COVID-19 COMMUNICATION CARD

Symptoms:
- shortness of breath
- fever
- coughing
- stuffy nose
- diarrhea
- headache
- nausea
- chills
- body aches
- sore throat

Prevention:
- wash hands
- use hand sanitizer
- cover coughs
- stay home
- don't touch your face
- clean surfaces
- wear a facemask
- open windows
- drink water

Pain level:
- no pain
- moderate pain
- worst pain

Care:
- temperature
- swab
- medication
- flu shot

Days

Hours
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