Healthy Starts and Transitions
CSHCN Program Updates

April 13, 2017

Meredith Pyle
Children with Special Health Care Needs Program Supervisor
Please welcome Lacy Fehrenbach!

• Lacy is the Office of Healthy Communities 2 Director at DOH (where Healthy Starts and Transitions “live”)
• Lacy is also WA’s Title V/Maternal and Child Health Director
• Brief Federal and State Policy and Funding Update
HST Staff Changes

• Please welcome Brittany Hinchcliffe, Child Health Consultant on the Child Health and Development in HST!
Healthy Starts and Transitions Unit  
(includes CSHCN Program)  
March 2017

Promote integrated systems that improve access, linkages, and coordination directed towards health, early and ongoing learning and development, and safe environments for all children and their families.

Maria Nardella  
Unit Manager

Leslie Carroll  
Child Health & Development Supervisor

Sharon Shadwell  
UDS-SE

Marilyn Gisser  
EFC

Vacant  
Future UDS

Alley Huff  
Administrative Assistant

Michelle Hoffman  
Family Engagement Coordinator

Shanne Montague  
Middle Childhood

Ellen Silverman  
Nursing Consultant

Ellie Polking  
Special Services Consultant

Brittany Hinchcliffe  
Child Health Consultant

Joan Zerzan  
Nutrition Consultant

Jean-Marie Dymond  
AS3D

Allison Templeton  
Great LINCS
DOH is hiring an evaluator for AS3D and CHIL!

- **Research Investigator 3 – Health and Community Systems Evaluator**  
  Recruitment #DOH3613; located in Tumwater, WA;  
  [http://tinyurl.com/DOH3613](http://tinyurl.com/DOH3613)

- Position designs, prepares, initiates and advises on program evaluation to affect policy and program development
  - Medicaid Managed Care Organization Performance Improvement Workgroup
  - AS3D Grant

- This position directly supports DOH's strategy to ensure health equity and improve population health as part of its 2017-19 Strategic Plan

Hurry, the recruitment closes on Monday, April 17!
We Need Your Help! WA Maternal and Child Health Public Input Survey

• Please promote the public input survey to your networks:
  https://fortress.wa.gov/doh/opinio/s?s=11219

• Share the survey anywhere you can, and encourage others to provide their input as well. Together, we can work to broaden the scope of our efforts and reach more Washingtonians in need

• You can use the message below (also in your draft minutes):

  The Department of Health is committed to supporting healthy families and healthy communities by providing quality services and care. Are you happy with the health care you are receiving? Are there areas where we can improve for you and your children? Take our survey to provide your feedback and help us help you
Statewide Nutrition Needs Assessment: Purpose

• To Identify the needs and resources for Nutrition Services for CSHCN in Washington State

• We will use existing data resources to map needs including: Population data, CHIF data, WIC risk criteria

• We will survey and conduct key informant interviews and/or **focus groups** with
  • Nutrition Network RDs
  • WIC Coordinations
  • Provider groups (CSHCN Coordinators, NDCs, Maxillofacial review boards, ?other)
  • Parent groups

**Please email Joan Zerzan with suggestions** for focus group participants at **joan.zerzan@doh.wa.gov**
April is Autism Awareness Month! (and Child Abuse Prevention Month, Minority Health Month, and OT Month!)

• Check out a national Autism Awareness Month event calendar at SPHARC: http://www.amchp.org/programsandtopics/CYSHCN/projects/spharc/resources/Lists/Autism%20Awareness%20Activities

• Voices Of Autism: Individuals, Families, and Professionals is April 22 at Seattle Pacific University and features a community resource fair, lectures from leading experts in the field of autism spectrum disorder (ASD), and will highlight two panel discussions, the first featuring young adults with ASD, the second featuring families of individuals with autism, sharing their experiences, challenges and perspectives of living with ASD: http://spu.edu/academics/school-of-psychology-family-community/about/newsletter-archive/voices-of-asd-16
Events in the Spokane area this month (sharing on behalf of our partners at Northwest Autism Center):

• Mayor’s Proclamation: annual event at Spokane City Hall on Monday April 17th at 6pm, Mayor Condon will read proclamation announcing city’s support for autism awareness month. The City Council will be presented with framed artwork reflecting work by local individuals with autism;

• Northwest Autism Center will be conducting free screenings across the age span on April 14th and April 28th. Please contact Northwest Autism Center to schedule an appointment: Call 509-328-1582 or email info@nwautism.org. For children three and under, screenings are held throughout the month by appointment;

• Steps for Autism: 3rd annual Steps for Autism, a 5K held on April 22nd at Riverfront Park in Spokane. Please join Northwest Autism Center, ISAAC Foundation, and ASW Spokane Washington in coming together for autism awareness month. If you wish to create or support a team participating in the event, please go to https://www.crowdrise.com/stepsforautism. You may also go to http://www.stepsforautism.org/ to register for the event.

