  
243 Israel Road S.E.  
Tumwater, WA 98504

**Workgroup Members:**

Karin Schulze, OT, Occupational Therapy Practice Board  
Tim Livingston, Washington Professional Counselor Association  
Timothy Cahn, Ph.D., Examining Board of Psychology  
Carlos R. Carreon, LICSW, ACSW, BDC, Licensed Mental Health Counselors, Marriage and Family  
Therapists and Social Workers Advisory Committee  
Fredda Jaffe, LMFT, Licensed Mental Health Counselors, Marriage and Family Therapists and Social  
Workers Advisory Committee  
Mark Loes, MBA, CDP, Chemical Dependency Professional Advisory Committee

**Workgroup Members Absent:**

Bridgette Nedia Agpaoa Ryder, CDP, LMHC, Chemical Dependency Professional Advisory Committee

**Meeting Attendees:**

David Blodgett	Marci Blodgett	Sean Maloney
Eli Bouchea	Nancy Cook	Steve Truben
Janys Murphy	Samara Fritchman	Mary Lou Macarius
Lindsay Palmer	Sue Eastgard	Christina Coiro
Lisa Erickson	Randi Jensen	
Lisa Russell-Tutty	Leslie Emerick	

**Staff:**

Betty Moe, Interim Executive Director  
Debra Mendoza, Administrative Assistant

**Assistant Attorney Advisor**

Debra Defreyn, AAG

**1. INTRODUCTIONS**

Workgroup, staff and members of the public introduced themselves.

## **2. REVIEW OF WORKGROUP'S OBJECTIVES – Betty Moe, Interim Executive Director**

Betty Moe provided a review of the workgroup objectives, and discussed the format of the report that will be presented to the Legislature no later than December 15, 2013.

### **Status Report as of July 26, 2013**

#### **Who is Affected**

ESHB 2366 and SHB 1376 require that rules regarding suicide risk continuing education be adopted for the following professions:

- certified counselors and certified advisers,
- chemical dependency professionals,
- advanced social workers and independent clinical social workers,
- marriage and family therapists,
- mental health counselors,
- psychologists,
- occupational therapists,
- occupational therapy assistants,
- providers in retired active license status in the above professions.

#### **Continuing Education Requirements Proposed in Current Draft Rules**

- Psychologists, mental health counselors, marriage and family therapists, and social workers would require six hours of training in suicide assessment, treatment, and management.
- Certified counselors, certified advisers, chemical dependency professionals, occupational therapists, and occupational therapists would require three hours in screening and referral.

#### **Rule Development Status**

Three separate rule packages will help implement these rules:

- The Examining Board of Psychology is in the process of filing a CR-102 and hopes to hold a rules hearing in conjunction with the September 20 board meeting.
- The Occupational Therapy Practice Board completed the draft language at its meeting on July 12, 2013. It is now in the process of filing a CR-102 and intends to hold a rules hearing in conjunction with the October 11 board meeting.
- The rule package for certified counselors, certified advisers, chemical dependency professionals, marriage and family therapists, mental health counselors, and social worker rules is currently being drafted. The department plans to have a rules hearing for this package in late September or early October.

## **3. MODEL LIST QUALIFICATIONS – Betty Moe, Interim Executive Director**

Workgroup members discussed important training aspects of rules in suicide- related continuing education.

## **What is the goal of the model list?**

The legislation requires the secretary and disciplinary authorities to work together to develop a model list of training programs in suicide assessment, treatment, and management. We are also going to look at training programs in risk assessment, screening, and referral, because we have four of the professions that are requiring the three hours in risk assessment, screening, and referral. In our search for programs, there were a lot fewer three hours programs.

When developing the model list the workgroup must consider suicide assessment, treatment, and management programs of at least six hours in length listed on the best practices registry of the American foundation for suicide prevention and suicide prevention resource center. Also, consult with public and private institutions of higher education, experts in suicide assessment, treatment, and management, and the affected professional associations.

In obtaining courses for workgroup review to be added to the model list, the Department of Health (department) reviewed the courses listed on Suicide Prevention Resource Center webpage. The department also contacted local community colleges and associations as well as local and national continuing education providers. The agency also conducted a complete and thorough Internet search of suicide education and continuing education programs.

## **Checklist**

We have devised a checklist to be used when reviewing courses to be added to the model list. The checklist will help to ensure that all of the requirements of an acceptable program are included.

A checklist will need to be completed for each program that is reviewed whether or not the workgroup believes the programs should be included. (You have also been given draft copies of the rules for each affected profession should you have any questions about how the course relates to the draft rules).

## **4. REVIEW CONTINUING EDUCATION PROGRAM INFORMATION**

Workgroup members were divided up into three sub-committees to review course information and to determine which courses should be added to the model list. The following courses were recommended to be included on the model list.

### **Three-hour courses:**

Suicide Alertness for Everyone – Safe TALK

### **Six-hour courses:**

Assessing and Managing Suicidal Risk (AMSR)

Applied Suicide Intervention Skills Training (ASIST)

Question Persuade Refer – Suicide Risk Assessment and Management Training (QPRT)  
CONNECT

Recognizing and Responding to Suicide Risk (RRSR)

Chronological Assessment of Suicide Events (CASE)

Managing Suicidal Risk (CAMS Approach)

DPT with Adolescents: Helping Emotionally Dysregulated and Suicidal Teens  
Assessment and Management of the Suicidal Patient  
Depression and Suicide  
Evidence-Based Treatment of Adolescent Depression and Suicide  
Suicide Assessment and Management  
Suicide Assessment, Prevention, Risk Management and Choice  
Suicide Assessment and Treatment  
Suicide Risk Assessment and Management  
Suicide Thoughts and Behaviors in Substance Abuse  
Suicide: Treating the Self Destructive Client  
Suicide What Therapists Need to Know  
Treating Suicidal Behavior  
Suicide Intervention  
Fear of Feelings: Treating Male Suicide and Depression  
Addressing Suicide Risk in Substance Abuse Clients  
Recognition, Assessment and Treatment of Suicidality  
Washington Psychological Association Suicide Assessment and Treatment

**Other recommendations:**

Dealing with Suicidal Behaviors – Three-hour class recommended as six-hour class  
Suicide Prevention Training for Gatekeepers of Older Adults – Six-hour class recommended as three-hour class  
Suicide Prevention, Intervention and Postvention – Six-hour class recommended as three-hour class  
Suicide Prevention – Six-hour class recommended as three-hour class

The sample of the list is attached.

Upon completing the review, the workgroup reconvened as a whole and discussed the recommendations and input regarding the review process.

Question for report – a lot of discussion about what is “treatment” and how does a program include treatment. Should courses indicate and include treatment plan?

Concerns:

Referral language is missing. Need to be written more towards the rules.

How often will courses be updated? Also, did not describe treatment models, as a consumer want to know what I am going to learn. Not a clear scope of practice for who the target audience is.

Information lacking about cultural issues. Lisa Erickson indicated she would like to submit additional information related to cultural training. A sub-committee was formed of Tim Cahn and Fredda Jaffe to look at additional courses that Ms. Erickson would be providing.

- 5. FUTURE WORK** -Workgroup members determined the August 7 meeting would be used to review the model list once composed by Ms. Moe.

The meeting adjourned at 11:35.

**FUTURE MEETING DATES:**

<b>Meeting Date</b>	<b>Meeting Format</b>	<b>Time</b>
<b>August 7, 2013</b>	<b>Teleconference</b>	<b>Noon to 1 p.m.</b>
<b>August 14, 2013 (if needed)</b>	<b>Teleconference</b>	<b>Noon to 1 p.m.</b>