



# Healthy Youth Survey 2012

## Report of Results

### Statewide Results

#### Grade 6

**March 1, 2013**

Looking Glass Analytics  
215 Legion Way SW  
Olympia, WA 98502

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For a detailed list of all of the survey questions by topic - please use the Questions by Topic section in the back of this report.

# Statewide Results

Grade 6

## Introduction and Overview

This report presents results from the fall 2012 Healthy Youth Survey in Washington State. This survey was sponsored by the Department of Health, the Office of Superintendent of Public Instruction, the Department of Social and Health Services, the Department of Commerce, the Family Policy Council and the Liquor Control Board in cooperation with schools throughout the state of Washington.

For each survey question, results for your students appear in the first column and statewide results appear in the second column. Survey questions covering the same topics are grouped together when possible but be sure to consult the index for related questions when you are searching for information on a specific topic. The numbering in this report is not the same as the question order on the survey itself.

The bulleted points and graphs included at the beginning of this report highlight selected findings. Additional information may be found in the *Interpretive Guide* posted to the Healthy Youth Survey web site: [www.AskHYS.net/Reports](http://www.AskHYS.net/Reports)

## Survey Participation

Number of students surveyed:	8,386
Number of valid responses:	8,229
Estimate of enrolled students*:	10,964
Survey participation rate**:	75%

\* The estimate of enrolled students is based on figures from the 2012-2013 school year, provided by OSPI.

\*\* The survey participation rate is the number of valid responses divided by the number of enrolled students.

## Caution about Participation Rates and Bias

Please use the following guidance when reviewing your results:

- 70% or greater participation—Results are probably representative of students in this grade.
- 40–69% participation—Results may be representative of students in this grade.
- Less than 40% participation—Results are likely not representative of students in this grade but do reflect students who completed the survey.

There may be limitations to your results even if you have a high participation rate. For instance, a particular group of students (say, the school orchestra) may have been away from school the day of the survey, and that could bias the results. It is important to acknowledge the potential limitations when using the results in this report. For reports summarizing results at the county or School District level, you should also consider whether the schools that participated represent all students in that area.

## Small Numbers: Caution about Number of Students Participating

Results based on small numbers of students answering a question are unstable---that is, they could easily change with the absence from school of only a couple of students. This is especially the case for when only a few students choose a particular answer option. Also, in this situation, the reported 95% confidence interval might be too narrow. Thus, use caution if fewer than 30 students answered a question and fewer than 5 students selected a given response option.

*For example, if 20 students answered a question and of those 20 only 3 students answered "Yes", the estimate is unreliable.*

See page 6 for a discussion of the "confidence intervals" used in this report to help guide your interpretation of the results.

## Key to the Notes

Four versions of the survey were used in the administration of the 2012 HYS. Forms A and B (or alternate Form NS – identical to Form B except without four sexual behavior questions) were given to secondary students (grades 8, 10 and 12). Form C was given to elementary students (grade 6). Some questions on the Forms were optional at the discretion of the school.

A list of the topics asked and their location in the report are provided in the Questions by Topic section on page 56. The Questions by Form Type section on page 57 provides a list of which Form each question was on.

The following notes are used throughout this report to document the differences between the questions on different versions and indicate the optional questions:

A = wording on Form A; B = wording on Form B; C = wording on Form C

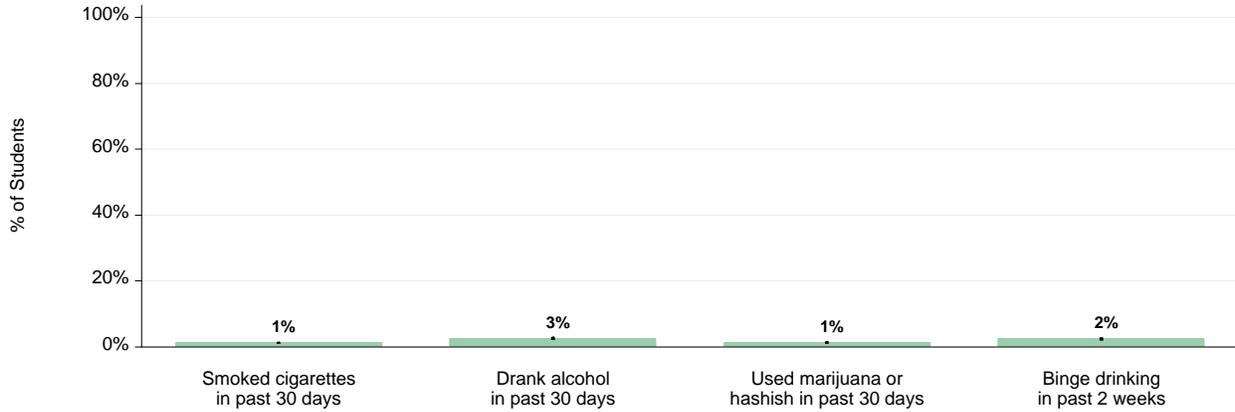
† = optional (on tear-off portion of the survey form)

†† = optional (asked on the secondary Form B, but not on Form NS)

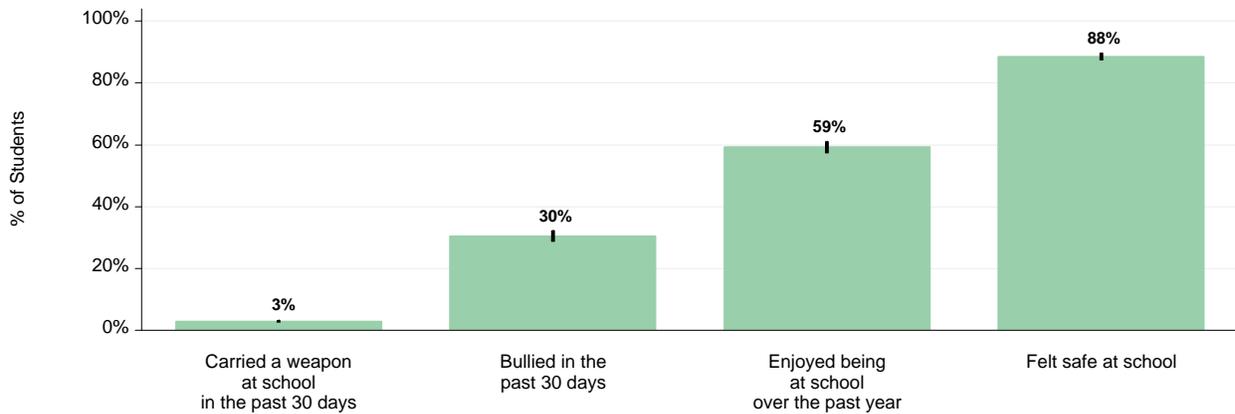
## Highlights of the Local Results

Your students and students statewide reported the following behaviors and attitudes:

<b>Substance Use</b>	<b>Statewide % (±CI)</b>
Smoked cigarettes in past 30 days	1.2% (±0.3)
Drank alcohol in past 30 days	2.5% (±0.5)
Used marijuana or hashish in past 30 days	1.2% (±0.4)
Binge drinking in past 2 weeks	2.4% (±0.5)



<b>Bullying and School Climate</b>	<b>Statewide % (±CI)</b>
Carried a weapon at school in the past 30 days	2.9% (±0.4)
Bullied in the past 30 days	30.4% (±1.8)
Enjoyed being at school over the past year	59.3% (±1.9)
Felt safe at school	88.5% (±1.2)



For more information on specific HYS topics, see the Fact Sheets at [www.AskHYS.net](http://www.AskHYS.net), under HYS Results – Fact Sheets

### Selected Results by Gender

Selected survey questions are presented by gender to highlight any differences between females and males.

The p-values reported after each question, calculated from a chi-square test, can be used to examine whether differences between females and males are statistically significant.

A p-value of less than 0.05 means there is a significant difference between females and males (that is, if there really is no difference between females and males, the probability of observing a difference at least this large is less than 5%).

To ensure student anonymity, we do not report results by gender for any question unless a minimum of students answer each response option. These results are “suppressed”.

For your student results by gender, a minimum of 10 students need to answer each response option:

*For example, to report smoking cigarettes in the past 30 days for your students by gender – surveys are needed for at least 10 females who smoke, 10 females who don’t smoke, 10 males who smoke, and 10 males who don’t smoke.*

For state results by gender, a minimum of 5 students need to answer each response option.

Results that are suppressed are marked with asterisks “\*\*\*”. Many smaller counties, districts and schools may not have enough students to report results by gender for all or some questions.

