WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS
SITES AND COORDINATORS – June 2017

STATE PARENT TO PARENT OFFICE
SUSAN ATKINS, State Coordinator
Washington State P2P Programs
2638 State Avenue NE, Olympia, WA 98506
VOICE: (425) 641-7504, CELL: (425) 269-3267
Toll Free: (800) 821-5927
E-MAIL: parent2parentwa@gmail.com
SPONSORING AGENCY: The Arc of Washington State
Jackie Thomson, Administrative Assistant
E-MAIL: info@arcwa.org
VOICE: (360) 357-5969 option 2  Toll-Free: (888) 754-8798
Fax: (360) 357-3279 website: www.arcwa.org
Facebook: https://www.facebook.com/parentto.parent.9

Parent Support Program Seattle Children’s
MARIA CERVANTES, Family Support Specialist | Family Support Services
Seattle Children’s
OFFICE: 4800 Sand Point Way NE, Seattle, WA, 98105
MAIL: M/S RB.7.420; PO Box 5371; Seattle, WA 98145-5005
VOICE: (206) 987-1119
FAX: (206) 987-2235
E-MAIL: maria.cervantes@seattlechildrens.org
Website: http://www.seattlechildrens.org/parentto.parent
group

Facebook: https://www.facebook.com/parentto.parent.9

Central Region

Chelan/Douglas Counties
ERIN KING-LUCE, Coordinator
GABRIELA C AVINA, Hispanic Outreach Coordinator
23 South Wenatchee Avenue, Suite 203
Wenatchee, WA 98801

Program Activities: Support, information, Sibshops, newsletters, social activities, and referrals provided. Helping Parent trainings once per year.
VOICE: (509) 630-2370 - Hispanic Outreach (509) 860-8961
FAX: (509) 888-2378
E-MAIL: erin@chelandouglas2p.com, espanol@chelandouglas2p.com
SPONSORING AGENCY: Chelan Douglas Developmental Disabilities
Website: www.chelandouglas2p.com
Facebook: https://www.facebook.com/chelandouglasparent2parent/

Grant/Adams Counties
JENNIFER NEWHOUSE, Coordinator
CHRISTI DIERINGER, Outreach Coordinator
ANNA ALVAREZ, Hispanic Outreach Coordinator
605 Coolidge Street
Moses Lake, WA 98837

Program Activities: Family Social Events, Mom’s Night Out, Café Chat, Weekly Parent Meetings, Home Equipment Loan Program, Lending Library, Quarterly Newsletter, Disability Awareness Training, Facebook Pages & Groups
VOICE: (509) 764-7424, to reach Anna Alvarez: (509) 346-5523
FAX: (509) 765-5838
E-MAIL: jnewhouse@mlchc.org, cdieringer@mlchc.org
SPONSORING AGENCY: Moses Lake Community Health
Website: www.mlchc.org

Kittitas County
MICHELLE WILLIAMS, Coordinator
PO Box 837
111 East University Way
Ellensburg, WA 98926

Program Activities: Parent Support Meetings, Family Social Events, Newsletters, Workshops, Information and Referral
VOICE: (509) 929-7277
E-MAIL: kittitascounty2p@gmail.com
SPONSORING AGENCY: Kittitas Valley Opportunities

Established January 4, 2017

EAST REGION

Yakima County
TRACIE HOPPIS, Program Supervisor
AMY BERKHEIMER, Program Specialist
GLORIA URNESS, Program Specialist
LIZ CRUZ, Program Specialist
JOHN MAHANEY, Event Support
MARIO PULIDO, Hispanic Outreach
3801 Kern Road
Yakima, WA 98902

Program Activities: English and Spanish Parent Group, Hispanic Outreach, Sibshops, Recreational Program, Teen Club, Disability Awareness, Neonatal Intensive Care Unit Support Project, Newsletter, Autism Support Group, Family Social Events, New Diagnosis Support Group,
VOICE: (509) 757-3200
FAX: (509) 757-3201
E-MAIL: traciehoppis@yvmh.org, amyberkheimer@yvmh.org, GloriaUrness@yvmh.org, elizabethcruz@yvmh.org, mariapurido@yvmh.org
SPONSORING AGENCY: Virginia Mason Memorial
Website: https://www.yakimamemorial.org/

