CWSHCN Program Mission: To promote integrated systems of care which assure the population of children with special health care needs the opportunity to achieve the healthiest life possible and develop to their full potential.

**CWSHCN Communication Network Purpose:**
Provide for exchange of information among those programs and entities that serve children with special health care needs and their families, and facilitate an opportunity to learn more about statewide policies, programs and issues critical to this unique population.

<table>
<thead>
<tr>
<th>Attendee</th>
<th>Phone Number</th>
<th>Email Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kevin Cornell, Health Care Authority (unable to attend)</td>
<td>360-725-1423</td>
<td><a href="mailto:kevin.cornell@hca.wa.gov">kevin.cornell@hca.wa.gov</a></td>
</tr>
<tr>
<td>Colette Jones, Health Care Authority</td>
<td>360-725-1782</td>
<td><a href="mailto:colette.jones@hca.wa.gov">colette.jones@hca.wa.gov</a></td>
</tr>
<tr>
<td>Cary Robertson, Amerigroup-Washington (unable to attend)</td>
<td>206-695-7081, ext. 54552</td>
<td><a href="mailto:Cary.Robertson@amerigroup.com">Cary.Robertson@amerigroup.com</a></td>
</tr>
<tr>
<td>Melissa Shilipetar, Community Health Plan of Washington</td>
<td>206-613-5086</td>
<td><a href="mailto:melissa.shilipetar@chpw.org">melissa.shilipetar@chpw.org</a></td>
</tr>
<tr>
<td>Elizabeth Allen, Coordinated Care</td>
<td>253-442-1428</td>
<td><a href="mailto:ELALLEN@coordinatedcarehealth.com">ELALLEN@coordinatedcarehealth.com</a></td>
</tr>
<tr>
<td>Sherry Bennatts, Coordinated Care (unable to attend)</td>
<td>253-442-1543</td>
<td><a href="mailto:sbennatts@coordinatedcarehealth.com">sbennatts@coordinatedcarehealth.com</a></td>
</tr>
<tr>
<td>Cathi Sears, Molina Healthcare of Washington</td>
<td>800-869-7175, ext. 147148</td>
<td><a href="mailto:catherine.sears@molinahealthcare.com">catherine.sears@molinahealthcare.com</a></td>
</tr>
<tr>
<td>Nikki Nordstrom, Molina Healthcare of Washington</td>
<td>800-869-7175, ext. 147141</td>
<td><a href="mailto:nikki.nordstrom@molinahealthcare.com">nikki.nordstrom@molinahealthcare.com</a></td>
</tr>
<tr>
<td>Cindy Spain, United Healthcare</td>
<td>206-749-4347</td>
<td><a href="mailto:cindy_i_spain@uhc.com">cindy_i_spain@uhc.com</a></td>
</tr>
<tr>
<td>Jacquie Stock, CCSN at Seattle Children’s</td>
<td>206-987-3729</td>
<td><a href="mailto:jacquie.stock@seattlechildrens.org">jacquie.stock@seattlechildrens.org</a></td>
</tr>
<tr>
<td>Kate Orville, Medical Home Partnerships for CYSHCN</td>
<td>206-685-1279</td>
<td><a href="mailto:orville@uw.edu">orville@uw.edu</a></td>
</tr>
<tr>
<td>Sharon Feucht, University of Washington, Nutrition Program</td>
<td>206-685-1297</td>
<td><a href="mailto:sfeucht@uw.edu">sfeucht@uw.edu</a></td>
</tr>
<tr>
<td>Louis Mendoza, Washington State Fathers Network</td>
<td>425-747-4004, ext. 4286</td>
<td><a href="mailto:louis.mendoza@kindering.org">louis.mendoza@kindering.org</a></td>
</tr>
<tr>
<td>Susan Atkins, Washington State Parent to Parent</td>
<td>1-800-821-5927</td>
<td><a href="mailto:parent2parentwa@gmail.com">parent2parentwa@gmail.com</a></td>
</tr>
<tr>
<td>Jill McCormick, Family to Family Health Information Center</td>
<td>253-565-2266</td>
<td><a href="mailto:jmccormick@wapave.org">jmccormick@wapave.org</a></td>
</tr>
<tr>
<td>Yissel Ortega, Open Doors for Multicultural Families (unable to attend)</td>
<td>206-372-1072</td>
<td><a href="mailto:yisselo@multiculturalfamilies.org">yisselo@multiculturalfamilies.org</a></td>
</tr>
<tr>
<td>Robin Fleming, Office of Superintendent of Public Instruction (unable to attend)</td>
<td>360-725-6050</td>
<td><a href="mailto:robin.fleming@k12.wa.us">robin.fleming@k12.wa.us</a></td>
</tr>
<tr>
<td>Marianne Bastin, Good Samaritan Hospital, Children’s Therapy Unit, Neurodevelopmental Centers Representative</td>
<td>253-697-5200</td>
<td><a href="mailto:marianne.bastin@multicare.org">marianne.bastin@multicare.org</a></td>
</tr>
<tr>
<td>Debi Donelan, DEL, Early Support for Infants and Toddlers (ESIT) (unable to attend)</td>
<td>360-725-4400</td>
<td><a href="mailto:debra.donelan@del.wa.gov">debra.donelan@del.wa.gov</a></td>
</tr>
<tr>
<td>Jamie Bond, DSHS, Developmental Disabilities Administration (unable to attend)</td>
<td>360-725-3466</td>
<td><a href="mailto:jamie.bond@dshs.wa.gov">jamie.bond@dshs.wa.gov</a></td>
</tr>
<tr>
<td>Adam Clarno, DSHS, Fostering Well-Being</td>
<td>360-725-9593</td>
<td><a href="mailto:adam.clarno@dshs.wa.gov">adam.clarno@dshs.wa.gov</a></td>
</tr>
<tr>
<td>Hilarie Hauptman, DSHS, Kinship and Family Caregiver Program (unable to attend)</td>
<td>360-725-2556</td>
<td><a href="mailto:hilarie.hauptman@dshs.wa.gov">hilarie.hauptman@dshs.wa.gov</a></td>
</tr>
<tr>
<td>Linda Porter, Lifespan Respite Washington</td>
<td>425-740-3788</td>
<td><a href="mailto:lporter@sssc.org">lporter@sssc.org</a></td>
</tr>
<tr>
<td>Jen St. Cyr, WithinReach</td>
<td>206-830-5173</td>
<td><a href="mailto:jennifers@withinreachwa.gov">jennifers@withinreachwa.gov</a></td>
</tr>
<tr>
<td>Liv Woodstrom, THRIVE Washington (unable to attend)</td>
<td>206-621-5571</td>
<td><a href="mailto:liv@thrivewa.org">liv@thrivewa.org</a></td>
</tr>
<tr>
<td>Corey Snelson, DOH/Screening and Genetics Unit</td>
<td>253-395-6742</td>
<td><a href="mailto:Corey.snelson@doh.wa.gov">Corey.snelson@doh.wa.gov</a></td>
</tr>
<tr>
<td>Judy Ward, Northwest CSHCN Region Representative</td>
<td>425-339-8686</td>
<td><a href="mailto:jward@snohd.org">jward@snohd.org</a></td>
</tr>
<tr>
<td>Andrea (Ryker) Sander, Southwest CSHCN Region Representative</td>
<td>253-798-4576</td>
<td><a href="mailto:asander@tpchd.org">asander@tpchd.org</a></td>
</tr>
<tr>
<td>Carol McCormick, Central CSHCN Region Representative</td>
<td>509-886-6423</td>
<td><a href="mailto:Carol.McCormick@cdhd.wa.gov">Carol.McCormick@cdhd.wa.gov</a></td>
</tr>
<tr>
<td>Jan Steinbach, East CSHCN Region Rotating Representative</td>
<td>509-447-3131</td>
<td><a href="mailto:jsteinbach@etchd.org">jsteinbach@etchd.org</a></td>
</tr>
<tr>
<td>Maria Nardella, Healthy Starts &amp; Transitions Unit</td>
<td>360-236-3573</td>
<td><a href="mailto:maria.nardella@doh.wa.gov">maria.nardella@doh.wa.gov</a></td>
</tr>
<tr>
<td>Christy Polking, Healthy Starts &amp; Transitions Unit</td>
<td>360-236-3571</td>
<td><a href="mailto:christy.polking@doh.wa.gov">christy.polking@doh.wa.gov</a></td>
</tr>
<tr>
<td>Meredith Pyle, Healthy Starts &amp; Transitions Unit</td>
<td>360-236-3536</td>
<td><a href="mailto:meredith.pyle@doh.wa.gov">meredith.pyle@doh.wa.gov</a></td>
</tr>
<tr>
<td>Ellen Silverman, Healthy Starts &amp; Transitions Unit</td>
<td>360-236-3580</td>
<td><a href="mailto:ellen.silverman@doh.wa.gov">ellen.silverman@doh.wa.gov</a></td>
</tr>
<tr>
<td>Michelle Hoffman, Healthy Starts &amp; Transitions Unit</td>
<td>360-236-3504</td>
<td><a href="mailto:michelle.hoffman@doh.wa.gov">michelle.hoffman@doh.wa.gov</a></td>
</tr>
<tr>
<td>Allison Chee, Healthy Starts &amp; Transitions Unit</td>
<td>360-236-3526</td>
<td><a href="mailto:allison.chee@doh.wa.gov">allison.chee@doh.wa.gov</a></td>
</tr>
<tr>
<td>Joan Zerzan, Healthy Starts &amp; Transitions Unit</td>
<td>360-236-3561</td>
<td><a href="mailto:joan.zerzan@doh.wa.gov">joan.zerzan@doh.wa.gov</a></td>
</tr>
<tr>
<td>Chris Zipperer, DOH, Office of Healthy Communities (unable to attend)</td>
<td>360-236-3614</td>
<td><a href="mailto:chris.zipperer@doh.wa.gov">chris.zipperer@doh.wa.gov</a></td>
</tr>
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</table>
Communication Network Meeting Minutes  
April 14, 2016