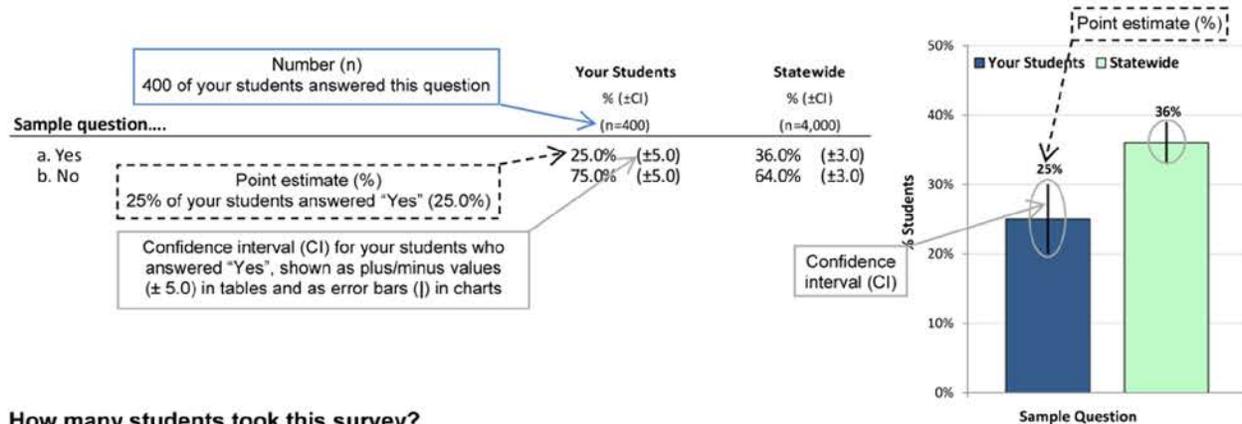
	Statewide		
	Female %	Male %	p-value
Smoked cigarettes in past 30 days	(n=7,873)		
	1.1%	1.4%	0.1303
Drank alcohol in past 30 days	(n=7,809)		
	1.8%	3.3%	<.0001
Used marijuana or hashish in past 30 days	(n=7,781)		
	0.7%	1.8%	<.0001
Binge drinking in past 2 weeks	(n=7,715)		
	1.7%	3.1%	<.0001
Carried a weapon at school in the past 30 days	(n=7,771)		
	2.1%	3.8%	<.0001
Bullied in the past 30 days	(n=7,719)		
	32.4%	28.4%	0.0001
Enjoyed being at school over the past year	(n=8,164)		
	66.4%	52.3%	<.0001
Felt safe at school	(n=8,108)		
	90.7%	86.2%	<.0001

## Understanding Your Report

### N's

In this report "n" is shorthand for "number"---the number of students who took this survey or who answered a survey question. N's are important! We also report the point estimates (%), and the 95% confidence intervals (CI).

Here is an example of how results are displayed in the report tables and charts.



### How many students took this survey?

Look on page 2, under Survey Participation. The "number of students surveyed" is the number of surveys that we received. We have careful procedures for "cleaning" to remove surveys with many inconsistent or false answers – the "clean" surveys are the "number of valid surveys". Only valid surveys are presented in this report.

### How many students answered each survey question?

The n's for each question vary. Why? There are several reasons:

- There are three versions of the grades 8, 10 and 12 survey---A, B and NS. Core questions are on all versions, so the n's for those questions are about the same as the number of valid surveys. For non-Core questions the n's will be about half, or less
- All versions of the survey have an optional "tear-off" page. Schools that chose to remove the optional page will have no responses for those questions.
- Some schools chose a version of the survey that did not include questions about sexual behaviors (Form NS). [District and county reports may include some schools that DID have those questions and some that DID NOT.]
- Not all students finish the survey, so questions near the end have smaller n's. [NOTE: the order of the questions in the report is not the same as on the survey itself.] Also, some students may decide to skip certain questions.

Here are examples from a district with 400 valid surveys --- notice how the n's change with each question type.

<b>13. Have you ever, even once in your life: Smoked Marijuana?</b>	(n=398)	(n=3,975)	N for a core question (almost all students)
a. Yes	49.0% (±3.0)	46.0% (±1.0)	
b. No	51.0% (±3.0)	54.0% (±1.0)	
<b>14. Have you ever, even once in your life: Used inhalants (things you sniff to get high)?</b>	(n=200)	(n=2,000)	N for a question on only one version (about half the students)
a. Yes	11.0% (±4.0)	12.0% (±2.0)	
b. No	89.0% (±4.0)	88.0% (±2.0)	
<b>166. My parents ask if I've gotten my homework done. †</b>	(n=180)	(n=3,200)	N for an optional tear-off question (about half, or less if some schools removed the questions)
a. NO!	10.0% (±5.0)	8.0% (±2.0)	
b. no	17.0% (±5.0)	17.0% (±2.0)	
c. yes	40.0% (±5.0)	43.0% (±2.0)	
d. YES!	33.0% (±5.0)	32.0% (±2.0)	
<b>93. Have you ever had sexual intercourse? ††</b>	(n=100)	(n=1,600)	N for an optional sexual behavior question (about half, or less if some schools requested surveys without the questions)
a. Yes	60.0% (±6.0)	53.0% (±3.0)	
b. No	40.0% (±6.0)	47.0% (±3.0)	
<b>45. Does anyone who lives with you now smoke cigarettes?</b>	(n=375)	(n=3,750)	N for a core question near the end of the survey (almost all, except students who don't finish the survey)
a. Yes	66.0% (±3.0)	71.0% (±1.0)	
b. No	34.0% (±3.0)	29.0% (±1.0)	

### How many students are we talking about?

N's are only provided for the total number of students who answered a question, not the individual answer options. Some people find it useful to translate their point estimates (%) into the number of students.

*For example, in a district if 10.0% of students reported that "Yes" they used inhalants in their lifetime and 200 students answered the question, then 20 students in the district used inhalants ( $20 \times 0.10$ ).*

### Confidence Intervals

It is unlikely that the point estimate (%) reported for each question is *exactly* the same as the "true" value for all your students. This report includes 95% confidence intervals (CI) to describe this uncertainty. If there is not bias in the data, then there is a 95% chance that the CI will include the true value. So for example, if the point estimate and CI are 51.5% ( $\pm 1.5\%$ ), then there is a 95% chance that the true percentage is between 50.0% and 53.0%.

The size of your CIs depend in part on the n for each question – if more students answer a question; then the closer your point estimate is likely to be to the "true" value. If you are a small school, district or county your CIs will be large. The confidence interval does not take into account the participation rate – in other words, a low participation rate can create bias which will not be reflected in the CI.

### How can you "use" confidence intervals?

CIs help you to decide if the differences between your students and the state are statistically significant.

*For an example, let's say your students report 25%  $\pm 5\%$ . That means that the CI is between 20% and 30%. Here is the math:  $25\% - 5\% = 20\%$ , and  $25\% + 5\% = 30\%$*

Using CIs, you can decide if the difference between your students and the state results are statistically significant:

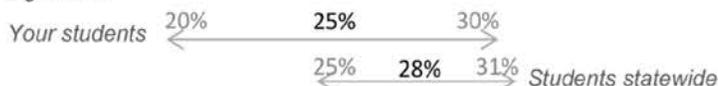
1. A significant difference:

- Your students report 25%  $\pm 5\%$ , so the point estimate is 25% and the CI is 20% to 30%
- Students statewide report 36%  $\pm 3\%$ , so the point estimate is 36% and the CI is 33% to 39%
- The CIs don't overlap, so the difference is significant



2. Not a significant difference:

- Your students report 25%  $\pm 5\%$ , so the point estimate is 25% and the CI is 20% to 30%
- Statewide students report 28%  $\pm 3\%$ , so the point estimate is 28% and the CI is 25% to 31%
- The CI for your students overlaps the point estimate for students statewide, so the difference is not significant



3. Not sure if there is a difference:

- Your students report 25%  $\pm 5\%$ , so the point estimate is 25% and the CI is 20% to 30%
- Statewide students report 32%  $\pm 3\%$ , so the point estimate is 32% and the CI is 29% to 35%
- The CIs overlap, but don't include the other point estimates, so you don't know for sure if they are really different without using the significance testing tool described in the next paragraph.



More information about interpreting CIs is available on the HYS Training web page at [www.AskHYS.net/Training](http://www.AskHYS.net/Training). The Training web page includes past HYS trainings materials and a "Tool for Determining HYS Statistical Significance". Use the "tool" to find out if your results are significantly different.

### More Information

Much of the information on the Healthy Youth Survey is available online at [www.AskHYS.net](http://www.AskHYS.net).

- Under HYS Results, you can find these "Frequency Reports". Also included is the 2012 Interpretive Guide with a detailed overview of the reports, information on statistical issues and how to use your data. There are also topical fact sheets and a data query system where you can run your own simple analysis.
- Under Training, there are copies of past HYS training workshop materials and the tool for testing significant differences.

Technical information is also at [www.doh.wa.gov/DataandStatisticalReports/HealthBehaviors/HealthyYouthSurvey.aspx](http://www.doh.wa.gov/DataandStatisticalReports/HealthBehaviors/HealthyYouthSurvey.aspx)

## Frequency Results

### Demographics and General Information

[Question 1 appears only on the secondary version of the survey.]

	Statewide	
	% (±CI)	
	(n=8,223)	
<b>2. How old are you?</b>		
a. 10 or younger	1.9%	(±0.3)
b. 11	72.6%	(±1.2)
c. 12	24.9%	(±1.3)
d. 13	0.6%	(±0.2)
e. 14	0.0%	(±0.0)
f. 15 or older	0.0%	(±0.0)

	(n=8,206)	
<b>3. Are you:</b>		
a. Female	49.9%	(±1.0)
b. Male	50.1%	(±1.0)

	(n=7,940)	
<b>4. How would you describe yourself? (Respondents could select multiple responses.)</b>		
a. American Indian or Alaskan Native	5.5%	(±1.0)
b. Asian or Asian American	7.9%	(±2.2)
c. Black or African-American	4.4%	(±1.5)
d. Hispanic or Latino/Latina	13.9%	(±3.9)
e. Native Hawaiian or other Pacific Islander	1.5%	(±0.4)
f. White or Caucasian	43.1%	(±4.4)
g. Other	16.6%	(±1.7)
More than one race/ethnicity marked	7.1%	(±1.1)

[Question 5 appears only on the secondary version of the survey.]

	(n=8,178)	
<b>6. What language is usually spoken at home?</b>		
a. English	82.1%	(±3.3)
b. Spanish	10.8%	(±3.1)
c. Other	7.2%	(±2.0)

[Questions 7-8 appear only on the secondary version of the survey.]