Benton/Franklin Counties
MELISSA BROOKS, RN, Coordinator
MARIA RAMOS, Hispanic Outreach Coordinator
1455 Fowler Street
Richland, WA 99352

Program Activities: Parent Support group with Educational classes, Activities for families, quarterly newsletter with The Arc of Tri-Cities, Senior Caregiver Project, provide education and social activities for parents and youth.
VOICE: (509) 783-1131, ext. 108
FAX: (509) 735-7706
E-MAIL: p2p@arcoftricities.com, mariar@arcoftricities.com
SPONSORING AGENCY: The Arc of Tri-Cities
Website: arcoftricities.com
Facebook: https://www.facebook.com/p2ptricities/?fref=nf

Spokane/Lincoln/Whitman Counties
Shelley Gacusana, Coordinator
320 East 2nd Avenue
Spokane, WA 99202

Program Activities: Parent Support Group & Workshops, Parents 4 Life monthly meetings, Newsletter, Lending Library, Transition Support, Guardianship & IEP referrals, Annual Holiday Party & Summer Picnic, Annual Family Support Conference in the spring
VOICE: (509) 328-6326, ext. 8323
FAX: (509) 328-6342
E-MAIL: SGacusana@arc-spokane.org
SPONSORING AGENCY: The Arc of Spokane
Website: www.arc-spokane.org
Facebook: https://www.facebook.com/SpokaneP2P/

Walla Walla/Columbia/Garfield/Asotin Counties
MICHELLE AGUILAR, Coordinator
YSABEL FUENTES, Hispanic Outreach Coordinator
SPONSORING AGENCY: Walla Walla Valley Disability Network-Cyndy Knight
Website: www.wwvdn.org
Facebook: https://www.facebook.com/SpokaneP2P/

Walla Walla Valley Parent 2 Parent
Website: www.arc-spokane.org

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NORTHWEST REGION

Island County
TIFFANY WHEELER-THOMPSON, Coordinator
PO Box 5000
Coupeville, WA 98239
Program Activities: Support, resources, networking opportunities and referral options, monthly newsletters and events, latest research, legislative activity and support group information. Sponsors or co-sponsors several support groups including Spanish all over Whidbey Island.
VOICE: (360) 632-7539
FAX: (360) 679-7377
E-MAIL: t.wheeler-thompson@co.island.wa.us
SPONSORING AGENCY: Island County Human Services
Website: https://www.islandcountywa.gov/Humanservices/
Facebook: https://www.facebook.com/islandcountyparent2parent/?fref=ts

Skagit County
HEATHER MILLIREN, Coordinator, ext. 401
AMANDA SLOAN, Assistant Coordinator, ext. 403
TBA, Hispanic Outreach Specialist, ext. 414
320 Pacific Place
Mt. Vernon, WA 98273
Program Activities: Resources, lending library, (Autism, mothers, general, teens, support meetings Anacortes) educational activities, annual Helping Parent Training, annual moms’ events, annual Buddy Walk, monthly Hispanic family event (support, education and/or social), and Spanish translation available.
VOICE: (360) 416-7570
FAX: (360) 416-7580
E-MAIL: p2p@sparckids.org, Amanda@sparckids.org, Hispanicp2p@sparckids.org
SPONSORING AGENCY: SPARC
Website: www.p2pskagit.org
Facebook: https://www.facebook.com/SkagitP2P/

Snohomish County
JAMIE COONTS, Coordinator, ext. 104
ALAINA KUBE, Coordinator, ext. 111
MELY CERVANTES, Hispanic Outreach Coordinator, ext. 114
LYNNEA RIMANDO, Coordinator, ext. 106
2500 Hewitt Avenue, Suite 300
Everett, WA 98201
Program Activities: Helping Parent, Mothers Network, Fathers Network, Autism Support Group, English & Spanish Parent Groups, Monthly Parent Speaker Night, Lego Club, Family Activities, Sibshops, Special Education Speakers & Support, Caregiver Support Group, Weekly/Bi-weekly Arc Happenings e-mail Newsletter with events & resources, Website Calendar, Book & Video Lending Library
VOICE: (425) 258-2459
FAX: (425) 252-8232
E-MAIL: jamie@arcsno.org, alaina@arcsno.org, mely@arcsno.org, Lynnea@arcsno.org
SPONSORING AGENCY: The Arc of Snohomish County
Website: www.arcsno.org

