Pregnant this flu season?

Doctors recommend that you get a flu shot.

Flu risks increase with pregnancy, so stay healthy this season.

Get vaccinated. Stop the flu.

Call your doctor, nurse, or clinic today!

Get Your FLU Vaccine! Protect yourself and your baby.

Text BABY to 511411

For more information talk to your doctor, nurse or visit KnockOutFlu.org

WithinReach Family Health Hotline
1-800-322-2588 (711 TTY relay) or www.ParentHelp123.org

Washington State Department of Health
DOH 348-101 May 2018