### Guests:

<table>
<thead>
<tr>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Katharine Besch, Public Health – Seattle &amp; King County</td>
<td><a href="mailto:katharine.besch@kingcounty.gov">katharine.besch@kingcounty.gov</a></td>
</tr>
<tr>
<td>Maryam Jafari, CCSN at Seattle Children's</td>
<td><a href="mailto:maryam.jafari@seattlechildrens.org">maryam.jafari@seattlechildrens.org</a></td>
</tr>
<tr>
<td>Christine Stalie, HST, Child Health and Development</td>
<td><a href="mailto:christine.stalie@doh.wa.gov">christine.stalie@doh.wa.gov</a></td>
</tr>
<tr>
<td>Shanne Montague, HST, Child Health and Development</td>
<td><a href="mailto:shanne.montague@doh.wa.gov">shanne.montague@doh.wa.gov</a></td>
</tr>
<tr>
<td>Erin Stuart, Parent Representative, Oak Harbor, WA</td>
<td><a href="mailto:thecoloradostuarts@yahoo.com">thecoloradostuarts@yahoo.com</a></td>
</tr>
<tr>
<td>Threasa King, Parent Representative, Wapato, WA</td>
<td><a href="mailto:photognix@aol.com">photognix@aol.com</a></td>
</tr>
<tr>
<td>Darren King, Parent Representative, Wapato, WA</td>
<td><a href="mailto:ddsquince@aol.com">ddsquince@aol.com</a></td>
</tr>
</tbody>
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### Children with Special Health Care Needs (CSHCN) Program Update

Maria Nardella  
www.doh.wa.gov/YouandYourFamily/InfantsChildrenandTeens/HealthandSafety/ChildrenwithSpecialHealthCareNeeds.aspx

### CSHCN Program Updates
**Staff Updates: Healthy Starts & Transitions** (See Attachment #1 for PowerPoint presentation.)
- Early Childhood Comprehensive Systems (ECCS)

### State DOH Budget Update

DOH had some successes this year in the 2016 Legislative session. Programs or activities receiving new state funds included:
- **Down Syndrome Resources** (DOH is directed to create written resources relating to Down syndrome and provide them to certain health care professions and facilities that must make them available to parents to whom they provide a pre- or post-natal Down syndrome diagnosis.)
- **Public Health Reporting for Schools on Immunizations**
- **Maternal Mortality Review**
- **Epinephrine Autoinjectors**
- **Suicide Awareness and Prevention Education**
- **Regulation, Enforcement, Education and Intervention Strategies, and Licensing of Vapor Products**

Now, we will begin planning for the 2017-19 Biennium Budget and 2017 Legislative Session. As always with a looming state budget deficit, programs funded with state dollars will have to justify their ongoing funding. For CSHCN, this will include the NDCs and Maxillofacial Programs.

### AMCHP Conference in Washington DC, April 6-10, 2016

- Hill Visits were completed with six WA legislators
- Presentations are available for viewing at ampchp.org
- Remember to check out the National Technical Assistance Centers to enhance your work and resources:
  - Medical Home Implementation (AAP) [www.medicalhomeinfo.org](http://www.medicalhomeinfo.org)
  - National Center for Care Coordination Technical Assistance (NCCCTA) [https://medicalhomeinfo.aap.org/tools-resources/Pages/Care-Coordination.aspx](https://medicalhomeinfo.aap.org/tools-resources/Pages/Care-Coordination.aspx)
  - Catalyst Center (Adequate Insurance) [www.catalystctr.org](http://www.catalystctr.org)
  - Got Transition [www.info@GotTransition.org](http://www.info@GotTransition.org)
  - Family Voices [www.familyvoices.org](http://www.familyvoices.org)
  - Birth Defects & Developmental Disabilities [www.cdc.gov/ncbddd](http://www.cdc.gov/ncbddd)

### Upcoming New Grant Renewals/Opportunities

1. ECCS (See Attachment 2 for fact sheet.)
2. New grant application for Autism Spectrum Disorders & other Developmental Disabilities = "AS3D"

### Transforming Clinical Practice Initiative (TCPI)

Jackie McPhee from Children’s Village and Maria Nardella from DOH will be leading a Practice Transformation Team renamed the Medical Home Neighborhood Team. This is a national concept to expand the Patient-Centered Medical Home to include the entire care continuum and constellation of multi-specialty clinicians providing services to children, along with community services, social services, and state and local public health agencies, to be known as the Medical Neighborhood. The team is very much still in the formative stages.
Essentials for Childhood (EfC)
The vision of Essentials for Childhood is, "All children in Washington State thrive in safe, stable, and nurturing relationships and environments." Our commitment for Essentials for Childhood in Washington is that by 2025 there are measurable and significant improvements in children’s health, development and education outcomes and that equity gaps are eliminated.

