

Washington SNAP-Ed Estimated Curriculum Costs FFY2020 Approved List*

Curriculum and Link	Estimated Cost
Read for Health https://wasnap-ed.org/curriculum/read-for-health/	\$26.00
Grazin' with Marty Moose 2016	\$43.00
MyPlate in Practice http://wasnap-ed.org/curriculum/myplate-in-practice/	\$28.65
Nutrition in Me https://wasnap-ed.org/curriculum/nutrition-in-me/	Grade 3: \$21.45 Grade 4: \$17.40
Growing Healthy Habits https://wasnap-ed.org/curriculum/growing-healthy-habits/	\$48.90
Kids in the Kitchen https://wasnap-ed.org/curriculum/kids-in-the-kitchen/	\$50.00
Food Smarts https://wasnap-ed.org/curriculum/kids-in-the-kitchen/	\$35-50 for instructor guide \$5-10/participant workbook
Nutrition to Grow On https://wasnap-ed.org/curriculum/nutrition-to-grow-on/	\$28.65
CHFFF/CHAT: Choose Health, Food, Fun & Fitness https://wasnap-ed.org/curriculum/choose-health-food-fun-fitness/	\$47.70 = Printing \$150 = Teaching Bins
CATCH- Coordinated Approach to Child Health https://catchinfo.org/ https://www.flaghouse.com/General-Education/CATCH/	Varies
EatFit https://anrcatalog.ucanr.edu/Details.aspx?itemNo=3424 https://anrcatalog.ucanr.edu/Details.aspx?itemNo=3423	Teacher's curriculum = \$20 Set of 10 Student workbooks = \$15.00
Teen Cuisine https://virginiatech.qualtrics.com/jfe/form/SV_ai46XPqCF7ZUYOV	Teacher's curriculum = \$195 Student workbooks = 10 for \$135*

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Plan, Shop, Save, & Cook https://wasnap-ed.org/curriculum/plan-shop-save-cook/	Teacher's Curriculum = \$7.05 <i>Cost of participant handouts not included. They can be ordered from University of California.</i>
Eating Smart • Being Active 2017, Plus Pregnancy Lessons http://eatingsmartbeingactive.colostate.edu/	Price varies, please see website for details.
Cooking Matters https://wasnap-ed.org/curriculum/cooking-matters/	Varies. SNAP-Ed providers who want to teach the Cooking Matters Series Classes and review the Cooking Matters series class curriculum should contact Solid Ground at: cooking@solid-ground.org .
Eat Smart, Live Strong https://snaped.fns.usda.gov/resource-library/nutrition-education-materials-fns/eat-smart-live-strong	\$26.25

*Printing costs are best estimates based on number of pages in curriculum. \$0.15/page as an average cost. Could be lower or a higher depending on local costs, number of color pages, and oversize pages (some handouts). Costs not listed here can be estimated.

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

Specific questions about materials costs listed here can be directed to snap-ed@doh.wa.gov.