COVID-19: Symptoms and what to do

If you have symptoms of COVID-19, do the following:

1. Stay home.
2. Call your doctor.
3. Visit a hospital if symptoms worsen.

Symptoms of COVID-19:
- Cough
- Fever
- Difficulty breathing
- Sore throat
- Fatigue
- Chills
- Muscle pain
- Headache
- New loss of taste or smell

Additional safety measures:
- Avoid close contact with others.
- Wash your hands frequently.
- Wear a mask when in public.

For more information, visit DOH.WA.GOV/Coronavirus or Coronavirus.wa.gov.

Washington State Department of Health

DOH 820-089 Updated July 2020 (Punjabi)