On June 8, 2018, the Washington State Mental Health Counselors, Marriage and Family Therapists, and Social Workers Advisory Committee and the Washington State Chemical Dependency Professional Certification Advisory Committee met at the Department of Health, 101 Israel Road SE, Town Center 1, Room 163 & 164, Tumwater, WA. In accordance with the Open Public Meetings Act, the meeting agenda was emailed to members of the licensed counselors’ professional GovDelivery and posted to the professions’ webpages.
Open Session

1. Call to Order – Mary Schatz, Ph.D., CDP, CRC, LMHC, Chair and Anjanette Jorstad, LASW, Chair 9:10 a.m.

   1.1 Introductions
   The committees’ members, DOH staff, and public introduced themselves and their area of practice.

   1.2 Approval of the agenda
   The meeting agenda was accepted and approved as written.

   1.3 Approval of the previous meeting’s minutes.
   1.3.1 Mental Health Counselors, Marriage and Family Therapists, and Social Workers Advisory Committee previous meeting’s minutes from February 23, 2018 were accepted and approved as written.
   1.3.2 Chemical Dependency Professional Certification Advisory Committee meeting’s minutes from April 6, 2018 were accepted and approved as written.

2. Manager Reports – Brad Burnham, Program Manager

   2.1 Update on the department’s behavioral health integration efforts. Mr. Burnham shared information about the state’s behavioral health integration efforts and House Bill 1388. The bill, which goes into effect July 1, 2018, transfers some of the Department of Social and Health Services’ (DSHS) responsibilities to the Health Care Authority (HCA) and our department. As a part of the changes, our department will receive 24 staff from the DSHS.

   2.2 Update on the program’s outreach activities. Mr. Chaney provided an update on outreach activities related to licensed counselors and CDPs. When possible, he and Mr. Burnham have been visiting schools and professional organizations to share information and answer questions. He has learned a lot about the different professions during the visits. The trips have also allowed him to share information about our department’s rule-making activities with students and professionals. He believes outreach activities such as visiting schools and associations can benefit everyone involved.

   Ms. Jorstad asked if committee members could participate in the outreach activities and help share information with professionals, as well.

   Mr. Gerard stated that committee members are not prohibited from sharing information. However, members should be clear about their role when sharing information with schools and organizations.


   Presentation of current licensing statistics for licensed marriage and family therapists, licensed mental health counselors, and licensed social workers.

   3.1 Mental Health Counselors, Marriage and Family Therapists, and Social Workers
### Professional Counts

<table>
<thead>
<tr>
<th>Profession</th>
<th>Active Status Counts</th>
<th>Pending Status Counts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marriage and Family Therapist</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Associate License</td>
<td>576</td>
<td>47</td>
</tr>
<tr>
<td>License</td>
<td>1683</td>
<td>113</td>
</tr>
<tr>
<td>Mental Health Counselor</td>
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<td></td>
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<td>Associate License</td>
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<td>128</td>
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<tr>
<td>License</td>
<td>7026</td>
<td>248</td>
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<tr>
<td>Social Workers Associate</td>
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<td></td>
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<tr>
<td>Advanced License</td>
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<td>26</td>
</tr>
<tr>
<td>License</td>
<td>149</td>
<td>35</td>
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<tr>
<td>Social Workers Associate</td>
<td></td>
<td></td>
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<tr>
<td>Independent Clinical License</td>
<td>1762</td>
<td>111</td>
</tr>
<tr>
<td>License</td>
<td>4350</td>
<td>481</td>
</tr>
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</table>

### Certified Chemical Dependency Professionals

<table>
<thead>
<tr>
<th>Profession</th>
<th>Active Status Counts</th>
<th>Pending Status Counts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chemical Dependency Professional</td>
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<td></td>
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<tr>
<td>Trainees</td>
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</tr>
<tr>
<td>Professionals</td>
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<td>222</td>
</tr>
</tbody>
</table>

### Review of the Health Professionals Loan Repayment Program

Mrs. Shanley and Ms. Fullerton shared information about the Washington State health professional loan repayment programs. These programs help the state attract and retain licensed health professionals to serve in critical shortage areas in Washington State by providing educational loan repayment assistance. Three programs provide loan repayment awards to behavioral health professionals working in a variety of outpatient facilities:

1. **The Federal-State Loan Repayment Program (FSLRP)** uses matching federal grant funds for awards.
2. **The Health Professional Loan Repayment Program (HPLRP)** uses only state dollars for awards.
3. **The National Health Service Corps (NHSC)**.

The National Health Service Corps (NHSC) is the largest of these programs. Recently, there were 381 clinicians working in the state under the NHSC program. The NHSC program involves a two-year commitment with the option to continue until all eligible debt is repaid. In 2016, approximately 100 health professionals worked in underserved areas of Washington as a result of this program. Since 1990,
the program has funded over 1,000 professionals serving in 38 Washington counties, and demand continues to exceed funding available.