The Essentials for Childhood Steering Committee provides strategic leadership and is championing this vision. Three workgroups are moving forward with strategies to support this vision.

- **Community and Stakeholder Education and Action workgroup** is partnering with communities to host community events focused on developing culturally appropriate messages on safe, stable, nurturing relationships for children and families. The activities are being funded by both public and private partners. They will leverage community wisdom and see how they can build on those lessons and work with more communities in the future.

- **The Innovative New Policy and Financing workgroup** is exploring three target areas:
  - Standardizing certification for school personnel on "trauma informed" response to students.
  - Opportunities to partner with projects that are part of the Section 1115 Medicaid waiver via the Health Care Authority.
  - Keeping kids out of foster care and supporting TANF families by connecting them to resources.

The Systems, Services and Implementation workgroup is planning its work.

For more information about EfC, please contact Marilyn Gisser at 360-236-3503 or marilyn.gisser@doh.wa.gov or see our website [www.essentialsforchildhood.org](http://www.essentialsforchildhood.org).

Great LINCS (Links to Integrate and Coordinate Care) for CYSHCN Grant
Great LINCS has been working with WithinReach to begin collecting data on if CYSHCN users receive the services they were looking for, when contacting or using the shared resource. Great LINCS has also been working with ESIT to create a policy around connecting ESIT families back to medical homes. We are currently on our third draft and have been collecting feedback from our partners. Great LINCS is also working with the Maxillofacial review boards to begin a QI project around their existing shared plans of care. Great LINCS also continues to support Great MINDS trainings with other collaborating DOH units and WCAAP.

For more information, please contact Allison Chee at 360-236-3526 or allison.chee@doh.wa.gov.

Great MINDS Grant Updates
Great MINDS has completed a total of 5 trainings and Edna Maddalena at WCAAP is working on connecting with communities to schedule more. There is money available through the Community Healthcare Improvement and Linkages Unit and the Office of Rural Health to extend Great MINDS trainings into a second contract year.

For more information, please contact Allison Chee at 360-236-3526 or allison.chee@doh.wa.gov.

Project LAUNCH Expansion
Project LAUNCH it currently under way; the local grantee has met with each Early Learning Regional Coalition (ELRC) in each LAUNCH community. Each community is evaluating where the work of Project LAUNCH will be held (ex. A certain workgroup that has focus is around early learning child care settings) for each ELRC. Once each ELRC as a work group ready to go, decisions will be made as to which partner is best suited to do the work in each community (i.e. training for ASQ-3/ASQ –SE). The grantee continues to build relationships with community partners, as well as, training organizations that will help us provide a ‘Train the Trainer’s’ and training around endorsement pathways for Infant Mental Health. The Expansion Plan has been submitted to the Feds, waiting on feedback. Implementation is set to begin in June 2016. At the state level we are diligently developing an evaluation plan, which a draft will be shared at the next Project LAUNCH Expansion Overnight Council meeting.

For more information, please contact Sherry Trout at 360-236-3523 or sherrylynn.trout@doh.wa.gov

Washington Autism Advisory Council (WAAC)
Minutes, presentations, handouts and other materials from the March 4, 2016 Washington Autism Advisory Council (WAAC) meeting are now available online at [www.medicalhome.org](http://www.medicalhome.org).

For more information about the WAAC, please contact Ellen Silverman at 360-236-3580 or ellen.silverman@doh.wa.gov.
Universal Developmental Screening (UDS)
Help Me Grow Washington Partnership (HMG-WA-P) continues to move forward to advance our goal that all children have access to screening and responsive services as needed. I have gathered a few highlights that show the movement and some of the different pieces of work going on.

- The new Focus and Momentum Team (steering) member is welcomed and added to the group—Saadia Hamid from the Seattle Housing Authority.
- An adhoc group from the Provider Education & Training group met recently with a Harborview group of physicians, community partners, and staff to look at developmental screening with their very culturally diverse community. This will include cultural competency in the tools we use for different communities.
- King County is adopting the Help Me Grow model for the Best Starts developmental screening initiative and there may be an opportunity to leverage each other’s work.
- UDS Data System Update shows that a solicitation to find a business analyst who can develop the approach, system specifications and cost estimates has just been published.
- The Washington Early Learning Partnership (WELP) strategy 6 is setting targets in support of HMG-WA-P. HMG is looking at ways to connect the DEL 90% of students fully K-ready by 2020.
- Talks are happening with Thrive and focus on engaging early learning regional coalitions. Several of those coalitions will be engaged with the new LAUNCH Impact grant and more with the new ECCS grant when we receive it.

For more information, please contact Carol (Miller) Dean at 360-236-3572 or carol.dean@doh.wa.gov.

Systems of Care (SOC) Mental Health Integration Grant/WA State Mental Health System Change
What is a FYSPRT and why would I be interested? FYSPRT is the acronym for Family Youth Systems Partners Roundtable—a mouthful to be sure but the concept is perfect—a gathering of families and youth from across the state—who have all been through the system— with the systems of mental health, public health, behavioral health organizations, juvenile justice, schools, foster care, Medicaid, tribes, Disability Rights, the governor’s office and family organizations—they picture a youth/child in the center and they all come together to integrate work and collaborate on projects so that they work well smoothly and are accessed more easily. This FYSPRT that I speak of is the one at the state level but there is now a network of FYSPRT’s formed and forming regionally and locally so that anyone interested in having a voice and say in how mental health services are developed and provided are welcome at that roundtable discussion. There are now 10 Regional FYSPRTs and to find out more about them you can see Attachment 3 for a contact list or go to the following website https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/family-youth-and-system-partner-roundtables-fysprts for more information.

We are coming up on the last 6 months of the Systems of Care grant and I know that the impact and system changes which have been made across the state will be sustained by DBHR (Behavioral Health) as we move forward. The work is not complete but will continue because the structure and processes of how someone receives mental health services in Washington has changed and will continue in local regional development of services and voice.

For more information, please contact Carol (Miller) Dean at 360-236-3572 or carol.dean@doh.wa.gov.