Whatcom County
KARLENE UMBAUGH, Coordinator, ext. 1
MELISSA ABRAHAM, Parent Assistant ext. 3
MARTA MEJIA, Latino Community Coordinator, ext. 308
2602 McLeod Road
Bellingham, WA 98225
VOICE: (360) 715-0170
FAX: (360) 715-8522
E-MAIL: karlene@p2pwhatcom.org, melissa@p2pwhatcom.org, info@p2pwhatcom.org, familia@p2pwhatcom.org
SPONSORING AGENCY: Arc of Whatcom County – Beverly Porter, ED
beverlyp@arcwhatcom.org
Website: www.p2pwhatcom.org
Facebook: https://www.facebook.com/ParenttoParentWhatcom/

PENINSULA REGION

Clallam County (NEW)
SHAWNDA HICKS, Coordinator
PO Box 3081
Sequim, WA 98382
Program Activities: Parent support, seminars, social activities and information
VOICE: (360) 406-1215 Shawnda or (360) 797-3602 Priya
FAX: (360) 406-1215
E-MAIL: shawnda.mosaic@gmail.com, priya.mosaic@gmail.com
SPONSORING AGENCY: Clallam Mosaic; Priya Jayadev, Executive Director
Website: www.clallammosaic.org
Facebook: https://www.facebook.com/groups/756260384220999/

Grays Harbor/Pacific Counties
CHARLENE MCCARTY- P2P/Senior Parent Coordinator
523 West First Street
PO Box 1794
Aberdeen, WA 98520
Program Activities: Parent and Family emotional support and guidance is navigating our complex system, Informational Resource & Referral via phone, e-mail, Facebook and website. Quarterly Arc Newsletter and bi-monthly email bulletin, Educational workshops and presentations on schools I.E.P. (Individual Education Plan) and 504 plans, Transition Services, Guardianship, Wills & Trusts, and other topics. Life Skills and Social events, Summer Youth Employment program, Annual Helping Parent Training
VOICE: (360) 537-7000
FAX: (360) 537-8816
E-MAIL: charlenem@arcgh.org
SPONSORING AGENCY: The Arc of Grays Harbor
Website: www.arcgh.org
Facebook: https://www.facebook.com/groups/515908978594356/

Kitsap/Jefferson Counties
AMANDA SMITH, Coordinator
3243 North Perry Avenue
Bremerton, WA 98310
Program Activities: newsletter, workshops, resources
VOICE: (360) 377-3473, ext. 103
E-MAIL: asmith@arckj.org
SPONSORING AGENCY: The Arc of Kitsap & Jefferson Counties
Website: www.arckj.org
Facebook: https://www.facebook.com/thearcofkitsapandjeffersoncounties/
**Thurston/Mason Counties**

SYLVIA DAVENPORT, Coordinator
South Sound Parent to Parent
1012 Homann Drive SE
Lacey, WA  98503

**Program Activities:** Spanish Language Line, Helping Parent, P2P Support Groups, Down Syndrome Support and activities, Mom to Mom, Sibshops, Family Activities, Annual Family Picnic, Buddy Walk, Infant/Toddler Early Intervention Program (ESIT), SPO Support, Transition/IEP Support, Angels and Butterflies Grief support, Toy/Equipment/Book lending program, Information and referral, website, monthly newsletter, Parent Education

VOICE: (360) 352-1126 (main line & Spanish Language Line)
Toll Free: (877) 352-1126
FAX: (360) 352-0761
E-MAIL: sdavenport@ssp2p.org
SPONSORING AGENCY: 501(C) 3 Parent to Parent of Thurston County
Website: www.ssp2p.org
Facebook: https://www.facebook.com/SSP2P/