	(n=7,252)	
<b>9. How honest were you in filling out this survey?</b>		
a. I was very honest	90.3%	(±0.8)
b. I was honest pretty much of the time	8.6%	(±0.7)
c. I was honest some of the time	1.0%	(±0.3)
d. I was honest once in a while		surveys pulled
e. I was not honest at all		surveys pulled

## Alcohol, Tobacco and Other Drug Use

Alcohol, tobacco, and other drug use has been a major concern in this country for many years. The consequences of ATOD use are well known. In the short term, ATOD use interferes with positive physical, emotional, and social development. In the long term, ATOD use is associated with delinquency and criminal activity, unintended injuries, and a variety of health complications including shorter life expectancy. Tobacco use is the world's leading cause of preventable death, disease, and disability. This section provides information about lifetime ATOD use (which in part reflects experimental use), use in the past 30 days (i.e., current use), and other tobacco-, alcohol-, and drug-related issues.

### Lifetime Use

[Questions 10-11 appear only on the secondary version of the survey.]

***Have you ever, even once in your life:***

<b>12. Drank more than a sip or two of beer, wine, or hard liquor (for example: vodka, whiskey, or gin)? (Computed from question 208 or 209)</b>	<b>Statewide % (±CI) (n=7,770)</b>
a. No	77.0% (±1.5)
b. Yes	23.0% (±1.5)
<b>13. Smoked marijuana? (Computed from question 206)</b>	<b>(n=7,786)</b>
a. No	97.1% (±0.5)
b. Yes	2.9% (±0.5)
<b>14. Used inhalants (things you sniff to get high)?</b>	<b>(n=7,775)</b>
a. No	97.6% (±0.5)
b. Yes	2.4% (±0.5)

[Questions 15-18 appear only on the secondary version of the survey.]

<b>19. Used other illegal drugs?</b>	<b>(n=7,786)</b>
a. No	98.0% (±0.4)
b. Yes	2.0% (±0.4)

### 30-Day Use (Use in the Past 30 Days)

***During the past 30 days, on how many days did you:***

<b>20. Smoke cigarettes?</b>	<b>(n=7,891)</b>
a. None	98.8% (±0.3)
b. 1-2 days	0.8% (±0.3)
c. 3-5 days	0.2% (±0.1)
d. 6-9 days	0.1% (±0.1)
e. 10-29 days	0.1% (±0.1)
f. All 30 days	0.1% (±0.1)
<i>Any use in past 30 days</i>	1.2% (±0.3)

	Statewide	
	% ( $\pm$ CI)	
	(n=7,842)	
<b>21. Use chewing tobacco, snuff, or dip?</b>		
a. None	99.0%	( $\pm$ 0.2)
b. 1-2 days	0.6%	( $\pm$ 0.2)
c. 3-5 days	0.2%	( $\pm$ 0.1)
d. 6-9 days	0.1%	( $\pm$ 0.1)
e. 10-29 days	0.1%	( $\pm$ 0.1)
f. All 30 days	0.1%	( $\pm$ 0.1)
<i>Any use in past 30 days</i>	1.0%	( $\pm$ 0.2)

[Questions 22-27 appear only on the secondary version of the survey.]

	(n=7,827)	
<b>28. Drink a glass, can or bottle of alcohol (beer, wine, wine coolers, hard liquor)?</b>		
a. None	97.5%	( $\pm$ 0.5)
b. 1-2 days	1.9%	( $\pm$ 0.4)
c. 3-9 days	0.3%	( $\pm$ 0.1)
d. 10-29 days	0.1%	( $\pm$ 0.1)
e. All 30 days	0.2%	( $\pm$ 0.1)
<i>Any use in past 30 days</i>	2.5%	( $\pm$ 0.5)

	(n=7,798)	
<b>29. Use marijuana or hashish (grass, hash, pot)?</b>		
a. None	98.8%	( $\pm$ 0.4)
b. 1-2 days	0.7%	( $\pm$ 0.3)
c. 3-9 days	0.2%	( $\pm$ 0.1)
d. 10-29 days	0.1%	( $\pm$ 0.1)
e. All 30 days	0.1%	( $\pm$ 0.1)
<i>Any use in past 30 days</i>	1.2%	( $\pm$ 0.4)

	(n=7,768)	
<b>30. Not counting alcohol, tobacco, or marijuana, use another illegal drug?</b>		
a. None	99.2%	( $\pm$ 0.2)
b. 1-2 days	0.4%	( $\pm$ 0.1)
c. 3-9 days	0.1%	( $\pm$ 0.1)
d. 10-29 days	0.1%	( $\pm$ 0.1)
e. All 30 days	0.2%	( $\pm$ 0.1)
<i>Any use in past 30 days</i>	0.8%	( $\pm$ 0.2)

	(n=7,742)	
<b>31. Use any illegal drug, including marijuana? (Computed from questions 29 and 30)</b>		
None	98.5%	( $\pm$ 0.4)
<i>Any use in past 30 days</i>	1.5%	( $\pm$ 0.4)

[Questions 32-33 appear only on the secondary version of the survey.]

### Other Tobacco-Related Questions

	Statewide	
	% (±CI)	
	(n=7,640)	
<b>34. If one of your best friends offered you a cigarette, would you smoke it?</b>		
a. Definitely no	91.7%	(±1.0)
b. Probably no	5.8%	(±0.7)
c. Probably yes	1.8%	(±0.4)
d. Definitely yes	0.7%	(±0.2)

	(n=7,615)	
<b>35. Do you think that you will smoke a cigarette anytime in the next year?</b>		
a. Definitely no	91.0%	(±1.0)
b. Probably no	6.3%	(±0.7)
c. Probably yes	1.7%	(±0.4)
d. Definitely yes	1.0%	(±0.3)

	(n=7,613)	
<b>36. Have made a firm commitment to not smoke cigarettes; i.e., not susceptible to smoking. (Computed from questions 34 and 35).</b>		
a. Yes, not susceptible	88.5%	(±1.2)
b. No, susceptible	11.5%	(±1.2)

[Question 37 appears only on the secondary version of the survey.]

	(n=8,005)	
<b>38. During the past year in school, how many times did you get information in classes about the dangers of tobacco?</b>		
a. None	30.3%	(±2.7)
b. Once	19.0%	(±1.4)
c. 2 or 3 times	27.1%	(±1.6)
d. 4 or more times	23.5%	(±3.2)

[Questions 39-40 appear only on the secondary version of the survey.]

	(n=7,224)	
<b>41. Do you think the smoke from other people's cigarettes (secondhand smoke) is harmful to you?</b>		
a. Definitely no	7.0%	(±1.0)
b. Probably no	6.6%	(±0.7)
c. Probably yes	32.3%	(±1.6)
d. Definitely yes	54.1%	(±1.9)

[Question 42 appears only on the secondary version of the survey.]

	(n=7,277)	
<b>43. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?</b>		
a. 0 days	79.4%	(±1.8)
b. 1-2 days	11.1%	(±1.0)
c. 3-4 days	3.6%	(±0.5)
d. 5-6 days	1.2%	(±0.2)
e. 7 days	4.7%	(±0.9)

	Statewide	
	% (±CI)	
	(n=7,266)	
<b>44. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?</b>		
a. 0 days	84.5%	(±2.0)
b. 1-2 days	7.9%	(±1.0)
c. 3-4 days	2.6%	(±0.4)
d. 5-6 days	1.4%	(±0.4)
e. 7 days	3.6%	(±0.7)

[Questions 45-49 appear only on the secondary version of the survey.]

### Other Alcohol- and Drug-Related Questions

	(n=7,733)	
<b>50. Think back over the last 2 weeks. How many times have you had five or more drinks in a row? (A drink is a glass of wine, a bottle of beer, a shot glass of liquor, or a mixed drink.)</b>		
a. None	97.6%	(±0.5)
b. Once	1.3%	(±0.3)
c. Twice	0.6%	(±0.1)
d. 3-5 times	0.3%	(±0.2)
e. 6-9 times	0.1%	(±0.1)
f. 10 or more times	0.2%	(±0.1)

#### 51. Drinking Categories Variable (computed from questions 28 and 50)

	(n=7,682)	
a. No alcohol use	96.2%	(±0.7)
b. 1-2 days and no binge	1.2%	(±0.3)
c. 3-5 days or 1 binge	1.3%	(±0.3)
d. 6+ days and 2+ binges	1.3%	(±0.3)

#### 52. During the past year in school, how many times did you get information in classes about reasons not to use alcohol and other drugs?

	(n=7,309)	
a. Never	21.5%	(±1.8)
b. Once	21.4%	(±1.8)
c. 2-3 times	28.7%	(±1.3)
d. 4 or more times	28.5%	(±3.1)

[Questions 53-61 appear only on the secondary version of the survey.]

### Other Health Concerns

#### Nutrition and Fitness

This section provides results regarding other health concerns including nutrition and fitness, health conditions and health care, safety, behaviors related to intentional injury, depression, and gambling behavior. Proper nutrition and exercise are critical components of a healthy life, as is access to preventive health care. Safety-related behaviors, such as wearing a seat belt when in a moving vehicle, can profoundly influence the outcome of an accident. Injury is the leading cause of death for adolescents aged 10 to 19, and violence contributes to injury-related deaths. People who are depressed experience a range of symptoms, and depression is associated with suicidal behavior.

[Questions 62-63 appear only on the secondary version of the survey.]

