

## Tips for a Safer Halloween

Many of the traditional ways in which we celebrate Halloween involve contact with non-household members in large group settings. This year, it is important to plan early and identify safer alternatives to reduce the risk of spreading COVID-19. The Department of Health is offering the following considerations to help protect individuals and communities.

## **General Considerations**

Regardless of how you choose to celebrate Halloween, it is important to keep the following in mind:

- 1. **Wear a cloth face covering.** Make sure the face covering fits snugly over your nose and mouth.
- Avoid confined spaces. Outdoor activities are safer than indoor activities. If
  participating in an outdoor event is not possible, and you choose to attend an indoor
  event, avoid crowded, poorly ventilated, and fully enclosed indoor spaces. Increase
  ventilation by opening windows and doors to the extent that is safe and feasible based
  on the weather.
- 3. **Avoid close contact with people outside of your household.** Stay at least 6 feet away from all other people who are not part of your own household.
- 4. **Wash or sanitize your hands often.** Use soap and water for at least 20 seconds, especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
- 5. **Stay home if you are sick or were recently exposed to someone with COVID-19.** If you are sick, have symptoms of COVID-19, or have been in contact with someone who has been diagnosed with COVID-19, stay home and away from others.

## Recommended Discouraged Have a scavenger hunt at home. Dress Halloween gatherings, events, or up and hide candy or other treats parties with non-household members throughout the house or around the that violate the gathering limitations yard. outlined in Governor Inslee's Safe Start Plan. Learn more about the gathering limits for each phase. Host an online costume or pumpkin carving contest. Traditional trick or treating (handing candy to kids who knock on your Have a Halloween movie marathon door) and large groups of trick-orwith household members. treaters.

- If you go trick-or-treating:
  - Stick with members of your household and keep at least 6 feet of distance from any nonhousehold members.
  - Wear a cloth face covering or mask if older than age 2. Make sure the mask is snug around your nose and mouth and does not have holes. A plastic costume mask is not a substitute for a cloth face covering.
  - Wash your hands before and after trick-or-treating.
  - Bring plenty of hand sanitizer.
- If you give out treats:
  - Limit candy to individually wrapped treat bags. This reduces the number of people who would typically touch items in a communal bowl.
  - If possible, place treats on a table in your driveway or yard to avoid crowds at your front door. To see trick-or-treaters, sit in a chair in your driveway, garage, yard, or porch and maintain at least 6 feet of distance from the treat table.
  - Place a few mini pumpkins or other decorations 6 feet apart to signal a line and keep trickor-treaters distanced while waiting for treats.

- Trunk-or-treat gatherings with multiple households that facilitate crowding around treats and violate the gathering limitations outlined in Governor Inslee's Safe Start Plan.
- Indoor haunted houses are not permitted. Haunted houses must be designed as a no-touch outdoor activity with a one-way path. See Governor Inslee's Phase 2 and 3 agritourism requirements.
- Indoor trick-or-treating activities, such as those organized in malls or similar venues.

## More COVID-19 Information and Resources

Stay up-to-date on the <u>current COVID-19 situation in Washington</u>, <u>Governor Inslee's proclamations</u>, <u>symptoms</u>, <u>how it spreads</u>, and <u>how and when people should get tested</u>. See our Frequently Asked Questions for more information.

A person's race/ethnicity or nationality does not, itself, put them at greater risk of COVID-19. However, data are revealing that communities of color are being disproportionately impacted by COVID-19- this is due to the effects of racism, and in particular, structural racism, that leaves some groups with fewer opportunities to protect themselves and their communities. <a href="Stigma">Stigma</a> will not help to fight the illness. Share accurate information with others to keep rumors and misinformation from spreading.

- WA State Department of Health 2019 Novel Coronavirus Outbreak (COVID-19)
- WA State Coronavirus Response (COVID-19)
- Find Your Local Health Department or District
- CDC Coronavirus (COVID-19)
- Stigma Reduction Resources

**Have more questions about COVID-19?** Call our hotline: **1-800-525-0127,** Monday – Friday, 6 a.m. to 10 p.m., Weekends: 8 a.m. to 6 p.m. For interpretative services, **press #** when they answer and **say your language.** For questions about your own health, COVID-19 testing, or testing results, please contact a health care provider.

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email <a href="mailto:civil.rights@doh.wa.gov">civil.rights@doh.wa.gov</a>.