If you were exposed to COVID-19 but do not have symptoms, you will be asked to **QUARANTINE**.

**Why?**
To avoid spreading the virus before you know if you’re sick.

**How?**
Stay home and avoid contact with anyone who is not a household member.

**Should I get tested?**
Contact your health care provider for a test if:
- you develop COVID-19 symptoms, or
- you were in close contact with someone who has COVID-19, or
- you are exposed to many people where you live or work.

If you test positive for COVID-19 or develop symptoms during quarantine, you need to **ISOLATE**.

**Quarantine ends:**
14 days after last contact with ill person.

If you test positive for COVID-19 or have symptoms, you will be asked to **ISOLATE**.

**Why?**
To avoid spreading your illness.

**How?**
Stay home and avoid contact with others, including household members. Stay in a separate room and use a separate bathroom, if possible.

**Isolation ends:**
1. At least 24 hours after fever is gone without using medicine.
2. Other symptoms have improved (for example, cough or shortness of breath).
3. Ten days after last contact with ill person.

For more information:  www.doh.wa.gov/coronavirus

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