	Statewide	
	% ( $\pm$ CI)	
	(n=6,922)	
<b>64. How often do you eat dinner with your family?</b>		
a. Never	2.8%	( $\pm$ 0.5)
b. Rarely	7.4%	( $\pm$ 0.9)
c. Sometimes	12.3%	( $\pm$ 1.0)
d. Most of the time	31.6%	( $\pm$ 1.4)
e. Always	45.9%	( $\pm$ 1.5)

[Questions 65-66 appear only on the secondary version of the survey.]

	(n=7,422)	
<b>67. Did you eat breakfast today?</b>		
a. Yes	79.8%	( $\pm$ 2.0)
b. No	20.2%	( $\pm$ 2.0)

	(n=7,404)	
<b>68. How many sodas or pops did you drink yesterday? (Do not count diet soda.)</b>		
a. None	72.2%	( $\pm$ 2.4)
b. 1	21.0%	( $\pm$ 1.7)
c. 2	4.0%	( $\pm$ 0.6)
d. 3	1.1%	( $\pm$ 0.3)
e. 4 or more	1.6%	( $\pm$ 0.4)

	(n=7,355)	
<b>69. Did you buy any of these at school?</b>		
a. I did not drink sodas or pop yesterday	54.5%	( $\pm$ 2.9)
b. Yes	4.8%	( $\pm$ 0.9)
c. No	40.7%	( $\pm$ 2.6)

[Questions 70-71 appear only on the secondary version of the survey.]

	(n=8,045)	
<b>72. In the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate or makes you breathe hard some of the time.)</b>		
a. 0 days	5.2%	( $\pm$ 0.6)
b. 1 day	4.4%	( $\pm$ 0.5)
c. 2 days	7.1%	( $\pm$ 0.6)
d. 3 days	11.3%	( $\pm$ 0.9)
e. 4 days	13.9%	( $\pm$ 0.8)
f. 5 days	18.8%	( $\pm$ 1.1)
g. 6 days	12.3%	( $\pm$ 0.9)
h. 7 days	27.0%	( $\pm$ 1.2)

	(n=8,181)	
<b>73. On average how many days a week do you walk to or from school?</b>		
a. Never	64.2%	( $\pm$ 4.1)
b. 1-2	10.5%	( $\pm$ 1.2)
c. 3-4	7.8%	( $\pm$ 1.3)
d. I walk every day	17.5%	( $\pm$ 2.4)

74. On average how many days a week do you ride a bicycle to or from school?	Statewide	
	% (±CI) (n=8,061)	
a. Never	89.9%	(±1.3)
b. 1-2	5.7%	(±0.8)
c. 3-4	2.3%	(±0.4)
d. I bike every day	2.1%	(±0.5)

[Questions 75-76 appear only on the secondary version of the survey.]

77. Yesterday, how much time did you spend watching TV or playing video games?	(n=8,152)	
	a. None, I didn't watch TV yesterday	18.6%
b. Less than 1 hour	25.0%	(±1.3)
c. About 1 hour	22.8%	(±1.0)
d. About 2 hours	18.6%	(±1.2)
e. 3 or more hours	14.9%	(±1.7)

[Questions 78-80 appear only on the secondary version of the survey.]

### Health Conditions and Health Care

[Questions 81-84 appear only on the secondary version of the survey.]

85. Has a doctor or nurse ever told you that you have asthma?	(n=8,181)	
	a. Yes	15.9%
b. No	74.5%	(±1.1)
c. Not sure	9.6%	(±0.7)

86. Do you still have asthma?	(n=8,170)	
	a. I have never had asthma	68.0%
b. Yes	10.6%	(±0.7)
c. No	11.2%	(±0.6)
d. Not sure	10.2%	(±0.7)

[Questions 87-90 appear only on the secondary version of the survey.]

91. During the past year, did you miss any time from school because of a toothache (do not include toothache due to braces or an injury)?	(n=8,092)	
	a. Yes	7.2%
b. No	84.2%	(±1.4)
c. Not sure	8.6%	(±1.0)

[Question 92 appears only on the secondary version of the survey.]

### Sexual Behavior

[Questions 93-96 appear only on the secondary version of the survey.]

## Safety

[Question 97 appears only on the secondary version of the survey.]

	Statewide	
	% (±CI)	
	(n=8,202)	
<b>98. When you ride a bicycle, how often do you wear a helmet?</b>		
a. I do not ride a bicycle	10.0%	(±1.1)
b. Never wear a helmet	18.0%	(±3.4)
c. Rarely wear a helmet	12.2%	(±1.6)
d. Sometimes wear a helmet	13.4%	(±1.0)
e. Most of the time wear a helmet	16.9%	(±1.6)
f. Always wear a helmet	29.6%	(±4.3)

[Questions 99-100 appear only on the secondary version of the survey.]

	(n=7,374)	
<b>101. Have you ever ridden in a car driven by someone who had been drinking alcohol?</b>		
a. Yes	17.6%	(±1.3)
b. No	64.6%	(±1.3)
c. Not sure	17.9%	(±0.9)

[Question 102 appears only on the secondary version of the survey.]

## Behaviors Related to Intentional Injury

[Question 103 appears only on the secondary version of the survey.]

	(n=7,789)	
<b>104. During the past 30 days, did you carry a weapon such as a gun, knife, or club on school property?</b>		
a. Yes	2.9%	(±0.4)
b. No	97.1%	(±0.4)

[Questions 105-106 appear only on the secondary version of the survey.]

	(n=7,717)	
<b>107. During the past 12 months, how many times were you in a physical fight?</b>		
a. 0 times	74.4%	(±1.8)
b. 1 time	12.5%	(±0.9)
c. 2-3 times	7.3%	(±0.9)
d. 4-5 times	1.8%	(±0.4)
e. 6 or more times	3.9%	(±0.5)

[Questions 108-109 appear only on the secondary version of the survey.]

	(n=7,635)	
<b>110. Do you try to work out your problems by talking about them?</b>		
a. No, never	25.9%	(±2.1)
b. Yes, some of the time	34.3%	(±1.5)
c. Yes, most of the time	22.5%	(±1.9)
d. Yes, all of the time	17.3%	(±1.2)

[Questions 111-114 appear only on the secondary version of the survey.]

## Depression

[Questions 115-118 appear only on the secondary version of the survey.]

	Statewide % (±CI) (n=7,630)
<b>119. Have you ever seriously thought about killing yourself?</b>	
a. Yes	14.5% (±1.2)
b. No	85.5% (±1.2)
<b>120. Have you ever tried to kill yourself?</b>	(n=7,639)
a. Yes	4.5% (±0.6)
b. No	95.5% (±0.6)
<b>121. When you feel sad or hopeless, are there adults that you can turn to for help?</b>	(n=7,612)
a. I never feel sad or hopeless	22.5% (±1.1)
b. Yes	59.4% (±1.8)
c. No	7.8% (±0.8)
d. Not sure	10.2% (±0.8)

[Questions 122-123 appear only on the secondary version of the survey.]

## Gambling

[Questions 124-125 appear only on the secondary version of the survey.]

## School Climate

In the past few years Washington State has given increased attention to supportive learning environments. Students need a safe, nurturing, healthy, and civil learning environment if they are to be successful in school. This section provides information about student perceptions of school climate.

	(n=7,737)
<b>126. A student is being bullied when another student, or group of students, say or do nasty or unpleasant things to him or her. It is also bullying when a student is teased repeatedly in a way he or she doesn't like. It is NOT bullying when two students of about the same strength argue or fight. In the last 30 days, how often have you been bullied?</b>	
a. I have not been bullied	69.6% (±1.8)
b. Once	14.7% (±0.8)
c. 2-3 times	8.6% (±0.7)
d. About once a week	2.3% (±0.4)
e. Several times a week	4.8% (±0.7)

[Questions 127-135 appear only on the secondary version of the survey.]

## Quality of Life

Health-related quality of life is an individual's or group's perceived physical and mental health over time. At the individual level it involves a person's health and health-related conditions; at the community level it involves conditions that influence people's health. This section contains the results of the survey questions related to individual quality of life.

[Questions 136-144 appear only on the secondary version of the survey.]

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	Statewide	
	% (±CI)	
	(n=8,137)	
<b>145. Has your parent or guardian served in the military (Army, Navy, Air Force, Marines, Coast Guard, National Guard, and Reserves)?</b>		
a. No	67.1%	(±2.1)
b. Yes	21.8%	(±2.0)
c. Not sure	11.1%	(±1.0)

[Question 146 appears only on the secondary version of the survey.]

	(n=8,075)	
<b>147. Do you have goals and plans for the future?</b>		
a. No	12.1%	(±0.8)
b. Yes	87.9%	(±0.8)

## Risk and Protective Factors

Decades of research have shown that certain risk factors are associated with increased likelihood of health risk behaviors including ATOD use, violence, and delinquent behaviors. Similarly, research from Drs. Hawkins and Catalano and associates at the University of Washington, has shown that protective factors exert a positive influence against the negative influence of risk factors. The premise of the risk reduction and protective factor enhancement approach to prevention is that preventing a problem before it occurs requires addressing the factors that predict the problem. Ideally, this strategy entails discovering the causes of the problem behavior and influencing those causes. Many of the survey questions were used to assess students' status on risk and protective factors in the community, school, and peer-individual domains. Composite scales were computed for use in local program planning.

## Risk and Protective Factor Framework and Reporting Schedule

This table provides a list of risk and protective factors included in the Healthy Youth Survey by year.