Healthy Communities Consolidated Contracts Updates
DOH completed five Maternal and Child Health Block Grant (MCHBG) Workgroup webinars and is compiling all of the feedback and information collected to inform planning for next year. Thanks to all who participated. A final webinar regarding evaluation of efforts supported by the MCHBG is scheduled for April 14th. Revised action plan guidance and templates will be distributed before the topical call scheduled for July 7th. The remaining MCHBG Topical Calls occur on the following dates and all will start at 9am:

May 5: Universal Developmental Screening – Leslie Carroll, Ellen Silverman and Maria Nardella
June 2: DOH MCHBG 5 year plan and Supporting projects – Kathy Chapman and others
July 7: October 2016- September 2017 work plan – Kathryn Akeah

Watch the MCHBG bi-weekly for information on how to join each topical call.

For more information, please contact Chris Zipperer at 360-236-3614 or chris.zipperer@doh.wa.gov.
WA DOH Emergency Preparedness Program had carry-over funds from a CDC grant which were provided to CSHCN Program. DOH contracted with Seattle Children’s to review Emergency Preparedness plans to determine if there were special considerations for children with special health care needs and their families.

Some resources were provided.

FEMA
https://www.disasterassistance.gov/information/disabilities-access-and-functional-needs


On April 1, the Health Care Authority will launch several changes to the state’s Apple Health (Medicaid) program, which covers nearly 2 million Washington residents.

“Tomorrow marks the launch of a new and improved approach to provide services to our Apple Health clients,” said HCA State Medicaid Director MaryAnne Lindeblad. "We are moving in a new direction, one that assures our clients have access to health care that focuses on the whole person, integrated care, and a system that better supports the health and well-being of our clients."

The improvements include:

**Physical and behavioral health services integrated in Clark and Skamania counties, our “early adopter” region.** Apple Health clients in Clark and Skamania counties will choose one plan that can meet all of their physical and behavioral health needs. All other areas of the state will be required to fully integrate by 2020, using the Regional Service Areas created for Medicaid purchasing.

Currently, Apple Health clients with mental health and substance abuse needs must navigate three separate systems to access the services they need to get and stay healthy. The physical health, mental health, and substance use disorder delivery systems cannot easily communicate with each other about shared clients’ care, which leads to duplication of services, gaps in care, and, at times, a frustrating experience for both clients and the providers who serve them.

Whole-person care will be delivered through managed care plans responsible for ensuring physical and behavioral health services are well-coordinated. By combining the funding sources for all services and holding one organization (the managed care plan) accountable for delivering high-quality, whole-person care, incentives are better aligned to ensure effective delivery of services, improved quality of care, and interdisciplinary care teams that can more easily support clients in getting the care they need.

**Children in foster care and adoption support moving to managed care.** Apple Health foster care clients will move into a managed care plan that will provide more seamless care coordination. Implemented as a result of House Bill 1879, HCA will be auto-enrolling children and youth in foster care into a managed health care plan.

The new plan will be administered under contract with Coordinated Care of Washington. The following individuals will be automatically enrolled:
- Children and youth in foster care.
- Children and youth in adoption support.
Communication Network Meeting Minutes  
April 14, 2016

- Young adults in extended foster care (18- to 21-year-olds).
- Young adults ages 18 to 26 who aged out of foster care on or after their 18th birthday.

Moving to managed care will provide a more collaborative approach to care for these children, youth, and young adults. Contracted providers will have the technology to securely access and share the client’s medical information, avoiding duplication of services. And clients can look forward to smoother health care transitions as children and youth move from home to foster care, and between placements, or other institutional settings.

Same-day enrollment. Apple Health clients will be enrolled in a managed care plan the same month that they are determined eligible as a new or renewing client. This means clients no longer have to be placed temporarily in a fee-for-service system while they are waiting to be enrolled or reconnected to a managed care plan.

For more information:
- Learn more about Apple Health. (http://www.hca.wa.gov/medicaid/Pages/index.aspx)
- Learn more about physical and behavioral health integration. (http://www.hca.wa.gov/hw/Pages/integrated_purchasing.aspx)

---

Health Plans  
Amerigroup-Washington  
Cary Robertson  
www.amerigroupcorp.com  
[Coverage Area Includes: All Counties except Adams, Chelan, Clallam, Clark, Cowlitz, Douglas, Ferry, Grant, Kittitas, Lincoln, Okanogan, Skamania, and Wahkiakum]

Cary Robertson was unable to attend nor provided recent updates.

Health Plans  
Community Health Plan of Washington (CHPW)  
Melissa Shilipetar  
www.chpw.org  
[Coverage Area Includes All Counties except Clallam, Columbia, Garfield, Jefferson, Klickitat, Lincoln, Mason, Skamania, and Whitman]

Things working well; working on transitions to Coordinated Care for children in foster care.

Health Plans  
Coordinated Care  
Elizabeth Allen and Sherry Bennatts  
www.coordinatedcarehealth.com  
[Coverage Area Includes: All Counties except Clallam, Ferry, Kittitas, and Pend Oreille]

- Coordinated Care CSHCN Pediatric Team has been focusing on National Infant Immunization Week (April 16, 2016 thru April 23, 2016)
- The requirements for lead testing for Medicaid enrollees changes effective April 1, 2016. Kindergarten care gap POM calls in May 2016.
- Our CCW Foster children have transitioned to the new Foster Core Connections Program. We are collaborating and coordinating our Care Management approaches specific to Foster member needs.
- Contact Sherry if questions about vaccines and lead screening.
Health Plans
Molina Healthcare of Washington
Nikki Nordstrom
www.molinahealthcare.com

[Coverage Area Includes All Counties except Island, Jefferson, Klickitat, Skamania, and Wahkiakum]

No updates at this time.

Health Plans
UnitedHealthcare
Cindy Spain
www.uhc.com

[Coverage Area Includes: All Counties except Clallam, Cowlitz, Garfield, Pend Oreille, San Juan, Skagit, and Whatcom]

Cindy reported the following activities:

- Child health vaccination health improvement plan
- Child well visits
- Working on HEDIS measures
- New enrollment process challenging with same day enrollment
- All members in Foster carefully transitioned carefully to Coordinated Care

The Center for Children with Special Needs (CCSN) at Seattle Children’s
Jacquie Stock
www.cshcn.org

Duncan Seminar—“The Heart of the Matter” Congenital Cardiac Conditions and Child Development”, April 15, 2016 at Seattle Children’s Wright Auditorium.

Family Leadership Network—Center team working with statewide partners together to plan for how a statewide network of family leaders may be built and sustained.

Just Released: 2016 Summer Camp Directory for Children with Special Health Care Needs
From the Center for Children with Special Needs
Spring is just around the corner and it’s time to start thinking about summer camps. Some fill up fast! Our Summer Camp Directory is now updated for 2016 camps. The guide is available on our website at www.cshcn.org. Please share with other parents and professionals.

Contact Maryam Jafari at Maryam.jafari@seattlechildrens.org or 206-987-3736 for any questions.

