Vaccination is your best shot at preventing meningococcal disease.

There are two types of vaccines that protect against several kinds of meningococcal disease.

**Meningococcal A, C, W, Y vaccine (MCV4)** is a routine recommendation for all children aged 11 to 12 years with a booster for teens aged 16 to 18 years. Serogroups A, C, W, and Y cause most meningococcal disease.

**Meningococcal B vaccine (MenB)** protects against serogroup B, and may be given to teens and adults aged 16 to 23 who have rare health conditions or are at increased risk because of a meningococcal B disease outbreak.

Ask your healthcare provider which of these meningococcal vaccines you need, especially if one or more of these applies you:

- Are a college student living in a dorm
- Plan to travel to countries where meningococcal disease is common
- Have a weakened immune system

It starts with you... Get vaccinated!

If you have a disability and need this document in another format, please call 1-800-525-0127 (TDD/TTY call 711).