	2000	2002	2004	2006	2008	2010	2012
<b>Community Protective Factors</b>							
Opportunities for Prosocial Involvement	X	X	X <sup>S</sup>				
Rewards for Prosocial Involvement	X	X	X	X	X	X <sup>E</sup>	X <sup>E</sup>
<b>Community Risk Factors</b>							
Transitions and Mobility			X <sup>S</sup>				
Perceived Availability of Handguns	X	X <sup>S</sup>					
Laws And Norms Favorable to Drug Use	X	X	X	X	X	X	X
Low Neighborhood Attachment	X	X <sup>S</sup>		X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	
Perceived Availability of Drugs	X	X	X	X	X	X	X
<b>Family Protective Factors</b>							
Opportunities for Prosocial Involvement		X <sup>†</sup>	X <sup>E, †</sup>	X <sup>†</sup>	X <sup>†</sup>	X <sup>†</sup>	X <sup>†</sup>
Rewards for Prosocial Involvement		X <sup>†</sup>	X <sup>E, †</sup>	X <sup>†</sup>	X <sup>†</sup>	X <sup>†</sup>	X <sup>†</sup>
<b>Family Risk Factors</b>							
Poor Family Management		X <sup>S, †</sup>					
Parental Attitudes Favorable towards Drug Use			X <sup>S, †</sup>		X <sup>S, †</sup>	X <sup>S</sup>	X <sup>S</sup>
Parental Attitudes Favorable to Antisocial Behavior			X <sup>S, †</sup>				
Antisocial Behavior Among Familiar Adults		X <sup>S</sup>					
<b>Peer-Individual Protective Factors</b>							
Social Skills	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Interaction With Prosocial Peers			X	X	X	X <sup>S</sup>	X <sup>S</sup>
Belief in the Moral Order	X	X <sup>S</sup>					
Prosocial Involvement			X	X	X <sup>E</sup>	X <sup>E</sup>	X <sup>E</sup>
<b>Peer-Individual Risk Factors</b>							
Perceived Risk of Drug Use	X	X	X	X	X	X	X
Early Initiation of Drug Use	X	X <sup>S</sup>					
Early Initiation of Antisocial Behavior	X	X <sup>S</sup>					
Favorable Attitudes Towards Drug Use	X	X	X	X	X	X	X <sup>S</sup>
Favorable Attitudes Towards Antisocial Behavior	X	X <sup>S</sup>					
Rewards for Antisocial Involvement	X	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>		
Friends' Use of Drugs	X	X <sup>S</sup>					
Interaction With Antisocial Peers			X <sup>S</sup>				
Intentions to Use		X <sup>S</sup>					
<b>School Protective Factors</b>							
Opportunities for Prosocial Involvement	X	X <sup>S</sup>					
Rewards for Prosocial Involvement	X	X	X	X	X	X	X
<b>School Risk Factors</b>							
Low Commitment to School	X	X	X	X	X	X	X
Academic Failure	X	X	X	X	X	X	X

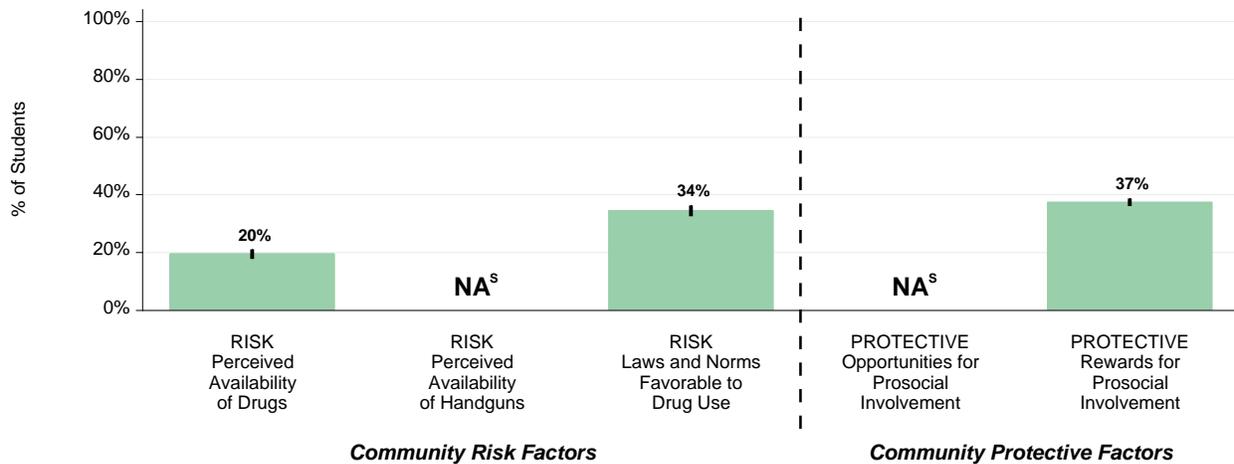
Note: X<sup>S</sup> = Included only on the secondary version; X<sup>E</sup> = Included only on the elementary version; † = Based on optional questions.

### Risk and Protective Factor Scale Results and Graphs

For each risk factor scale, the percentage of students who are at risk (i.e., who agreed with statements that predict ATOD use or other problem behaviors) is reported; higher percentages indicate that more students are likely to engage in problem behaviors. For each protective factor scale, the percentage of students who are resilient (i.e., who agreed with statements that predict the ability to resist ATOD use or other problem behaviors) is reported; higher percentages indicate that fewer students are likely to engage in problem behaviors. These percentages are based on computational methods provided by the University of Washington’s Social Development Research Group.

#### Community Domain

Risk Factors	Statewide % (±CI)
Perceived Availability of Drugs (Questions 148-151)	19.5% (±1.6)
Perceived Availability of Handguns (Question 152)	NA <sup>S</sup>
Laws And Norms Favorable to Drug Use (Questions 153-158)	34.5% (±1.8)
<b>Protective Factors</b>	
Opportunities for Prosocial Involvement (Questions 159-162)	NA <sup>S</sup>
Rewards for Prosocial Involvement (Questions 163-165)	37.4% (±1.3)



Note: NA<sup>S</sup> = Included only on the secondary version; NA<sup>E</sup> = Included only on the elementary version; † = Based on optional questions.

For more information, see the History of Risk and Protective Factor Report on [www.AskHYS.net](http://www.AskHYS.net), under HYS Results – Frequency Reports - Additional Reports

**Family Domain**

**Risk Factors**

Statewide

% (±CI)

Poor Family Management (Questions 166-173)

NA<sup>s</sup>

Parental Attitudes Favorable Towards Drug Use (Questions 181–183)

NA<sup>s</sup>

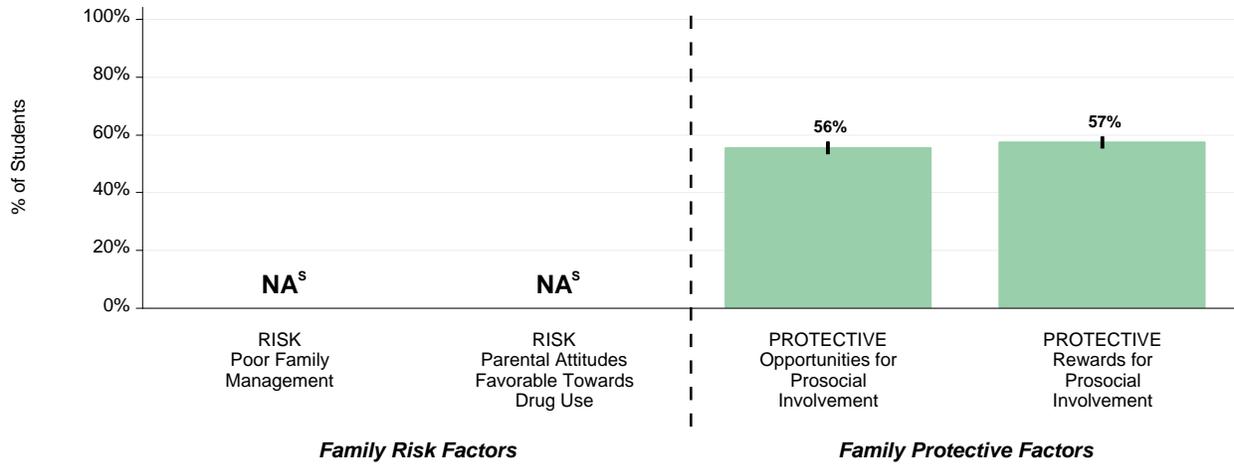
**Protective Factors**

Opportunities for Prosocial Involvement (Questions 174–176)

55.6% (±2.2)

Rewards for Prosocial Involvement (Questions 177–180)

57.4% (±2.1)



**School Domain**

**Risk Factors**

Statewide

% (±CI)

Academic Failure (Questions 184–185)

37.8% (±2.2)

Low Commitment to School (Questions 186–192)

36.8% (±1.8)

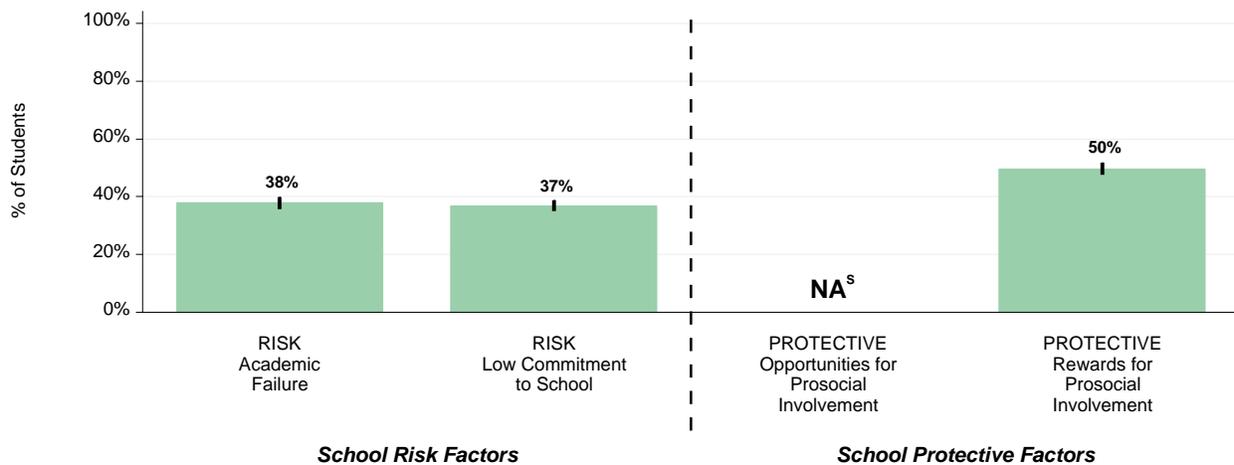
**Protective Factors**

Opportunities for Prosocial Involvement (Questions 193–197)