Medical Home Partnerships Project for CYSHCN and Their Families
Kate Orville
www.medicalhome.org

Universal Developmental Screening
- Harborview Developmental Screening Pilot We initially met Dr. Abby Grant, Harborview Pediatrics pediatrician at the fall PCP Autism Conference. Dr. Grant and her colleagues are interested in improving the “medicalhomeness”, starting with how they screen for developmental delays. We helped organize a meeting with Dr. Grant, 3 other pediatricians at the Clinic, a Somali patient navigator and social worker, and a King County Early Intervention Program Manager, Dr. Julie Kientz UW Researcher and developer of BabySteps text messaging, DOH and MHPP staff. The Clinic decided to focus on pilot developmental screening for their Somali population using the public domain tool Survey of Well-Being of Young Children (SWYC). Ginger Kwan and Open Doors for Multicultural families is now
also involved. [http://disabilitymeasures.org/swyc/](http://disabilitymeasures.org/swyc/) We are continuing to support the clinic and Kathy TeKolste has been helping the clinic identify grants and UW research support for their efforts.

- Kathy updated the State Initiatives page on UDS this quarter to reflect developments in the state over the past couple of years [http://medicalhome.org/stateinitiatives/developmental-screening/](http://medicalhome.org/stateinitiatives/developmental-screening/)

### Great MINDs Developmental Screening in Practices Trainings

- Kate has been helping Edna Maddalena, Great MINDS training coordinator, identify and connect with potential new communities for training, including counties on the Peninsula and Eastern WA.

### Community Asset Mapping (CAM)/Medical Home Leadership Network Teams

- Thank you to the many CAM coalition coordinators who provided information and reviewed articles in our March CAM E-update! Lots of improved services and access for vulnerable children across Washington! [http://medicalhome.org/stateinitiatives/community-asset-mapping/#newalliances](http://medicalhome.org/stateinitiatives/community-asset-mapping/#newalliances)

- Amy and Kate are working with Susan Atkins, State Parent to Parent Coordinator to help her organize and facilitate a community resources meeting with Olympic Peninsula Communities to identify priorities and resources to better support local families and children. The May 9th meeting will take place before the all-Peninsula ICC meeting. Invited guests include Parent to Parent Coordinators and other family support groups, public health CSHCN coordinators, FRCs, DD Coordinators and others. Jill McCormick, PAVE.

- Kate and Amy met with staff from First Five Fundamentals in Pierce County Feb 24th to learn more about their collective impact activities for young children in the county and continue exploring how CAM strategies could be incorporated into the work.


- Amy and Kate are briefing the American Academy of Pediatrics Family Partnerships Network on April 15 on CAM and how to use this strategy as a tool to engage communities and pediatricians and AAP committees to work together.

### Medical Home Transformation Grant

- Kathy and Kate are participating in the WCAAP Health Care Transformation subcommittee. Kathy continues to participate in the WCAAP Early Childhood Subcommittee as well.

### DOH Grants

- Kathy helped with discussions planning the new ECCS grant; Kathy, Kate and Amy are helping with planning the new Autism grant.

- Kate and Amy participated in the April 1 Statewide Parent Leadership Network led by DOH and a New Jersey parent leader through an AMCHP grant.

### Autism

- We participated in the planning for the March 4th WAAC meeting and Kate helped secure speakers for the postsecondary panel. Amy participated in the meeting and posted materials for WAAC on the medical home website: [http://medicalhome.org/stateinitiatives/autism-systems-work/march-4-2016-waac-meeting/](http://medicalhome.org/stateinitiatives/autism-systems-work/march-4-2016-waac-meeting/)

### Child Health Note:

- We are finalizing review of a Child Health Note on postpartum depression which will be posted in April [http://medicalhome.org/stateinitiatives/child-health-notes/](http://medicalhome.org/stateinitiatives/child-health-notes/)

### Conferences/Resources:

- Amy attended the regional telehealth conference in March. The NRTRC website includes helpful resources such as WA Telemed reimbursement and laws [https://www.nrtrc.org/telehealth-article-37](https://www.nrtrc.org/telehealth-article-37), multipart “Telemental Health Toolkit” aimed at helping care providers prepare for using telehealth videoconferencing. [https://www.nrtrc.org/education-article-62](https://www.nrtrc.org/education-article-62)

- There are many resources available for health care providers, public health, early intervention and other interested groups.
  - [Northwest Regional Telehealth Resource Center (NRTRC)](https://www.nrtrc.org/) NRTRC provides technical assistance, program support, education and information to Telehealth Networks in our seven-state region. Our staff members have strong backgrounds in multiple aspects of Telehealth and access to a wide range of Telehealth experts throughout the United States. Our primary mission is to increase the use of Telehealth service throughout the region, especially to underserved populations. To achieve that goal, we provide no-cost assistance to Telehealth providers. As one of 14 Telehealth Resource Centers in the United States, NRTRC has access to leaders in the industry on a wide range of topics and can help your program grow. Don’t hesitate to contact us for assistance, information or encouragement.
The Nutrition Training contract between the CSHCN Program, DOH, and CHDD-UW, provides training and technical assistance to registered dietitian nutritionists (RDNs) that are part of the CSHCN Nutrition Network, and to Community Feeding Teams, as well as projects related to improving nutrition through medical nutrition therapy and addressing issues related to cost of and reimbursement for nutrition and feeding team services.

Nutrition Network (NN) Training and Development
1. Nutrition Network Meeting, April 25, 2016 – Topics include blenderized tube feedings, food allergy update related to LEAP study about peanut desensitization, update on Autism Spectrum Disorder and reports from state agencies.
2. University of Alabama Hot Topics in Pediatric Nutrition – This web-based continuing education program for pediatric registered dietitians nutritionists (RDNs) will be offered to members of the Nutrition Network mid-April to May 31, 2016. We are collaborating with the WA Pediatric Nutrition Practice Group to fund this offering. Topics include: Is Breast Always Best? Lipid Metabolism, Patients with a Diagnosis of Malnutrition, and Gluten-Free Diet.

WA Community Feeding Teams
1. Feeding Team Meeting, April 26, 2016 – Topics include dysphagia in the pediatric patient – evaluation and interventions, food thickeners and composition, understanding reimbursement for nutrition/nutrition products in WA state, food chaining and case studies.
2. Supporting Infant Feeding & Nutrition from Hospital to Home – Plans for a key informant gathering on June 10, 2016 are underway. At this time we have identified 15 individuals including parents, a NICU physician, pediatricians, public health nurses, feeding therapists, RDNs, and ESIT folks that will be participating.

Other
Consultation with nutrition contract in Spokane as they plan for their program in June 2016.

Questions? Contact Sharon Feucht (sfeucht@uw.edu) or 206-685-1279, or Mari Mazon (lilmaro@uw.edu).

