

# Cowlitz Family Health Center Client Data Sheet - 2014

## Key Points....

An estimated 429,910 women in Washington are in need of publicly funded contraceptive services and supplies.<sup>1</sup>

- In 2014, CFHC served 1,481 family planning clients; 78% of clients obtained care in their home county.

Population groups with greatest need for publicly supported family planning services include women under age 20, women with low income, and women of color.<sup>2</sup>

- In 2014, 89% of CFHC's clients had an income at or below 138% of poverty; 74% used Medicaid coverage; and 23% were persons of color.

Access to affordable, effective contraceptive methods is critical to preventing unintended pregnancies.<sup>2</sup> An estimated 288 unintended pregnancies are prevented per 1,000 users of publicly funded contraceptive services.<sup>3</sup>

- In 2014, CFHC's contraceptive services prevented nearly 320 unintended pregnancies. This translates to about 160 fewer births from unintended pregnancies, 110 fewer abortions and 50 fewer miscarriages.

Long-acting reversible contraceptives (LARC)—intrauterine devices and hormonal implants—are among the most effective methods for preventing unintended pregnancy.<sup>2</sup>

- In 2014, 75% of CFHC's female clients used some method of birth control, including 18% who used LARC.

Publicly funded contraceptive services and supplies yield a net saving of \$5.68 for every \$1 invested.<sup>4</sup>

- In state fiscal year 2014, Washington's Medicaid program paid for 41,456 births at an average cost of \$9,253.<sup>5</sup> An estimated 50% of these births were unintended at conception.<sup>2</sup> The average annual cost for publicly funded contraceptive care in Washington is \$335 per person.<sup>3</sup>

Public investment in family planning programs also helps avoid cervical cancer, HIV & other sexually transmitted infections, infertility, and preterm and low birth weight births. When these broader benefits are included, the return on investment increases to \$7.09 for every public dollar spent.<sup>4</sup>

Cowlitz Family Health Center (CFHC) was one of 16\* agencies contracted by the Washington State Department of Health in 2014 to distribute state and federal (Title X) family planning funds. In 2014, CFHC's contract with the Department of Health supported a family planning center in Cowlitz County.

\*15 agencies received state and federal (Title X) funds; 1 agency received state funds only.

Client's County of Residence	County Where Family Planning Services Were Provided
	<b>Cowlitz*</b>
Clark	9 (1%)
Cowlitz	1,403 (95%)
Lewis	9 (1%)
Other	21 (1%)
Out of State	39 (3%)
<b>Total</b>	<b>1,481 (100%)</b>

Age	Females	Males	Total
17 and under	100 (7%)	0 (0%)	100 (7%)
18-19	135 (9%)	0 (0%)	135 (9%)
20-24	438 (30%)	0 (0%)	438 (30%)
25-29	316 (21%)	0 (0%)	316 (21%)
30-34	232 (16%)	0 (0%)	232 (16%)
35 & older	260 (18%)	0 (0%)	260 (18%)
<b>Total</b>	<b>1,481 (100%)</b>	<b>0 (100%)</b>	<b>1,481 (100%)</b>

\*All percentages may not add to 100 due to rounding.

Ethnicity & Race	
<b>Non-Hispanic (NH)</b>	
American Indian/Alaska Native, NH	19 (1%)*
Asian, NH	21 (1%)*
Black/African American, NH	18 (1%)*
Multiple race, NH	0 (0%)*
Native Hawaiian/ Pacific Islander, NH	8 (1%)*
White, NH	1,136 (77%)*
<b>Hispanic, of any race</b>	<b>268 (18%)*</b>
Unknown race and ethnicity	11 (1%)

\*Percentage based on total clients with known race/ethnicity.

## References:

- Frost JJ, Zolna MR, Frohwrth L. Contraceptive Need and Services, 2012: National and State Report. New York, NY: Guttmacher Institute; 2014.
- Washington State Department of Health. Unintended Pregnancy. Health of Washington State. Olympia, WA: Washington State Department of Health; 2013
- Frost JJ et al. Contraceptive Needs and Services, 2010: Methodological Appendix. New York, NY: Guttmacher Institute; 2013.
- Frost JJ, Sonfield A, Zolna MR & Finer LB. Return on Investment: A Fuller Assessment of the Benefits and Cost Savings of the US Publicly Funded Family Planning Program. Milbank Quarterly, 92: 696-749; 2014.
- Washington Health Care Authority. State of Washington pregnancy related expenditures fiscal years 1988-2014; 2015.