NA<sup>s</sup>

Rewards for Prosocial Involvement (Questions 198–201)

49.6% (±2.1)



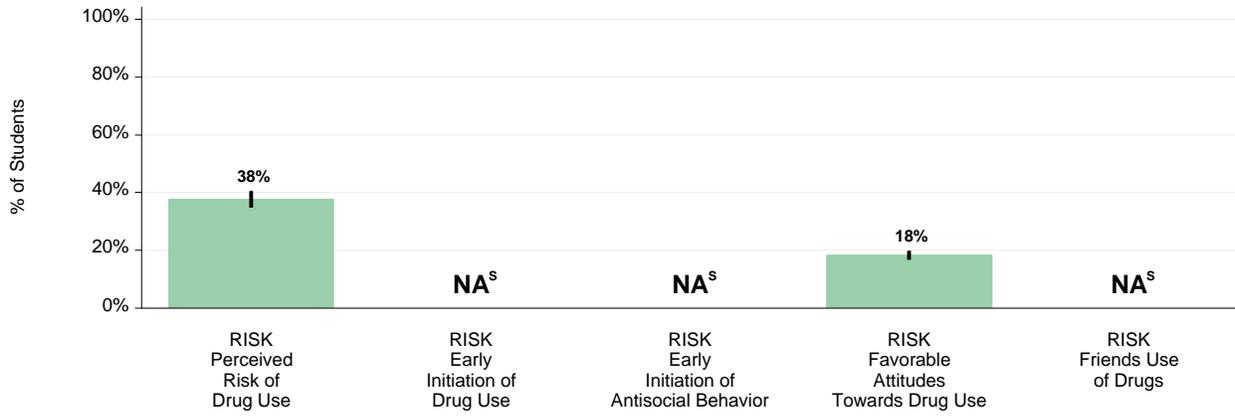
**Peer-Individual Domain**  
**Risk Factors**

**Statewide**  
**% (±CI)**

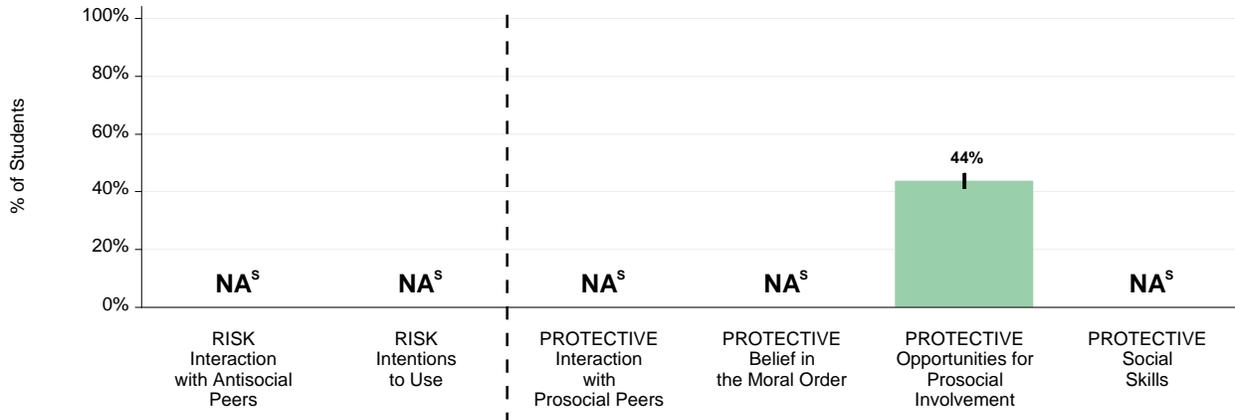
Perceived Risk of Drug Use (Questions 202–205)	37.7% (±2.9)
Early Initiation of Drug Use (Questions 206-209)	NA <sup>S</sup>
Early Initiation of Antisocial Behavior (Questions 212–215)	NA <sup>S</sup>
Favorable Attitudes Towards Drug Use (Questions 216-219)	18.3% (±1.6)
Friends' Use of Drugs (Questions 221-224)	NA <sup>S</sup>
Interaction With Antisocial Peers (Questions 225-230)	NA <sup>S</sup>
Intentions to Use (Questions 231-233)	NA <sup>S</sup>

**Protective Factors**

Interaction With Prosocial Peers (Questions 234-238)	NA <sup>S</sup>
Belief in the Moral Order (Questions 239-242)	NA <sup>S</sup>
Opportunities for Prosocial Involvement (Questions 243-245)	43.7% (±2.8)
Social Skills (Questions 246-248)	NA <sup>S</sup>



**Peer-Individual Risk Factors**



**Peer-Individual Risk Factors**

**Peer-Individual Protective Factors**

Note: NA<sup>S</sup> = Included only on the secondary version; NA<sup>E</sup> = Included only on the elementary version; † = Based on optional questions.

### Risk and Protective Factor Graph of All Scale Results



Note: NA<sup>S</sup> = Included only on the secondary version; NA<sup>E</sup> = Included only on the elementary version; † = Based on optional questions.

## Risk and Protective Factors: Individual Question Results

The remainder of the report provides results for the individual survey questions used to compute the risk and protective factors.

### Community Domain

#### Perceived Availability of Drugs (Questions 148-151)

148. If you wanted to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin), how easy would it be for you to get some?	Statewide % ( $\pm$ CI) (n=7,514)
a. Very hard	72.0% ( $\pm$ 1.4)
b. Sort of hard	14.9% ( $\pm$ 0.9)
c. Sort of easy	7.8% ( $\pm$ 0.8)
d. Very easy	5.3% ( $\pm$ 0.6)
149. If you wanted to get some cigarettes, how easy would it be for you to get some?	(n=7,510)
a. Very hard	74.6% ( $\pm$ 1.7)
b. Sort of hard	12.6% ( $\pm$ 0.9)
c. Sort of easy	6.7% ( $\pm$ 0.6)
d. Very easy	6.1% ( $\pm$ 0.8)
150. If you wanted to get some marijuana, how easy would it be for you to get some?	(n=7,474)
a. Very hard	86.3% ( $\pm$ 1.4)
b. Sort of hard	6.9% ( $\pm$ 0.8)
c. Sort of easy	3.2% ( $\pm$ 0.5)
d. Very easy	3.6% ( $\pm$ 0.7)
151. If you wanted to get a drug like cocaine, LSD, or amphetamines, how easy would it be for you to get some?	(n=7,457)
a. Very hard	89.9% ( $\pm$ 1.0)
b. Sort of hard	5.8% ( $\pm$ 0.6)
c. Sort of easy	2.3% ( $\pm$ 0.4)
d. Very easy	1.9% ( $\pm$ 0.4)

#### Perceived Availability of Handguns (Question 152)

[Question 152 appears only on the secondary version of the survey.]

#### Laws and Norms Favorable to Drug Use (Questions 153-158)

153. How wrong would most adults in your neighborhood <sup>C</sup> / neighborhood or community <sup>A</sup> think it was for kids your age to use marijuana?	(n=7,796)
a. Very wrong	84.0% ( $\pm$ 1.6)
b. Wrong	10.4% ( $\pm$ 0.9)
c. A little bit wrong	3.4% ( $\pm$ 0.6)
d. Not wrong at all	2.2% ( $\pm$ 0.4)

<b>154. How wrong would most adults in your neighborhood<sup>C</sup>/ neighborhood or community<sup>A</sup> think it was for kids your age to drink alcohol?</b>	<b>Statewide % (±CI) (n=7,817)</b>
a. Very wrong	79.0% (±1.5)
b. Wrong	14.3% (±1.1)
c. A little bit wrong	4.3% (±0.7)
d. Not wrong at all	2.4% (±0.3)
<hr/>	
<b>155. How wrong would most adults in your neighborhood<sup>C</sup>/ neighborhood or community<sup>A</sup> think it was for kids your age to smoke cigarettes?</b>	<b>(n=7,802)</b>
a. Very wrong	81.0% (±1.4)
b. Wrong	12.2% (±0.9)
c. A little bit wrong	4.3% (±0.5)
d. Not wrong at all	2.6% (±0.5)
<hr/>	
<b>156. If a kid drank some beer, wine, or hard liquor (for example, vodka, whiskey, or gin) in your neighborhood<sup>C</sup>/ community<sup>A</sup> would he or she be caught by the police?</b>	<b>(n=7,679)</b>
a. NO!	9.6% (±1.0)
b. no	27.2% (±1.1)
c. yes	34.0% (±1.2)
d. YES!	29.2% (±1.2)
<hr/>	
<b>157. If a kid carried a handgun in your neighborhood<sup>C</sup>/ community<sup>A</sup> would he or she be caught by the police?</b>	<b>(n=7,731)</b>
a. NO!	6.6% (±0.7)
b. no	13.5% (±1.2)
c. yes	30.4% (±0.9)
d. YES!	49.6% (±1.8)
<hr/>	
<b>158. If a kid smoked marijuana in your neighborhood<sup>C</sup>/ community<sup>A</sup> would he or she be caught by the police?</b>	<b>(n=7,666)</b>
a. NO!	8.0% (±0.9)
b. no	19.6% (±1.0)
c. yes	34.4% (±1.3)
d. YES!	38.1% (±1.3)

### Opportunities for Prosocial Involvement (Questions 159-162)

[Questions 159-162 appear only on the secondary version of the survey.]