5.1 Mr. Gerard did not have any new information to report related to the Chemical Dependency Professional Certification Program.

5.2 Mr. Eaton did not have any new information to report related to the Mental Health Counselors, Marriage and Family Therapists, and Social Workers Licensing Program.

6. Current Rulemaking – Brad Burnham, Program Manager

Presentation about the department’s current rulemaking associated with the professions.

6.1 Mr. Burnham gave an update on progress to complete and submit the CR 101 for potential rulemaking for CDPs. On May 4, 2018 the department of Health filed a proposal statement of inquiry, which is an announcement of the start of rulemaking. The purpose of the rulemaking is to align the CDPT certification requirements with the recent changes in law related to where CDPs and CDPTs may provide services. Rulemaking topics:
- CDPT certification
- Supervision
- Approved supervisors
- Disclosure information
- Disclosure statements
- The department may revise the definitions
- Make clarifying and technical changes in the chapter of rule, WAC 246-811

6.2 Update on progress to complete and submit the CR 101 for potential rulemaking for Licensed Counselors. On May 7, 2018, the department filed a proposal statement of inquiry concerning possible rulemaking for the credentialing requirements of mental health counselors, marriage and family therapists, and social workers, Chapter 246-809 WAC. The purpose of the rulemaking is to strengthen the requirements, align them with current trends in practice, and better prepare associates for independent licensure. Rulemaking topics:
- Supervision
- Approved supervisors
- Recordkeeping
- Education
- Continuing education

7. Intersection of the Professions – Brad Burnham, Program Manager

Discussion of the intersection of chemical dependency professional certification (CDP) with mental health counselors, marriage and family therapists, and social workers.
7.1 Integrations of mental health, substance use disorder, and primary care by 2020 with a discussion of supervision under integration. This item will be discussed on the upcoming meeting.

7.2 Dually credentialed options and related matters: integration; education; and workforce

Diane Swanberg from Washington Association of Designated Crisis Responders (DCR) shared information on the mission and the purpose of DCR organization is to:

- Provide a common identity for those in the DCR role.
- Establish a network for sharing of information among DCRs.
- Promote the professional growth of DCRs through the development of a program of continuing education.
- Promote participation in lobbying, community education regarding mental health issues, and other professional endeavors.
- Develop a mechanism for system exchange and review.

7.3 & 7.4 Co-occurring credential and trends in education

Mr. Burnham shared that currently we don’t have any projects related to this matter. He shared that the department does not have the authority to create a new credential. A new credential would have to be created by the Legislature. They would create the title, scope of practice, and minimum requirements.

Mr. Chaney shared that some counseling-related graduate educational programs are considering adding more chemical dependency-oriented courses and trainings into their curriculum. This may give graduates more options for dual-licensure after graduation.

7.5 Workforce development, especially in rural areas

This topic was discussed during the loan repayment presentation by Renee Fullerton and Claudia Shanley.

7.6 Telehealth

Mr. Burnham shared that he receives emails and calls from in state and out of state licensees and organizations concerning telehealth. He also shared that the department has a telehealth workgroup that may provide general guidelines soon.

7.7 Involuntary Treatment Act

There was a brief discussion about the effects of the legislative changes to who can sign an involuntary treatment order related to substance use disorder. In some facilities there has not been much change in process or number of orders completed because the eligibility criteria are specific and difficult to attain.

8. Public Comment - Mary Schatz, Ph.D., CDP, CRC, LMHC, Chair and Anjanette Jorstad, LASW, Chair

A member of the public expressed concern about the lack of access to the University of Washington’s HEAL WA database for licensed mental health counselor associates. Mr. Burnham shared that the department is not able to collect the annual fee for access to the database because the Legislature did not include this license in the list of eligible licenses in law. Mr. Burnham and Mr. Chaney will work with colleagues at the department about this issue.

Another member of the public mentioned that the ADA National Network is an online resource related to service animals.
9. Future Agenda Items – Mary Schatz, Ph.D., CDP, CRC, LMHC, Chair and Anjanette Jorstad, LASW, Chair
   - Behavior Health Integration
   - Access to the University of Washington’s HEAL WA database
   - Telehealth information
   - Current rulemaking

10. Adjournment 12: 28 Pm

Submitted by: 

Brad Burnham, MPA, Program Manager
Chemical Dependency Certification Advisory Committee

Approved by: 

Mary Schatz, Ph.C., CDP, CRC, LMHCA, Chair
Chemical Dependency Certification Advisory Committee

Anjanette Jorstad, LASW, Chair
Washington State Mental Health Counselors, Marriage and Family Therapist and Social Worker Advisory Committee