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## Primary Source of Payment

Source	No.	%
No Charge (e.g. < 100% FPL)	230	16%
Title XIX (Medicaid)	869	59%
Take Charge (Medicaid)	72	5%
Private Insurance	88	6%
Other (including full & partial self-pay)	222	15%
<b>Total</b>	<b>1,481</b>	<b>100%</b>

Note: Primary source of payment is the expected source of payment at time of visit and may not represent the source that eventually paid for the visit.

## Clients Receiving Selected Services

### Physical Examinations

	No.	%
Initial and annual*	584	39%
Breast *	605	41%
Pap test*	414	28%
Genitalia**	0	0%

### Contraceptive Services

	No.	%
Hormone injection*	303	20%
LARC insert (IUD, IUS & hormonal implant)*	95	6%
Emergency contraception*	168	11%
Contraceptive counseling*	1,278	86%

### Pregnancy Services

	No.	%
Pregnancy test*	1,082	73%
Preconception counseling*	60	4%
Pregnancy counseling*	314	21%

### STD/HIV Services

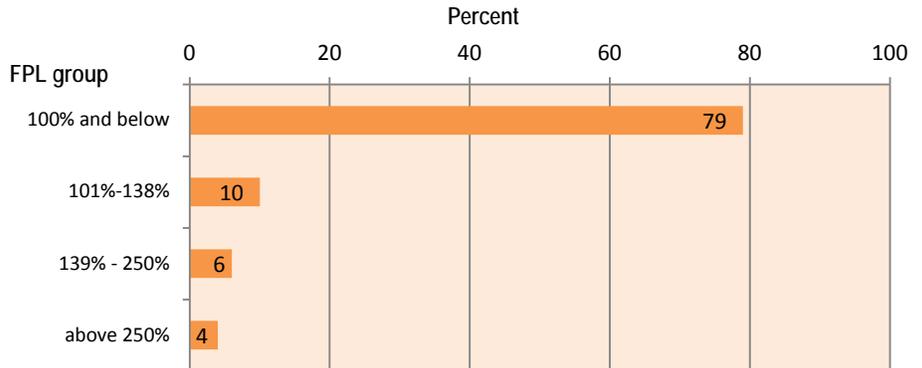
	No.	%
Chlamydia test***	452	31%
Chlamydia test – females ages 15-24*	232	34%
Gonorrhea test***	451	30%
STD treatment***	42	3%
HIV test***	108	7%
STD/HIV counseling***	1,155	78%

\* includes female clients only

\*\* includes male clients only

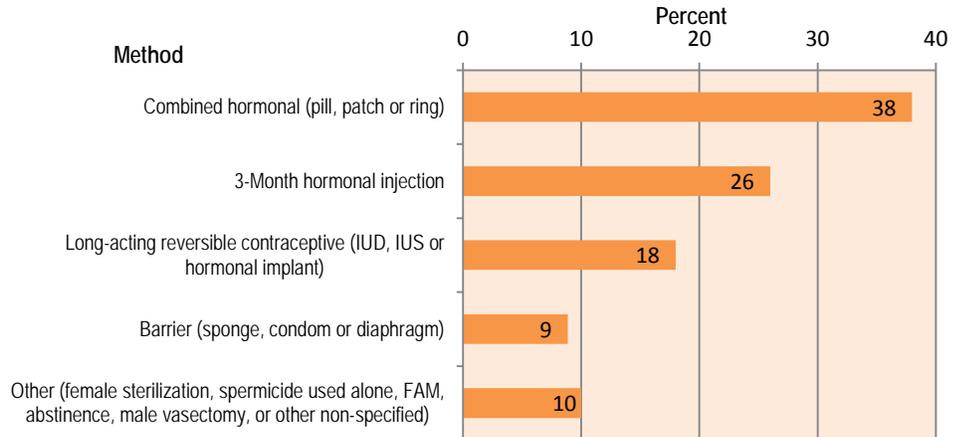
\*\*\* includes female and male clients

## Percent of Clients by Federal Poverty Level (FPL)



In 2014, the federal poverty level (FPL 100%) was \$11,670 annual income for a single person household.

## Female Contraceptive Users by Method\*



\*Includes 1,118 females identified as contraceptive users. Excludes the 363 females (25%) who did not use a contraceptive method due to pregnancy or other reason.

## Use of LARC Among Female Contraceptive Users by Age and Year, 2012, 2013, and 2014

Age	Year		
	2012	2013	2014
10-24	76 (10%)	108 (16%)	72 (14%)
25-34	100 (19%)	120 (22%)	92 (24%)
35 and older	47 (17%)	60 (20%)	33 (16%)
<b>All ages</b>	<b>223 (14%)</b>	<b>288 (19%)</b>	<b>197 (18%)</b>