Washington State Fathers Network (WSFN)
Louis Mendoza
www.fathersnetwork.org

- In an effort to stretch our social media legs, a closed Facebook group, Kindering Dads, was created for dads whose children are currently or have in the past received services from Kindering Center. It is intended as a place where these dads can share information, resources and discuss issues of common interest.
- At the Network’s June campout in Anacortes, staff from the Highline Community Center will be in attendance. The center is a Bellevue Parks and Recreation facility with a focus on adaptive recreational activities. They will be on hand to describe and discuss available adaptive recreation options, answer questions and concerns, discuss things to consider when planning activities and other resources to check into (e.g. Outdoors for All). They will also seek input from the campout participants in order to enhance their program.
- A date has been set, May 15th, for professional photographer Carol Hook to take photos of dads and their children. Reservations are required and 2 dads will be scheduled every 15 minutes between 9:00 am and 1:00 pm.
- A focus group of dads was held to give feedback to the Arc of King County on how to make their Helping Parent training more appealing to men. A revised training is being developed and will be presented on June 4th and 11th.
- Four WA organizations that work with dads who have children with special needs, the Fathers Network, D.A.D.S., Dads Move and WA Dads, are beginning to work together to find ways to collaborate in order to better serve dads. Efforts so far include creating a joint calendar of meetings and events, publicizing each other’s activities and referring
individual dads to the other organizations. The leaders of the four groups will meet in May to discuss further opportunities to work together.

- A visit was made to the staff of the Exceptional Family Member Program at Joint Base Lewis McChord. Based on our conversation they will have a focus on dads during the month of June, including allowing me to post an article in their newsletter and having me call into their monthly discussion to talk about WA dads organizations.
- We are close to completion of our updated video showing dads and their children with special needs. Over 50 photos were submitted and additional video footage was taken of one family.
- I was fortunate to be part of the group involved in the Technical Assistance Family Leadership Project. This included traveling to New Jersey to study the work being done by SPAN (Statewide Parent Advocacy Network) and taking part in a one day meeting of community partners to discuss development of a more robust statewide system to connect parents to leadership opportunities across the state.
- I took my first stab at publishing the Fathers Network Newsletter.
- Work continues on developing a YMCA pilot program in the Bellevue area to provide respite opportunities for parents.

**Washington State Parent-to-Parent (P2P)**

Susan Atkins

[www.arcw.org](http://www.arcw.org)

"There’s a popular story among parents raising children with special needs. It’s called Welcome to Holland. In Welcome to Holland, author Emily Perl Kingsley writes about the very typical “dreams” an expectant mother and father have for their child. They compare these “dreams” to taking a trip to Italy-a place all new parents plan to go. But when a parent learns their child may have special needs, Italy is no longer the plan; it’s no longer the destination. Kingsley describes a different journey-one she herself is on-raising her son with Down syndrome. The journey has taken her and other parents raising children with special needs to Holland. Like Italy, Holland is a beautiful place- but an unexpected destination!

I too learned about a “change in plans” when my son Andy was born. I have adjusted to life in Holland and have learned so much throughout the journey. But as I think about it, I realize there might be a more fitting description for where we spend our days. Holland seems serene, peaceful. When Andy was diagnosed with Autism, our lives were anything but serene and peaceful. Sleepless nights, wild tantrums and marathon meltdowns, food phobias, restrictive and repetitive behaviors, invisible “triggers”, and daily sensory overload. I think our lives more closely resembled Las Vegas! see rest of her blog on our website front page, [www.arcw.org](http://www.arcw.org).” Tracie Hoppis, mother of Andy with Autism and Yakima Children’s Village and Parent to Parent programs.

We are working on:

1. Grants to counties to provide training to parents-funded by Family to Family Information Center/Jill McCormick
2. Project LAUNCH 2-strengthen parent competencies, parent involvement and support in Thurston/Mason working with military families; in Chelan/Douglas and Tri Cities working with families that speak Spanish.
3. Great LINCs- have connected the Interpreter Services non-profit with some of our Ethnic Outreach specialists, so they can provide information to help with recruitment and training of interpreters to help families in social and health agencies and public schools.
4. Coordinating with Seattle Children’s staff to plan leadership development trainings.
5. Working with the Family Engagement Coordinator, Father’s Network, Seattle Children’s, WithinReach and Mental Health staff to develop training and a cadre of trained parent leaders and find a way to match them with opportunities and also to keep track of them. Spent 3 days in New Jersey with the SPAN organization to learn more ways to do this, especially with families who are immigrant or English second language. Also, had AMCHP come out and facilitate a gathering of parent leaders and professionals interested in parent leadership to talk about establishing a steering committee to work on this effort here.
6. Other work: Autism grant discussion; review Genetics videos; working with Medical Home and CAM in the Olympic Peninsula to help increase services and supports there as well as ACES and developmental screening efforts; Coordinator training webinar on new IFS waiver services-peer mentoring, community engagement, person centered planning and respite care that could include social and recreational opportunities. Community of Practice (DDC and ARC) meetings in Whatcom, King, Vancouver, Yakima and Spokane in May.
7. And for our biggest news and accomplishment- we were able to get Parent to Parent Programs in state statute with a little bit of funding this year to “enhance Parent to Parent programs across the state”, with the idea of additional funding next year for enhancement and establishment of new Programs for every county in the state. Also worked on ABLE ACT; and Down Syndrome Information Act in Health.

Susan also shared *Charting the Life Course, Integrated Services and Supports*, which includes an overview and process for applying for DSHS-DDA waiver services. (See Attachment #4.)
Family to Family Health Information Center (F2FHIC)
Jill McCormick
www.familyvoicesofwashington.com

Overview:
The work for F2F this quarter centered around continuing to partner with Parent to Parent, DadsMOVE, and Jeanette Barnes to provide events and trainings for families in Spokane, Whatcom, Clark, Grays Harbor, Pierce, Chelan/Douglas and Walla Walla counties. Here are some of the other activities that Family to Family has worked on.

Activities:
• PCORI grant the Patient Centered Outcome Research Institute grant that includes Family Voices from Idaho and New Mexico as partners and Washington is working with the Muckleshoot Tribe and Sea Mar in this project. We were also part of a panel at the national level with Open Doors to share outreach into vulnerable communities.
• Third year as a Community Outreach Collaborative with the National Disability Navigator Resource Collaborative with the American Association on Health and Disability, this is a mini grant to provide information around the state about the resources they provide around healthcare navigation and disability needs. The web address is http://www.nationaldisabilitynavigator.org/about/.
• Participation in the Statewide Family Youth System Partner Round Table (FYSRPT) committee and the Washington State Community Connectors (WSCC) as these groups work on improving family and youth voice in our states mental health systems.
• Participation in Open Doors advisory committee for their new grant on Transition to outreach to English as a second language families.
• Working with the Duncan Seminar workgroup and the parent panel for the April 15th.
• Work on the Emergency Preparedness committee and the LAUNCH II steering committee.
• Participation in resource fairs along the I5 corridor. I participate in resource fairs around the state so if your program has information you would like me to put out please let me know and I will request it.

