

VAX IN A MINUTE

November 27, 2023



Are you ready for winter holiday visits with loved ones?

Get protected ahead of time by getting vaccinated now to help prevent respiratory diseases such as COVID-19 and influenza in your community.

Feeling sick isn't fun, especially during the holidays when most people hope to enjoy a festive time with those they love.

Take steps so you don't give or get the unwelcomed gift of a holiday respiratory virus. Vaccination helps protect those good times for yourself and all of those around you.

Hospitalization rates are starting to rise. Get vaccinated against flu and COVID-19 now for the best protection during the holiday season.

Vaccinate at least 2 weeks before holiday visits to give your immune system time to build protection and lower the risk of severe illness.

Please let us know if this flyer is useful and if you'd like to see more of it:
<https://www.surveymonkey.com/r/6C25BD6>



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