

## **Turmoil**

Turn and toss

Scorn and loss

Mourn

Lost

Howl in silence

No escape

Burning bridges

Fall for help

Plunge

Deeper still

Clear skies

Are murky waters

Shining summer sun

Far to bright

Long for solitude

The comfort of night

Fear a friend

Run from family

Safe from stinging tongues

And betraying bites

What I can't see

What I can't say

Can't hurt me

Now

Just me

Myself and I

Wish we weren't so alone