• “Autism and Our Community” April 18th 5:30 to 8:pm in Inchelium Washington. This is an educational night presented by Dana Stevens, BCBA, Northwest Autism Center, and coordinated by the Colville Tribal Childcare Center, local Head Start, Inchelium School District, and Northwest Autism Center.
SAVE THE DATE

7th Annual
Southwest Washington
Autism Conference

Thurs, November 9, 2017 9am-3pm
Centralia College

TAKING ACTION:
Planning for Lifelong Success

Keynote Speaker: Monica Meyer
Autism Advocate and Mom

Vendors Networking
Lunch Workshops
- One featuring Russell Lehmann

Sponsored by:

Lewis County Autism Coalition

In Cooperation with:

Centralia College

Registration Starting June 1st at lcautism.org

QUESTIONS/MORE INFO? EMAIL: CONFERENCE@LCAUTISM.ORG
WIC and Medicaid Collaboration

At least 90,000 Medicaid clients are eligible for WIC but not on WIC

Clients on *Title XIX* Medicaid programs are adjunctively eligible for WIC
Who is eligible for WIC?

- Pregnant women
- New and breastfeeding moms
- Children under 5
WIC Services

• Health screening and referrals
• Nutrition education, support for behavior change
• Breastfeeding support
• Checks for specific healthy foods
Infants and children on WIC are more likely to have...

- Healthy growth
- Less illness
- Less anemia
- Lower risk of developmental delays
- Increased vocabulary and memory scores
Why does this matters?

- Moms and kids on WIC are healthier and have better diets
  - Impacts incidence of preterm and low birthweight
  - Improves breastfeeding rates
  - Healthier growth and development
- This saves Medicaid costs
## Pregnant women & children on Medicaid but not on WIC

### January 2017

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<thead>
<tr>
<th>Washington State</th>
<th>Pregnant women &amp; children</th>
<th>WIC eligible</th>
<th>On WIC</th>
<th>Not on WIC</th>
<th>Unmatched</th>
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<tbody>
<tr>
<td>Pregnant women</td>
<td>14,993</td>
<td>7,488</td>
<td>7,505</td>
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<tr>
<td>Children</td>
<td>201,153</td>
<td>112,736</td>
<td>88,417</td>
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<td>Total</td>
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<td>120,224</td>
<td>95,922</td>
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<tr>
<td>Pregnant women</td>
<td>WIC eligible</td>
<td>On WIC</td>
<td>Not on WIC Unmatched</td>
<td>Unmatched %</td>
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<tr>
<td>Amerigroup</td>
<td>1,016</td>
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<td>647</td>
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<td>Community Health Plan of Washington</td>
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<td>Coordinated Care</td>
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<td>Molina</td>
<td>4,803</td>
<td>1,998</td>
<td>2,805</td>
<td>58.4%</td>
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<td>United Health</td>
<td>1,549</td>
<td>572</td>
<td>977</td>
<td>63.1%</td>
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<tr>
<td>Total</td>
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<td>4,359</td>
<td>5,883</td>
<td>57.4%</td>
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WIC and Medicaid Collaboration

WA is striving to increase enrollment of children on Medicaid in the WIC Program
State WIC staff have been working with the MCOs to reach out to unenrolled WIC eligible women and children
Amerigroup is planning a pilot to offer incentives to plan members for enrollment in WIC
HOW TO ORDER WIC Materials
Online:
http://www.withinreachwa.org/order-materials/

By Phone:
Call 1-800-322-2588

By Email:
orders@withinreachwa.org
Update on Pediatric - Transforming Clinical Practice Initiative (P-TCPI) Carry-Forward Projects

Maria Nardella
Allison Templeton
Ellen Silverman
P-TCPI Aim

Transform care delivered by a network of 5,600 clinicians and their care teams to provide family-centered, high-quality and cost effective care for 350,000 children, 0-20 years of age in Washington State by September 28, 2019.
Medical Home Neighborhood Team

Based on a national concept to include the entire care continuum of multi-specialty providers along with community services and resources, social services, and state and local public health services.