Open Doors for Multicultural Families
Yissel Ortega
www.multiculturalfamilies.org

Yissel Ortega was unable to attend nor provided recent updates.

Office of Superintendent of Public Instruction (OSPI)
Robin Fleming
Program Supervisor for Coordinated School Health
healthyschools.ospi.k12.wa.us/waschool/

Robin Fleming was unable to attend nor provided recent updates.

Neurodevelopmental Centers (NDCs) Update
Marianne Bastin, Good Samaritan Hospital, Children’s Therapy Unit

Kindering Update
We're pleased to announce the 2016 Allegro Pediatrics– Kindering Speaker Series. All of these talks are from 6:30 to 8:30 p.m., on the Wednesday evening indicated at the Kindering location listed beside the date. Check our website www.kindering.org for more information. Come as early as 6pm for mingling and light refreshments.

Please RSVP to Colleen Willis at Colleen.Willis@kindering.org or leave a message at 425-289-7527 so we can ensure space is available. Childcare is not available for the speaker series.

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May 25, 2016 - location: BOTHELL  
Feeding a Toddler: Parent Tested & Pediatrician Approved- Tips for frustrated parents  
Dr. Richard Keeler, Allegro Pediatrics  
What foods are appropriate for a toddler? Why won’t my toddler eat? Should I purchase organic foods? Does my toddler need a vitamin or supplement? Figuring out what foods are right for a toddler can be confusing. Actually getting them to eat those foods can be even more problematic. In this talk, we will cover which foods are ideal for toddlers, how to get them to eat that food and how to keep them safe at the dinner table.

June 29, 2016 – location: BELLEVUE  
Building Appropriate Self Esteem in your Child  
Lois Ralph, MPH Kindering Parent Education Coordinator  
Children with a healthy self-esteem have a greater chance to develop into positive confident adults. This class provided by Kindering’s Parent Educator, is designed to support and strengthen parents in the area of developing self-esteem and learning to accept their child for who they are.

See our newsletter and website www.kindering.org for more information about Fathers Network, Mother’s Circle, Sibshops, Unexpected Journey and Parent Education Classes. (See Attachment #5.)

Mary Bridge and Children’s Therapy Unit
- We are hiring additional PT, OT, and Speech staff. Wait lists continue to be long (100-300) and we are running out of physical space. We will be looking at additional clinic locations for the future.
- We have launched a pilot using the WeeFIM, a benchmarked outcome measure for children. We expect to have results to share in 6 months.
- The single point of access change has gone well and families like having only one number to call for scheduling.
- We continue to work on access to services and tracking times from referral to first appointment. In March 69% of patients received a first appointment within 30 days. The first appointment is usually an evaluation appointment.
- Parent surveys indicate families like our Treatment Pathways. The process is very clear and parents report feeling more included in decision making.
- Treatment Pathways have also improved the patient’s ability to access services. In the first quarter this year we saw 350 more patients than in the first quarter of last year.

Spokane Guild School  
Please see the most recent Visions newsletter at http://www.guildschool.org

Department of Early Learning  
Early Support for Infants and Toddlers (DEL-ESIT)  
Debi Donelan  
www.del.wa.gov/esit

ESIT Staff Updates: Jahla Brown started work as the new Administrative Assistant on March 21st. Jahla comes to us with a degree in multimedia arts and design. She has a small graphic design business, and wowed us with her design portfolio. Previously, she worked for the Evergreen State College as an Office Assistant in the Department of Advancement. She has also worked as a respite care assistant and brings a passion for supporting individuals who are differently abled, in part because she has a sibling who experiences a disability. ESIT staff are thrilled to have the promise of the tremendous support that Jahla will provide in this position, and especially grateful for the pleasant smile and willingness to learn that Jahla has bestowed upon us. Please add Jahla.Brown@del.wa.gov to your email list and help us welcome her to the ESIT statewide program.

Legislative Update: Senate Bill 5879 was signed by Governor Inslee on March 29, 2016. Revised Code of Washington previously identified the Department of Early Learning (DEL) as the state Part C lead agency. This bill clarifies the authority of the lead agency, specifically stating that DEL develops and adopts rules that establish minimum requirements for Part C services. It also tasks us with designing an integrated system for serving all eligible infants, toddlers and their families. The complete legislation can be found at the following link: Senate Bill 5879

State Systemic Improvement Plan (SSIP): Phase II of the SSIP was submitted to OSEP on March 31, 2016. Phase II included an improvement plan and an evaluation plan. Phase III is the implementation phase. Select improvement activities will be implemented statewide and more intensive activities will be completed with the following implementation sites: Island, Pierce, Walla Walla, and Yakima counties. The plan can be found here: http://www.del.wa.gov/publications/esit/
Communication Network Meeting Minutes
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Data Management System (DMS): DMS information on system updates and enhancements is provided through GovDelivery: https://public.govdelivery.com/accounts/WADEL/subscriber/new. Users are encouraged to sign up to receive the most up-to-date news regarding the DMS.

Family Resources Coordinator (FRC) Training: The next FRC training/Professional Learning Community (PLC) is scheduled for June 1, 2016 from 8:30 a.m.-12:30 p.m. The topic is Designing Services and Organizing Smooth Transitions. Interested individuals may participate in trainings as space allows. For more information, contact Sue Blount at sue.blount@esd112.org.

IECC Conference: The annual Infant and Early Childhood Conference will be held May 4, 5, and 6, 2016 at the Tacoma Convention Center.

State Interagency Coordinating Council (SICC):
1. The next SICC meeting is April 26 at NAVOS, Revelle Hall, 1210 SW 136th Street, Burien. The focus of this meeting is statewide systems.
2. SICC Contact: Jahla Brown at 360-725-4413 or email Jahla.Brown@del.wa.gov for more information.

DSHS, Developmental Disabilities Administration (DDA)
Jamie Bond

Jamie Bond was unable to attend nor provided recent updates.

DSHS, Fostering Well-Being Care Coordination Unit (FWB CCU)
Adam Clarno

- FWB CCU staff continue to provide care coordination daily for children and youth in out-of-home placement who are referred to us.

- Staff from our unit continue to be involved in the transition of foster children into the single Apple Health Foster Managed Care Plan through Coordinated Care of Washington, which was implemented on April 1st, 2016. FWB’s role after the April, 2016 implementation date is still occurring with children and youth in out-of-home placement that remain in Apple Health Fee-for-service (i.e. Medically Intensive Children’s Program (MICP), Alaska Native/American Indian). However, Coordinated Care of Washington is responsible for providing care coordination to children and youth in out-of-home placement who are enrolled in the Apple Health Foster Managed Care Plan.

- In addition to the referrals we are receiving from social workers, a large focus of our work is being spent monitoring children in foster care 0-5 years of age on psychotropic medications. This work will continue for a period of time during the transition period to Coordinated Care of Washington.