**Rewards for Prosocial Involvement (Questions 163-165)**

	Statewide % (±CI) (n=7,955)
<b>163. My neighbors notice when I am doing a good job and let me know.</b>	
a. NO!	37.9% (±1.7)
b. no	36.0% (±1.3)
c. yes	19.2% (±1.1)
d. YES!	6.9% (±0.6)
<b>164. There are people in my neighborhood who encourage me to do my best.</b>	(n=7,943)
a. NO!	27.9% (±1.6)
b. no	27.5% (±1.1)
c. yes	30.9% (±1.2)
d. YES!	13.7% (±0.8)
<b>165. There are people in my neighborhood who are proud of me when I do something well.</b>	(n=7,911)
a. NO!	25.9% (±1.5)
b. no	29.5% (±1.0)
c. yes	32.4% (±1.4)
d. YES!	12.1% (±0.8)

**Family Domain****Poor Family Management (Questions 166-173)**

[Questions 166-173 appear only on the secondary version of the survey.]

**Opportunities for Prosocial Involvement (Questions 174-176)**

<b>174. If I had a personal problem, I could ask my mom or dad for help.</b>	(n=6,916)
a. NO!	5.0% (±0.7)
b. no	7.4% (±0.9)
c. yes	30.3% (±1.1)
d. YES!	57.4% (±1.6)
<b>175. My parents give me lots of chances to do fun things with them.</b>	(n=6,976)
a. NO!	5.4% (±0.7)
b. no	11.3% (±0.9)
c. yes	39.9% (±1.4)
d. YES!	43.5% (±2.0)
<b>176. My parents ask me what I think before most family decisions affecting me are made.</b>	(n=6,809)
a. NO!	9.3% (±1.0)
b. no	18.5% (±1.4)
c. yes	41.0% (±1.3)
d. YES!	31.1% (±1.6)

### Rewards for Prosocial Involvement (Questions 177-180)

	Statewide	
	% (±CI)	
	(n=6,910)	
<b>177. My parents notice when I am doing a good job and let me know about it.</b>		
a. Never or almost never	6.0%	(±0.8)
b. Sometimes	19.5%	(±1.5)
c. Often	28.6%	(±1.2)
d. All the time	45.8%	(±1.9)
<b>178. How often do your parents tell you they're proud of you for something you've done?</b>	(n=6,885)	
a. Never or almost never	6.0%	(±0.8)
b. Sometimes	17.6%	(±1.4)
c. Often	31.6%	(±1.5)
d. All the time	44.8%	(±1.6)
<b>179. Do you enjoy spending time with your mom?</b>	(n=6,881)	
a. NO!	2.3%	(±0.4)
b. no	3.3%	(±0.4)
c. yes	24.8%	(±1.3)
d. YES!	69.7%	(±1.5)
<b>180. Do you enjoy spending time with your dad?</b>	(n=6,748)	
a. NO!	4.8%	(±0.6)
b. no	4.1%	(±0.6)
c. yes	24.0%	(±1.5)
d. YES!	67.1%	(±1.8)

### Parental Attitudes Favorable Towards Drug Use (Questions 181-183)

[Questions 181-183 appear only on the secondary version of the survey.]

### School Domain

#### Academic Failure (Questions 184-185)

	(n=7,832)	
<b>184. Putting them all together, what were your grades like last year?</b>		
a. Mostly As	44.2%	(±3.2)
b. Mostly Bs	41.3%	(±2.2)
c. Mostly Cs	11.2%	(±1.3)
d. Mostly Ds	2.5%	(±0.5)
e. Mostly Fs	0.8%	(±0.2)

185. Are your school grades better than the grades of most students in your class?	Statewide	
	% ( $\pm$ CI) (n=7,786)	
a. NO!	5.3%	( $\pm$ 0.7)
b. no	28.7%	( $\pm$ 1.5)
c. yes	53.0%	( $\pm$ 1.5)
d. YES!	13.0%	( $\pm$ 0.9)

### Low Commitment to School (Questions 186-192)

186. How often do you feel the schoolwork you are assigned is meaningful and important?	(n=8,085)	
a. Almost always	33.3%	( $\pm$ 1.3)
b. Often	29.0%	( $\pm$ 1.0)
c. Sometimes	26.3%	( $\pm$ 1.2)
d. Seldom	7.3%	( $\pm$ 0.6)
e. Never	4.0%	( $\pm$ 0.6)

187. How interesting are most of your courses to you?	(n=7,909)	
a. Very interesting and stimulating	15.5%	( $\pm$ 1.4)
b. Quite interesting	38.7%	( $\pm$ 1.6)
c. Fairly interesting	31.2%	( $\pm$ 1.2)
d. Slightly dull	10.1%	( $\pm$ 0.8)
e. Very dull	4.6%	( $\pm$ 0.6)

188. How important do you think the things you are learning in school are going to be for you later in life?	(n=8,083)	
a. Very important	55.6%	( $\pm$ 2.1)
b. Quite important	26.5%	( $\pm$ 1.3)
c. Fairly important	12.0%	( $\pm$ 1.0)
d. Slightly important	4.6%	( $\pm$ 0.5)
e. Not at all important	1.3%	( $\pm$ 0.2)

*Think back over the past year in school. How often did you:*

189. Enjoy being in school?	(n=8,187)	
a. Never	5.5%	( $\pm$ 0.6)
b. Seldom	6.1%	( $\pm$ 0.6)
c. Sometimes	29.1%	( $\pm$ 1.3)
d. Often	26.7%	( $\pm$ 1.5)
e. Almost always	32.6%	( $\pm$ 1.6)

190. Hate being in school?	(n=8,108)	
a. Never	25.4%	( $\pm$ 1.4)
b. Seldom	26.0%	( $\pm$ 1.6)
c. Sometimes	35.3%	( $\pm$ 1.5)
d. Often	7.2%	( $\pm$ 0.6)
e. Almost always	6.1%	( $\pm$ 0.7)

	<b>Statewide</b>
	<b>% (±CI)</b>
	<b>(n=8,077)</b>
<b>191. Try to do your best work in school?</b>	
a. Never	1.6% (±0.3)
b. Seldom	1.5% (±0.3)
c. Sometimes	5.1% (±0.7)
d. Often	17.7% (±1.0)
e. Almost always	74.0% (±1.5)
<b>192. During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or "cut"?</b>	
	<b>(n=8,159)</b>
a. None	82.7% (±1.6)
b. 1	8.4% (±0.8)
c. 2	3.4% (±0.5)
d. 3	2.3% (±0.4)
e. 4-5	2.1% (±0.4)
f. 6-10	0.6% (±0.2)
g. 11 or more	0.6% (±0.2)

### Opportunities for Prosocial Involvement (Questions 193-197)

[Questions 193-197 appear only on the secondary version of the survey.]

### Rewards for Prosocial Involvement (Questions 193-197)

<b>198. My teacher(s) notices when I am doing a good job and lets me know about it.</b>	
	<b>(n=8,127)</b>
a. NO!	5.5% (±0.7)
b. no	16.4% (±1.2)
c. yes	55.2% (±1.4)
d. YES!	22.9% (±1.5)
<b>199. The school lets my parents know when I have done something well.</b>	
	<b>(n=8,035)</b>
a. NO!	15.8% (±1.5)
b. no	37.6% (±1.7)
c. yes	34.0% (±1.9)
d. YES!	12.6% (±1.1)
<b>200. I feel safe at my school.</b>	
	<b>(n=8,131)</b>
a. NO!/Definitely NOT true	3.1% (±0.5)
b. no/Mostly not true	8.4% (±1.0)
c. yes/Mostly true	46.9% (±1.8)
d. YES!/Definitely true	41.6% (±2.4)

	Statewide	
	% ( $\pm$ CI)	
	(n=7,933)	
<b>201. My teachers praise me when I work hard in school.</b>		
a. NO!	9.8%	( $\pm$ 1.0)
b. no	27.6%	( $\pm$ 1.6)
c. yes	46.6%	( $\pm$ 1.6)
d. YES!	16.0%	( $\pm$ 1.3)

### Peer and Individual Domain

#### Perceived Risk of Drug Use (Questions 202-205)

*How much do you think people risk harming themselves if they:*

	(n=7,475)	
<b>202. Smoke one or more packs of cigarettes per day?</b>		
a. No risk	8.3%	( $\pm$ 1.2)
b. Slight risk	4.7%	( $\pm$ 0.6)
c. Moderate risk	13.0%	( $\pm$ 0.7)
d. Great risk	61.7%	( $\pm$ 2.7)
e. Not sure	12.3%	( $\pm$ 1.2)

	(n=7,395)	
<b>203. Try marijuana once or twice?</b>		
a. No risk	14.2%	( $\pm$ 1.9)
b. Slight risk	18.1%	( $\pm$ 1.0)
c. Moderate risk	23.0%	( $\pm$ 1.4)
d. Great risk	31.1%	( $\pm$ 1.8)
e. Not sure	13.6%	( $\pm$ 0.9)

	(n=7,354)	
<b>204. Smoke marijuana regularly? (at least once or twice a week)</b>		
a. No risk	11.9%	( $\pm$ 1.8)
b. Slight risk	4.3%	( $\pm$ 0.7)
c. Moderate risk	11.3%	( $\pm$ 1.0)
d. Great risk	61.5%	( $\pm$ 2.9)
e. Not sure	11.1%	( $\pm$ 0.9)

	(n=7,337)	
<b>205. Take one or two drinks of an alcoholic beverage (wine, beer, a shot, liquor) nearly every day?</b>		
a. No risk	16.2%	( $\pm$ 1.7)
b. Slight risk	20.2%	( $\pm$ 1.2)
c. Moderate risk	25.8%	( $\pm$ 1.3)
d. Great risk	26.9%	( $\pm$ 1.8)
e. Not sure	10.8%	( $\pm$ 0.9)

### Early Initiation of Drug Use (Questions 206-209)

[Questions 206-209 appear only on the secondary version of the survey.]

