If you were exposed to COVID-19...

1. Stay home.
2. Watch for symptoms.
   - Fever
   - Cough
   - Shortness of breath
   - Chills
   - Muscle pain
   - Headache
   - Sore throat
   - Loss of taste or smell

Symptoms appear 2 to 14 days after exposure.

If you have COVID-19 or COVID-19 symptoms...

1. Stay home.
2. Don’t go to work or visit with others outside your home.
3. Call your doctor if you have symptoms, especially if you are over 65, have other health conditions, or are pregnant.

Stay in isolation until...

1. 24 hours after your fever is gone without using medicine.
2. Your other symptoms have improved (for example, cough or shortness of breath).
3. Ten days after your symptoms started.

How long do I have to stay home? (Fill in the blanks)

<table>
<thead>
<tr>
<th>Date I first felt sick:</th>
<th>Date 10 days later:</th>
<th>My fever was gone on:</th>
<th>Date 24 hours later:</th>
<th>My other symptoms got better on:</th>
<th>Circle the latest date. Stay home until:</th>
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<td>EXAMPLE April 10</td>
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Visit DOH.WA.GOV/Coronavirus or Coronavirus.wa.gov, call 1-800-525-0127 and press # for interpreter services, or text the word Coronavirus to 211211 for more information.