- Additionally, FWB started a pilot project with Seattle Children’s Hospital (SCH) in August of 2015. SCH sends a monthly report of children in foster care that are seen by SCH specialty clinics that have canceled or no-show appointments. Each month we contact SCH to verify whether the appointments have been re-scheduled or not, and work with the assigned social workers at Children’s Administration to assure there are no gaps in care and that appointments have been rescheduled. This has been a valuable pilot project so far, and we have outreached to hundreds of children making sure that their specialty appointments are in order.

- Dr. Roy Simms is no longer in the position of Regional Medical Consultant for Fostering Well-Being. He accepted the position of Medical Director for the Apple Health Foster Care Program, Core Connections. We are thankful to still have the opportunity to work with him in this capacity. This position in Yakima was filled on 4/1/16 by Pediatrician, Dr. Megan Mendoza. She will be a great addition to the FWB team. Dr. Lily Koblenz, who works out of the Lacey Office has taken over the role of Senior Regional Medical Consultant.
DSHS, Kinship and Family Caregiver Program
Hilarie Hauptman
www.dshs.wa.gov/kinshipcare

Hilarie Hauptman was unable to attend nor provided recent updates.

Lifespan Respite Washington
Linda Porter
www.lifespanrespitewa.org

Information was provided at the CSHCN Regional Rep portion of the day. For additional information on respite services, contact Linda at lporter@sssc.org or 425-740-3788.

WithinReach
Jen St. Cyr
www.withinreachwa.org

Great LINCS (Links to Integrate and Coordinate Services) for CYSHCN (Children and Youth with Special Health Care Needs)
Great LINCS has reached the 18 month mark in our 3 year project timeline, with many of our initial ideas and goals well on the way to being met. The Shared Resource expansion to increase and bolster our database listings for special health care related resources continues to grow. We have been visiting sites throughout Washington and in a wide range of settings for outreach on the Shared Resource, including Spanish speaking parent education groups, regional CSHCN meetings, managed care coordination groups, and physician trainings on universal developmental screening.

Child Development
WithinReach's team of Child Development Specialists continues to provide individual follow ups with each family that we refer to resources. The team reports successfully reaching 82% of families when following up on referral outcomes, and 90% of those families report having a successful connection to at least one of the resources provided, including play and learn groups, birth to three services, child find, parent support, and more.

Tax Season
As tax season comes to a close, our Americorp team will be wrapping up their work doing outreach at tax assistance sites in partnership with United Way of King and Snohomish County. This has dramatically increased the number of referrals for Basic Food, and our Family Health Hotline operators continue to offer locations and resources throughout the state for individuals and families seeking free tax preparation assistance.

Resource Finder
Resource Finder, WithinReach’s database of over 4000 geo-located resources, is scheduled to unveil a more user friendly key word search in July. We have also updated the publicly searchable Resource Finder to include over 200 community mental health services and reflect the newly designated Behavioral Health Organizations (BHO’s). Training on the BHO transition by the Health Care Authority is scheduled for our operators in the coming months to help us provide even better comprehensive resource assistance to our callers. We are always looking for ways to improve the Resource Finder as your “shared resource”, so if you know of agencies, services, or organizations in your area that we should be listing, please let us know!

HealthCare Happy Hour
On January 25th, an event took place in Seattle in conjunction with Seattle/King County Public Health for live health insurance enrollment targeted to the performing and visual artist community. The event, held at the Fred Wildlife Refuge, was coordinated by our Community Partnership Associates, Annya Pintak and Jefferson Rose. WithinReach Outreach and Enrollments Specialists were on site to assist with Medicaid and Qualified Health Plan enrollments, resulting in approximately 50 applications submitted.

Immunizations
The Immunization team is working on producing two webinars for continuing education credits for local health jurisdictions and pharmacies in an effort to promote collaboration and increase communication around immunization outreach. These webinars will offer strategies and tools to work toward increasing the immunization rates in Washington by bridging the individual strengths of pharmacies and local health jurisdictions.
Liv Woodstrom was unable to attend nor provided recent updates.

DOH Screening and Genetics Unit
Corey Snelson
www.doh.wa.gov/YouandYourFamily/InfantsChildrenandTeens/HealthandSafety/GeneticServices.aspx

- Following up with children with undiagnosed hearing loss (DOH Early Hearing-loss Detection Diagnosis Intervention Program).
- The Genetics Program is assisting remote sites with Telehealth capability; there are two sites – on the peninsula and in Pullman.
- The Department is required to provide Down Syndrome resources per 2016 legislative session. These resources must be up-to-date and accurate. Contact Corey for additional information and/or resources. Understanding a Down Syndrome Diagnosis is a great resource. You can access this at www.lettercase.org.

CSHCN Regions, Northwest
Judy Ward, Snohomish County
[ The Northwest Region includes the following counties: Clallam, Island, Jefferson, Kitsap, San Juan, Seattle-King, Skagit, Snohomish, and Whatcom ]

The Northwest Region met March 31st at Skagit Family Resource Center in Mt. Vernon. See Attachment #6 for the region meeting minutes.
Northwest Region’s next meeting is June 30th at Snohomish Health District in Everett.

CSHCN Regions, Southwest
Andrea (Ryker) Sander, Tacoma-Pierce County
[ The Southwest Region includes the following counties: Clark, Cowlitz, Grays Harbor, Klickitat, Lewis, Mason, Pacific, Skamania, Tacoma-Pierce, Thurston, and Wahkiakum ]

The Southwest Region met via conference call February 25th. See Attachment #7 for the region meeting minutes.
Southwest Region’s next meeting is scheduled for May 26th at Department of Health in Tumwater.

CSHCN Region – Central
Carol McCormick, Chelan-Douglas County
[ The Central Region includes the following counties: Benton-Franklin, Chelan-Douglas, Grant, Kittitas, Okanogan, Walla Walla, and Yakima ]

The Central Region met via conference call March 24th. See Attachment #8 for the region meeting minutes.
Central Region’s next meeting is June 15th via conference call.

CSHCN Regions – East
Jan Steinbach, NE Tri - Pend Oreille County
[ The East Region includes the following counties: Adams, Asotin, Columbia, Garfield, Lincoln, NE Tri-County (Ferry, Pend Oreille, and Stevens), Spokane, and Whitman ]

The East Region met January 14th in conjunction with Communication Network via video conference. See Attachment #9 for the region meeting minutes.
East Region’s next meeting is May 12th at Spokane Regional Health District in Spokane.
Communication Network Meeting Minutes
April 14, 2016

Attachments

1. Healthy Starts and Transitions PowerPoint Slides
2. Early Childhood Comprehensive Systems (ECCS) New Grant Fact Sheet
3. Regional FYSPRT Coordinators
4. Charting the Life Course, Integrated Services and Supports
5. Kindering Newsletter, April 2016
6. Northwest CSHCN Region Minutes
7. Southwest CSHCN Region Minutes
8. Central CSHCN Region Minutes
9. East CSHCN Region Minutes

Next CSHCN Communication Network Meeting
Thursday, July 14, 2016
Creekside Two at Centerpoint
20425 72nd Avenue South
Kent, Washington
Conference Room 309