

# Nañinmej in Mumps

## NAAN IN KAUWE – Mumps ej juon nañinmej ekapopo im ej ejeededłok kio ilo Washington State.

Mumps eaar ejeededłok im ri-tōl ro rej kakkōl bwe armej en bōk wā. Washington State Department of Health eo ej kakememej armej ilo aolep state in bwe ren kōjparok bwe ren bōjrak nañinmej in mumps.

Ełap an aorōk bwe kwōn kōjparok ilo iien kwōj kukłok ippān armej ro jet ilo iien winter. Jab ummaik, jiburi im kepaake armej ro remaroñ nañinmej in mumps. Ñe kwaar pād iturin nañinmej in mumps im kwōj eñjaake nañinmej, kwōn pād wōt ilo mweo bwe kwōn bōjrak nañinmej en jān an ejeededłok im kwōn kepaake taktō eo aṃ.

## Ta kwomaroñ kōṃṃane bwe kwōn bōjrak ejeededłok in mumps?

Kein bōjrak mumps ko ełap tata ej wā in MMR (MMR im varicella ippān doon), eo ej kōjparok jān kij in bok aidik, mumps, im rubella.

- Ñe kwōj !ōmṃak bwe kwōj jañin bōk wā in MMR, kwōn kepaake taktō eo aṃ bwe en lewōj wā ak teej in bōtōktōk ilo iien mōkaj. Ñe ejełok taktō, kwōn kałłok department in ājmour eo epaak ñan kwe ak Family Health Hotline ilo 1-800-322-2588.
- Ñe kwōj !ōmṃak bwe kwaar epaak ñan mumps, kwōn kepaake taktō eo aṃ bwe en lewōj naan in kapilōk.
- Ñe kwōj nañinmej ālikin aṃ maroñ pād epaak ñan mumps:
  - Keapaake taktō im kajitōk bwe ren kakōlkōl kein kakōlle in mumps.
  - Ñe ejełok taktō, kwōn kałłok department in ājmour eo epaak ñan kwe ak **Family Health Hotline ilo 1-800-322-2588**.
  - Kōjparok armej ro jet - **Kwōn jab kepaake armej ro jet** ñan bōbrae er jān aer nañinmej in mumps.
  - Ñan jełā ñe ewōr naan in kapilōk ko ñan jukjukinpād eo aṃ, [kwōn kepaake department in ājmour eo epaak ñan kwe](#).

## Kōjełā ko kōn Mumps

Mumps eo ej juon nañinmej ekapopo eo ej kōṃṃan jān kij (virus) in mumps. Emaroñ wałok jabdewōt iien ilo iiō im emaroñ kōṃṃane jorrāān ko rełlap ñan ājmour. Kij eo ej ejeededłok jān armej ñan armej ilo an armej bōk, im mawe ak jibwe iādatōltōl an bar juon eo ej nañinmej. Eja wōt an kapopo āinwōt flu. Ro rej nañinmej in mumps ekkā aer maroñ kaejeededłok mokta jān an kein kakōlle nañinmej eṃ wałok im jet raan ālikin, kōn men in remaroñ kaejeededłok kij eo meñe rejjab kile.

Ejełok uno ñan mumps ak ewōr wāween bōbrae. Eaorōk bwe aolep armej ren bōk [wā in bōk aidik, mumps, im rubella \(MMR\)](#) ñan kōjparok aer make im bōjrak ejeededłok in kij in mumps.

Wā in MMR ejjab weppān, ak ej kein kōjparok kōj eṃṃantata ñae mumps. Ruo wā ko rej kōjparok 88%, ak 9 mōttan 10, armej aolep mour eo aer. Mejele in bwe āinwōt 12 armej jān 100 ro raar bōk wā rej bar maroñ bōk mumps, ełap tata ñe rej epaak iien eto ñan juon armej eo ekapopo in mumps. Kōn men in eaorōk bwe aolep armej ren bōk wā, ñan kōjparok armej ro remaroñ nañinmej kōnke wā eo ejjab jermal ippāer, im ro rejjab maroñ bōk wā. Men in ej jipañ bwe nañinmej en jab ejeededłok im bwe ren maroñ kune.

Ro rej nañinmej in mumps meñe eṃōj aer bōk wā remaroñ nañinmej jiddiklōk im ediklōk jorrāān ko ippāer. Ñe ejjeļok wā, jenaaj kar loe bwijin keej in mumps im jorrāān ko ak kein kakōļle in nañinmej renana.

## Kein kakōļle in mumps

Kein kakōļle in mumps ekkā aer koba ippān bwil, metak bōran, ṃōk im jaje ṃōñā. Kein kakōļle eo jenolok ej ebbōj in jepaan, kōnwaan ak atlaļ, ak jab aolep armej ro rej loe kein kakōļle rot kein. Jet armej ro rejjab lo ejjeļok kein kakōļle ko. Nañinmej eo ebar maroñ kabbōj gland ko, āinwōt ɔulep.

Jet problem ko remaroñ waļok jān mumps rej jarroñroñ, meningitis (ebbok ilo kein pineej kōmālij im diļep), im jorrāān ilo kōmālij. Jorrāān ko rej aikuļ kakōļkōļ jān taktō. Ilo jet keej ko rejeja, armej ro remaroñ mej jān mumps. Armej ro rūtto emaroñ eļaplōk aer maroñ nañinmej in mumps jān ajiri.

Kein kakōļle ko in mumps rej pād wōt jān juon wiik ñan joñoul raan ko. Ejjeļok juon kain uno eo eṃṃan ñan mumps.

## liō ko an armej rej kōuwōtata

Aolep armej remaroñ nañinmej ijellōkun jete aer iiō. Mekarta, nañinmej ko ekkā aer waļok ilo ṃōn jikuuļ in college, ilo kumi in jiport, im ilo jikin ko jet armej ro repaak doon. Eļap an aorōk bwe armej ilo jikin rot kein ren bōk wā ko aer ṃae mumps. Armej ro raar lotak ṃokta jān 1957 ekkā aer jab maroñ nañinmej in mumps kōnke eṃōj aer nañinmej, ak rūtto ro raar lotak ālikin 1957 ren lale bwe eṃōj aer bōk wā in mumps.

## Kwōn ta ñe kwōj ļōmṃak bwe kwe ak ajiri eo nejūṃ ej nañinmej in mumps?

Kwōn jab tal ñan ṃōn jermal, jikuuļ ak ilo jikin ko ebōļ armej ro jet. Kwōn kaļļok ṃōn kakōļkōļ ak taktō ṃokta jān aṃ ilok, im ba ñan er bwe kwe ak ajiri eo nejūṃ emaroñ nañinmej in mumps. Remaroñ kōṃaan bwe kwōn jab jijet ilo jikin kōttar. Remaroñ kajjitōk bwe kwōn deloñ ṃōn kakōļkōļ ak ṃōn taktō ilo bar juon wāween. Buñtōn kein renaaj jipañ in jab ejeededlōk mumps ñan armej ro jet.

## DOH ej ta?

Department of Health eo ej lale ṃakūtūt in etale im bōjrak nañinmej ko rej waļok ilo elōñ county ko. Kōmij leļok:

- Teej in kakōļkōļ,
- Jermal in jipañ in etale nañinmej, im
- ṃweiuk ko im jermal in jipañ ñan county ko nañinmej eo ej pād ie

Unin eo aṃ ej bōjrak an nañinmej jān ejeededlōk im kōjparok armej ro ilo state eo ad.