Expand the patient-centered medical home model to support pediatric practice transformation through improved:

• “Coordinated” care coordination
• Clinical - community connections (including social services, public health services, community services)
• Access to behavioral health
• Family engagement
• Youth transitions from pediatric to adult care
New! Medical Home Neighborhood Team Lead

UW Medical Home Partnerships Project
Kate Orville & Amy Carlsen
P-TCPI Carry-Forward Project Updates

Six P-TCPI carry-forward requests
• Regional Care Coordination Project
• Person/Family Engagement Project
• Reach Out and Read
• Pathways Training
• Regional Training on Value-Based Care
• Telehealth Assessment
#1 P-TCPI Regional Care Coordination Project

• Establish a network of Regional Care Facilitators (RCF)
• One in each Accountable Communities of Health (ACH) region
• Be a member of the TCPI Regional Transformation Team
Regional Transformation Teams

Clinical Pediatric Champion
Behavioral Health Champion
Regional Care Facilitator
Molina Field Representative
Practice Facilitator
P-TCPI Regional Care Coordination Project

• DOH Request for Letters of Interest process completed in February
• A lead LHJ and Regional Care Facilitator identified for each of the 9 ACH regions
• Contract amendments are ready and waiting for approved federal funding
Nine ACH Regions & LHJ Leads (Hand-out)
#2 P-TCPI Person/Family Engagement Project

Project Purpose:

• Assess and identify strategies, tools, and techniques to use at the state, regional, managed care plan, and practice levels to implement PFE activities within P-TCPI

• Coach practices around the six PFE Metrics

• Assure families are engaged partners in pediatric practice improvement across Washington
P-TCPI Person/Family Engagement Metrics for Practice Transformation

1. Electronic Communication
2. Shared Decision-Making in the Patient-Clinical Team
3. Patient Activation
4. Health Literacy
5. Medication Management
6. Patient and Family Voices in Practice Governance and Operations Decision-Making
P-TCPI Person/Family Engagement Project

• Contract amendment ready with the Center for Children with Special Needs
• Interface with Medical Home Neighborhood Team:
  • Participate in MHN Team activities
  • Use input from Team Members to develop and support PFE assessment findings and activities
#3 P-TCPI Reach Out and Read Proposal

Project Purpose:

• Expand ROR to more P-TCPI practices in Washington
• Recruit more practices into TCPI
• Increase access to developmentally and culturally appropriate children’s books
• Impact child health outcomes through improved well-child visit rates
#4 Pathways Training System

- This project will develop infrastructure for Washington for the Pathways Community HUB Certification Program (PCHCP) as more of the ACHs take on Medicaid Demonstration Projects.
- PCHCP is a care coordination model available for Washington’s ACHs that integrates outreach and engagement efforts into aligning systems of care for better population health outcomes and lower costs supported by CMS.
Pathways Training System

• Proposes training Regional Care Facilitators and the Community Health Workers (CHW) workforce to be certified in Pathways Care Coordination and ready to serve children and families that strengthens linkages to primary care and behavioral health providers.

• Increase the state’s training and technical assistance capacity to support Pathways Care Coordinators within at least three of the nine ACH regions in Washington by September 29, 2017 and begin expanding uptake by the remaining ACH’s starting October 1, 2017.
Pathways Training System

- This project strongly supports P-TCPI activities in four specific pathways: developmental screening, immunizations screening and referral, and connecting with a Medical Home and is coordinated with the P-TCPI Regional Teams to emphasize physical and behavioral health integration and care coordination within participating practices.
Pathways Training System

• **Foundation for Healthy Generations** will offer the opportunity to the P-TCPI Regional Care Facilitators trained as Pathways CHW Care Coordinator Facilitators to prepare for broader adoption of the model across the state as more of the ACHs take on Medicaid Demonstration Projects.
#5 Regional Training on Value-Based Care

- Build regional learning networks or regional learning collaboratives for P-TCPI pediatric primary care clinicians (PPCC) and provide regional learning forums.
- Train the PPCC in negotiating contracts that result in value based payments that cover the cost of providing Medical Home care.
- Align with the P-TCPI objective to help TCPI enrolled practices improve pediatric outcome measures.
#6 Telehealth Assessment

- Telehealth is an area that CMS encourages exploration in increasing its use to improve the health of populations (especially rural), improve the patient experience, and reduce health care costs.
- TCPI will sponsor an assessment of the capacity and system capability to increase the use of telehealth in the rural areas of Washington and increase access to specialty to care, specifically for children.
- The assessment will recommendations for expanding telehealth for specialty care from tertiary care centers and other specialists who serve children.
Proposed Process

• Carry-forward requests were submitted to CMS on March 1st
• UNKNOWN: when DOH will hear back
• Contracts are being created for work to begin in April 2017 or when funding is available
• Contract activities must be completed by September 28, 2017
HST/CSHCN Contact Information

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HEALTHIER WASHINGTON