President 7 This flu season?

Doctors recommend that you get a fushot.

Flu risks increase with pregnancy, so stay healthy this season.



Get vaccinated. Stop the flu.

Call your doctor, nurse, or clinic today!





WithinReach Family Health Hotline **1-800-322-2588** (711 TTY relay) or www.ParentHelp123.org

Text BABY to 511411



Protect yourself and our baby