	Statewide % (±CI) (n=7,786)
<b>210. Have you ever, even once in your lifetime, smoked marijuana?</b>	
a. Yes	2.9% (±0.5)
b. No	97.1% (±0.5)
<b>211. Have you ever, even once in your lifetime, had more than a sip or two of beer, wine or hard liquor (for example, vodka, whiskey, or gin)?</b>	(n=7,770)
a. Yes	23.0% (±1.5)
b. No	77.0% (±1.5)

### Early Initiation of Antisocial Behavior (Questions 212-215)

[Questions 212-215 appear only on the secondary version of the survey.]

### Favorable Attitudes Towards Drug Use (Questions 216-219)

*How wrong do YOU think it is for someone your age to:*

<b>216. Drink beer, wine, or hard liquor (for example, vodka, whiskey, or gin) regularly?</b>	(n=7,457)
a. Very wrong	85.5% (±1.4)
b. Wrong	10.2% (±1.0)
c. A little bit wrong	3.3% (±0.6)
d. Not wrong at all	1.1% (±0.3)
<b>217. Smoke cigarettes?</b>	(n=7,419)
a. Very wrong	89.1% (±1.2)
b. Wrong	8.2% (±0.8)
c. A little bit wrong	1.9% (±0.4)
d. Not wrong at all	0.8% (±0.3)
<b>218. Smoke marijuana?</b>	(n=7,398)
a. Very wrong	92.1% (±1.0)
b. Wrong	5.0% (±0.6)
c. A little bit wrong	1.9% (±0.4)
d. Not wrong at all	1.1% (±0.3)
<b>219. Use LSD, cocaine, amphetamines, or another illegal drug?</b>	(n=7,393)
a. Very wrong	95.6% (±0.7)
b. Wrong	3.2% (±0.5)
c. A little bit wrong	0.7% (±0.2)
d. Not wrong at all	0.6% (±0.2)

[Question 220 appears only on the secondary version of the survey.]

**Friends Use of Drugs (Questions 221-224)**

[Questions 221-224 appear only on the secondary version of the survey.]

**Interaction with Antisocial Peers (Questions 225-230)**

[Questions 225-230 appear only on the secondary version of the survey.]

**Intentions to Use (Questions 231-233)**

[Questions 231-233 appear only on the secondary version of the survey.]

**Interaction with Prosocial Peers (Questions 234-238)**

[Questions 234-238 appear only on the secondary version of the survey.]

**Belief in the Moral Order (Questions 239-242)**

[Questions 239-242 appear only on the secondary version of the survey.]

**Prosocial Involvement (Questions 243-245)**

*How many times in the past year (12 months) have you...*

	<b>Statewide</b>	
	<b>% (±CI)</b>	
	<b>(n=7,957)</b>	
<b>243. Participated in clubs, organizations or activities at school?</b>		
a. Never	22.3%	(±1.9)
b. 1 or 2 times	29.5%	(±1.5)
c. 3 to 5 times	19.0%	(±1.0)
d. 6 to 9 times	9.3%	(±0.8)
e. 10 to 19 times	6.9%	(±0.8)
f. 20 to 29 times	3.4%	(±0.5)
g. 30 to 39 times	2.0%	(±0.4)
h. 40+ times	7.6%	(±0.9)
<b>244. Done extra work on your own for school?</b>		
	<b>(n=7,896)</b>	
a. Never	22.0%	(±1.8)
b. 1 or 2 times	32.4%	(±1.3)
c. 3 to 5 times	17.8%	(±0.9)
d. 6 to 9 times	9.4%	(±0.9)
e. 10 to 19 times	7.1%	(±0.7)
f. 20 to 29 times	3.9%	(±0.6)
g. 30 to 39 times	1.8%	(±0.3)
h. 40+ times	5.6%	(±0.6)

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	Statewide	
	% (±CI)	
	(n=7,838)	
<b>245. Volunteered to do community service.</b>		
a. Never	51.8%	(±2.5)
b. 1 or 2 times	24.0%	(±1.4)
c. 3 to 5 times	10.2%	(±0.8)
d. 6 to 9 times	5.2%	(±0.6)
e. 10 to 19 times	3.2%	(±0.5)
f. 20 to 29 times	1.8%	(±0.4)
g. 30 to 39 times	0.8%	(±0.2)
h. 40+ times	3.0%	(±0.4)

### Social Skills (Questions 246-248)

[Questions 246-248 appear only on the secondary version of the survey.]

## Questions by Topics

Questions about a single topic are not always grouped together in this report. For example, some questions about alcohol are presented in the Alcohol, Tobacco, and Other Drug (ATOD) Use section and others are presented in the Risk and Protective Factor section. The following list, groups the questions by topic so you can easily locate them in this report.

Activities and Clubs 243

Alcohol

- Access 148
- Current use 28, 50-51
- Drinking and driving 101
- Lifetime use 12
- Perceived norms 154, 156, 216
- Perceived risks 205
- Prevention/intervention 52

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Bullying/Harassment 126

Demographics 2-4, 6

Family

- Food insecurity 64
- Military service 145

Fighting 107, 110

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- Physical activity 72-74
- Sedentary behavior 77

Honesty 9

Marijuana

- Access 150
- Current use 29
- Lifetime use 13
- Perceived norms 153, 158, 218
- Perceived risks 203-204

Mental Health

- Help with mental health 121
- Suicide 119-120

Nutrition

- Breakfast 67
- Food insecurity 64
- Soda and Sugar Drinks 68, 69

Oral Health 91

Other Drugs

- Access 151
- Current use 30, 31
- Lifetime use 14, 19
- Perceived norms 219
- Prevention/intervention 52

Quality of Life 147

School Climate

- Absence 91, 192
- Achievement 184-185
- Bullying/harassment 126, 200
- Engagement 186-191, 198-199, 201, 243, 244
- Nutrition 67-69
- Physical activity 72-74
- Prevention/intervention 38, 52
- Safety at 200
- Weapons at 104

Substance Use Prevention 38, 52

Tobacco

- Access 149
- Current use 20-21
- Intentions to use 34-36
- Perceived norms 155, 217
- Perceived risks 202
- Prevention/intervention 38
- Secondhand Smoke 41, 43-44

Weapons 104, 157

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## Core Questions

“Core” questions appeared on both Forms A and B (the secondary versions of the survey) are listed below. All other questions appeared on either Form A or Form B, but not both. Core questions may or may not have appeared on Form C (the elementary version).

### Activities

Participation in after school activities 80

### Alcohol

Age when first drank alcohol 208  
 Binge drinking 50  
 Current alcohol drinking (past 30 days) 28  
 Driven a car while drinking (past 30 days) 102  
 Drunk or high at school (past 12 months) 58  
 Levels of alcohol use 51  
 Lifetime alcohol use 12  
 Ridden in a car with drinking driver (past 30 days) 100  
 School provides counselor to discuss ATOD 131

### Bullying

Been bullied (past 30 days) 126

### Demographics

Age 1  
 Education status of father 8  
 Education status of mother 7  
 Gender 3  
 Language spoken in home 5  
 Race/Ethnicity 4

### Fighting

Physical fighting (past 12 months) 107

### Gangs

Gang involvement 111

### Honesty

Honesty in completing survey 9

### Marijuana

Age when first used marijuana 206  
 Current marijuana use (past 30 days) 29  
 Lifetime marijuana use 13

### Mental Health

Depression (past 12 months) 115  
 Seriously considered attempting suicide 116

### Other Drugs

Current drug use, including marijuana (past 30 days) 31  
 Current drug use, not including marijuana (past 30 days) 30  
 Current painkiller use (past 30 days) 32  
 Drunk or high at school (past 12 months) 58  
 School provides counselor to discuss ATOD 131

### School Climate

Been bullied (past 30 days) 126  
 Drunk or high at school (past 12 months) 58  
 Enjoyed being in school (past 12 months) 189  
 Feel safe at school 200  
 Grades in school (past 12 months) 184  
 Participation in after school activities 80  
 School provides counselor to discuss ATOD 131  
 Weapon carrying on school property (past 12 months) 105

### Tobacco

Current cigarette smoking (past 30 days) 20  
 Current smokeless tobacco use (past 30 days) 21  
 Intent to smoke if offered cigarette by a friend 35  
 Intent to smoke within the next year 36  
 Perceived wrongness of smoking 217  
 School provides counselor to discuss ATOD 131  
 Susceptibility to cigarette smoking 36

### Weapons

Weapon carrying on school property (past 12 months) 105

For more information on which survey forms each question was on,  
 see the Survey Crosswalk at [www.AskHYS.net](http://www.AskHYS.net), under HYS Results - QxQ