**Pierce / King Region**

King County
RACHEL NEMHAUSER, Coordinator
PATRICIA GONZALEZ, Coordinator for Latino & Spanish Speaking Families
233 6th Avenue North
Seattle, WA  98109

**Program Activities:** Parent Support groups, Information and referral, Email support and information groups, Parent education, family events in English, Spanish and for African American families

VOICE: (206) 829-7053
SPANISH: (206) 829-7030
Contact info:
Rachel Nemhouser: (206) 829-7046 or rnemhauser@arcofkingcounty.org
Patricia Gonzalez: (206) 829-7027 or pgonzalez@arcofkingcounty.org
Program Supervisor Robin Tatsuda: (206) 829-7011 or rtatsuda@arcofkingcounty.org
FAX: (206) 364-8140
SPONSORING AGENCY: The Arc of King County
Website: www.arcofkingcounty.org
Facebook: https://www.facebook.com/arcofkingcounty/

Pierce County
MICHELE LEHOSKY, Coordinator ext. 104
DOREEN VANDERVORT, Co-Coordinator
6316 South 12th Street
Tacoma, WA  98465

**Program Activities:** Community Inclusion Program, List serve support , Information and Referral, Down Syndrome Support group, Mom’s Night Out, Person Centered Planning Workshops, Spanish Support Group, Conversations & Coffee, PURPAS Autism Group

VOICE: (253) 565-2266, Mon.-Fri. 1:00 – 4:30
V/TTY: (253) 565-2266 OR 1-800-5PARENT
FAX: (253) 666-8052
E-MAIL: MLehosky@wapave.org or dvandervort@wapave.org
SPONSORING AGENCY: PAVE
Website: http://wapave.org/
Facebook: https://www.facebook.com/washingtonpave/

**SOUTHWEST REGION**

Clark County
BRENDA TYSRELL, Coordinator
MARIANA RANGEL, Spanish Speaking Outreach Coordinator
PO Box 2608
Vancouver, WA  98668

**Program Activities:** Social Gatherings, Support Groups, Newsletter, Lending Library

VOICE: (360) 953-1597
FAX: (360) 759-4021
E-MAIL: brendat@arcofclarkcounty.org, mariar@ccparentcoalition.org
SPONSORING AGENCY: The Arc of Southwest Washington
Website: www.arcswwa.org
Facebook: https://www.facebook.com/Parent-to-Parent-of-SW-Washington-183154595037015/

Cowlitz County
LACEY CAIRNS, Coordinator
906 New York Street
Longview, WA  98632


VOICE: (360) 425-5494
FAX: (360) 577-9137
E-MAIL: laceycarins@lifeeworkswa.org
SPONSORING AGENCY: LifeWorks WA
Website: http://www.lifeeworkswa.org/
Facebook: https://www.facebook.com/groups/1807729746114125/closed group
The Arc of Cowlitz County page: https://www.facebook.com/pg/The-Arc-of-Cowlitz-County-38784154662446/posts/?ref=page_internal

Klickitat County (NEW)
DONNA TIFFAN, Coordinator
9414 NE Fourth Plain Road
Vancouver, WA  98662

**Program Activities:** TBA

VOICE: (971) 236-8791
E-MAIL: KlickitatCountyP2P@gmail.com
SPONSORING AGENCY: Parents Empowered And Communities Enhanced (PEACE); Darla Helt, Executive Director darlah@peacenw.org

Lewis County
SARA PALM-SONS, Coordinator
PO Box 870
203 West Reynolds Avenue
Centrailia, WA  98531

**Program Activities:** Monthly parent support meetings, newsletter, resource & referral service, video & book lending library, Helping Parent Training, educational trainings and family events, Transition support, Sibshops, Community Education

VOICE: (360) 520-9299
FAX: (360) 330-1663
E-MAIL: spalm@reliableenterprises.org
SPONSORING AGENCY: Reliable Enterprises
Website: www.reliableenterprises.org
Facebook: https://www.facebook.com/groups/lewiscountyparent2parent/?fref=ts