



# Cascades Steps

## Medical Documentation to Provide Infant Fruits and Vegetables to Children



Children with certain medical conditions may require Infant Fruits and Vegetables in lieu of Monthly Fruits and Vegetables (CVB). This requires a Medical Documentation Form (MDF). Follow this guidance for children with a new MDF to provide Infant Fruit and Vegetables instead of the Fruits and Vegetables Cash Value Benefit (CVB) for children 1 to 5 years of age.

1. Ensure an MDF for Children 1 – 5 years is provided.
2. Review the MDF for completeness, ensuring the following sections are complete:
  - Box 1 - Medical Diagnosis
  - Box 3 - Length of Time
  - Box 4 - WIC Supplemental Foods, Section C: Give infants fruits/vegetables in lieu of fruit/vegetable benefits
  - Box 5 - Healthcare Provider Information
3. Void any future benefits. This way the new food prescription includes the Infant Fruits and Vegetables baby foods.
 

**Note:** Cascades does not support replacing current benefits for Infant Fruits and Vegetables in lieu of CVB.
4. Go to the Issue Benefits > Prescribe Food screen. Click the + to create a new food prescription.

Category	Subcategory	Quantity	Category Max Quantity	UOM
Bread/Whole Grains	Whole Wheat Bread or Whole Grains	32	32	Ounce
Eggs	Eggs - all WIC	1	1	Dozen
Legumes	Peanut Butter/Beans All WIC	1	1	CTNR
Milk - Fat Reduced	Milk or Soy(1% & Nonfat) All WIC-Cow,Goat,Soy	3.25	4	Gallon
Cheese or Tofu	Cheese - all WIC	1	1	Pound
Breakfast Cereal	Cereal All WIC -hot /cold	36	36	Ounce
Juice - 64 oz	Juice - All WIC - 64 oz carton	2	2	CTNR
Fruit & Vegetables Cash Value	Fruit and Vegetables - Cash Value Benefit	\$9.00	\$9.00	\$\$\$

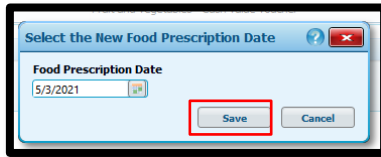


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5. Click **Save**.



6. Add Infant Fruits and Vegetables to the food prescription:

- Locate the “Add Item to Food Prescription” toward the bottom of the screen
- In the Category drop down menu select Infant Fruits & Vegetables
- In the Subcategory drop down menu select Baby Food Fruit & Vegetables – All WIC
- In the Quantity field Enter 144
- Click Add Item

**Food Prescription**

Food Prescription Date: 8/4/2023  
WIC Category: Child  
Age Category: 2 yr to 5 yr  
Family Issuance Day: 19  
Issuance Frequency: 3 Month(s)

Category	Subcategory	Quantity	Category Max Quantity	UOM
Bread/Whole Grains	Whole Wheat Bread or Whole Grains	32	32	Ounce
Eggs	Eggs - all WIC	1	1	Dozen
Legumes	Peanut Butter/Beans All WIC	1	1	CTNR
Milk - Fat Reduced	Milk or Soy(1% & Nonfat) All WIC-Cow,Goat,Soy	3.25	4	Gallon
Cheese or Tofu	Cheese - all WIC	1	1	Pound
Breakfast Cereal	Cereal All WIC -hot /cold	36	36	Ounce
Juice - 64 oz	Juice - All WIC - 64 oz carton	2	2	CTNR
Fruit & Vegetables Cash Value	Fruit and Vegetables - Cash Value Benefit	\$9.00	\$9.00	\$\$\$\$

**Add Item to Food Prescription**

Category: Infant Fruits & Vegetables  
Subcategory: Baby Food Fruit & Vegetables - All WIC  
Quantity: 144  
Max / Med Max: 0 / 144  
UOM: Ounce  
Add Item Clear



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7. The Medical Documentation screen opens:

- Complete the required fields.
- Add Infant Fruit and Vegetable Baby Foods in the Non-Medical Food Prescribed field.
- Click **Scan Document** and complete the required fields; click **Save**.
- Click **Save**.

**Attach Medical Documentation**

**Prescription Dates**  
Effective Date ★ 8/4/2023    Expiration Date ★ 11/4/2023    Prescription Date 8/4/2023

**Diagnosis Information**  
Medical Reason ★ Metabolic disorders/inborn errors of metabolism    ICD Code ★ NA    OR    Diagnosis Code ★    OR    Verbal Order ★

**Physician Information**  
Physician's Name ★ Dr. Friend    Physician's Phone ★ (456) 852-3698    Physician's Email Dr.Friend@email.com

**Medical Food Prescribed**    **Non-Medical Food Prescribed**  
Infant Fruit and Vegetable Baby Foods

**Medical Food Prescription**    Total Items: 9

<input type="checkbox"/>	Category	Subcategory
<input type="checkbox"/>	Milk - Fat Reduced	Milk or Soy(1% & Nonfat) All WIC-Cow,Goat,Soy
<input type="checkbox"/>	Cheese or Tofu	Cheese - all WIC
<input type="checkbox"/>	Breakfast Cereal	Cereal All WIC -hot /cold
<input type="checkbox"/>	Juice - 64 oz	Juice - All WIC - 64 oz carton
<input type="checkbox"/>	Fruit & Vegetables Cash Value	Fruit and Vegetables - Cash Value Benefit
<input checked="" type="checkbox"/>	Infant Fruits & Vegetables	Baby Food Fruit & Vegetables - All WIC

**Add Additional Medical Foods**  
Category    Subcategory    Add Item    Clear

**Scan Document**    View Documents    **Save**    Cancel



## Cascades Steps: New Medical Documentation for Infant Fruit and Vegetable Baby Foods in Place of the CVB



8. **Zero out** the Fruit and Vegetables CVB benefits - the system doesn't stop issuance of both.

Food Prescription Items						Total Items: 9
Category	Subcategory	Quantity	Category Max Quantity	UOM		
Bread/Whole Grains	Whole Wheat Bread or Whole Grains	32	32	Ounce		
Eggs	Eggs - all WIC	1	1	Dozen		
Legumes	Peanut Butter/Beans All WIC	1	1	CTNR		
Milk - Fat Reduced	Milk or Soy(1% & Nonfat) All WIC-Cow,Goat,Soy	3.25	4	Gallon		
Cheese or Tofu	Cheese - all WIC	1	1	Pound		
Breakfast Cereal	Cereal All WIC -hot /cold	36	36	Ounce		
Juice - 64 oz	Juice - All WIC - 64 oz carton	2	2	CTNR		
Fruit & Vegetables Cash Value	Fruit and Vegetables - Cash Value Benefit	\$0.00	\$9.00	\$\$\$\$		
Infant Fruits & Vegetables	Baby Food Fruit & Vegetables - All WIC	144	144	Ounce		

9. Click **Save**.



10. Review Issue Food Instruments screen to make sure prescribed foods are correct, then click **Issue**.

11. The additional CVB amount will be automatically added to the participant's benefits.

- Please reach out to Policy Support with any questions or concerns related to participants receiving additional CVB.



## Cascades Steps: New Medical Documentation for Infant Fruit and Vegetable Baby Foods in Place of the CVB



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