Washington State
Department of Health
Chemical Dependency Certification Advisory Committee
Meeting Minutes

April 6, 2018

Location:
Department of Health
Town Center Building Two
111 Israel Road S.E., Conference Room 158
Tumwater, WA 98501

Committee Members Present:
Mary Schatz, Ph.C., CDP, CRC, LMHCA, Chair
Kathleen Armstrong, MEd, LMHC, MHP, Vice Chair
Daniel Friesen, CDP
Stephanie Diltz, CDP, LICSWA
Kenneth Pimpleton, CDP

Member Absent:
Gina Dick, CDP
Dan Labuda, CDP

Assistant Attorney General Representative:
Christopher Wright, AAG

Staff Members Present:
Brad Burnham, Program Manager
James Chaney, Executive Director
Reem Aldaghestani, Program Support
Joanne Miller, Credentialing
Martin Pittioni, OHP Director
Ted Dale, Program Manger

The Chemical Dependency Professional Advisory Committee met on April 6, 2018, at the Department of Health TC2, Room 158, Tumwater, WA 98501. In accordance with the Open Public Meetings Act, the meeting agenda was mailed to members of the chemical dependency professional GovDelivery and posted to the program’s website.
1. Call to Order – Mary Schatz, Ph.D, CDP, CRC, LMHC, Chair 9:03 a.m.

1.1 Introductions
Introductions were made.

1.2 Approval of meeting agenda
The agenda was accepted and approved as written.

1.3 Approval of the previous meeting’s minutes.
The meeting minutes from December 1, 2017, were accepted and approved as written.

2. Manager Reports - Brad Burnham, Program Manager

2.3 Recruitment Update
Mr. Burnham updated the committee on the status of 2 vacant positions on the committee. One is a public member and the other is Dan Labuda, who said he plans on reapplying. Mr. Burnham is optimistic that we will get a public member for the first time since he has been the program manager. If any one is interested in applying, please contact him.

The Committee also welcomed it’s two new members, Stephanie Diltz and Kenneth Pimpleton. The new members introduced themselves and their area of expertise, they also shared information about their background work history.

2.1 Budget Report
Mr. Burnham shared update on the budget report, the CDP budget has a negative balance of $1,056,818. The difference between the revenue and the expenses was negative $172,763. the amount is higher for this category because is represents four months worth of expenses. Mr Burnham went through the handout and explained it in-depth for the new members.

2.2 Update on the department’s chemical dependency professional (CDP) certification fee rulemaking
Mr. Burnham stated that the proposed rule changes CDP fees by 31% increase. The originally proposed changes increased the fees by 51% increase. After receiving public feedback about the original proposal the department reduced the increase to 31%. The new proposal will level off the decline but not increase the budget.

There was a brief discussion of the rulemaking process. Mr. Burnham provided a brief overview of the rulemaking process for the new members. He also explained that some types of changes to regulations require legislative action.

The Committee members expressed interest in revising the rules for standards of practice, and for the agency requirements as well. Concern was raised about some treatment agencies overworking CDPTs and increasing chances that they will burn out.
However, they hoped that the Behavioral Health Integration initiative may help alleviate some of these problems.

Mr. Burnham also shared information about the department’s biennial Uniform Disciplinary Act (UDA) report. The report provides information about the department’s work related to discipline action.

Mr. Chaney shared that he has been travelling around the state to speak at community colleges and meet with students. Mr. Pimpleton invited him to speak at Tacoma Community College.

2.4 June 8th Joint Meeting with Licensed Counselors – Topics
   • Integration of Mental Health, Substance Use Disorder, and Primary care by 2020
   • Dually Credentialed Options
     o Integration
     o Education
     o Workforce
   • Interest/need of co-occurring credential/degree
   • Trends in undergraduate & graduate degrees
   • Workforce development
   • Telehealth

3. Assistant Attorney General Report – Christopher Wright, AAG
   Mr. Wright did not have anything to report to the committee.

   Presentation of current licensing statistics for chemical dependency professionals (CDP) and chemical dependency professional trainees (CDPT). Ms. Miller explained that the credentialing team is on a steady pace, about 90 applications a month.

5. Legislative Session Update – Brad Burnham, Program Manager
   Mr. Burnham provided information about bills related to the profession that passed during session:
   • 2SHB 1377 – Student Mental Health
   • SHB 1388 – Behavioral Health Integration
   • SHB 2671 – Agricultural Industry Behavioral Health
   • HB 2779 – Improving Access for Mental Health Services
   • SB 5722 – Conversion Therapy
   • SB 6452 – Child Mental Health Consult
   • SB 6491 – Increase Availability of Assist. Outpatient BH treatment
6. **Potential Rulemaking in Chapter 246-811 WAC – Brad Burnham, Program Manager**

Mr. Burnham reviewed possible rulemaking by the department concerning supervision of CDP trainees, clarifications, and technical changes. The department is still working on the CR 101 form to be submitted to the Washington State Office of the Code Reviser. Once it is filed the department will be in open rule-making.

The Committee members expressed interest in adding new topics to the rulemaking, such as requirements related to the Involuntary Treatment Act. Mr. Burnham mentioned that the department would have to modify the CR 101 form before it is filed in order to add more topics, which could delay the current process. The Committee members agreed to table new topic ideas and just move forward with the current CR 101 and topics of potential changes.

Mr. Burnham mentioned that another future topic of change is regarding the exam requirements. The current rule language misidentifies the type of exams offered by the International Certification and Reciprocity Consortium (ICRC). This may not be considered a “clean up” of the rule and would not be covered under the current pending CR 101.

7. **Public Comment – Mary Schatz, Ph.D, CDP, CRC, LMHC, Chair**

The committee heard comments from the public. Kathy, a mother from Spokane, expressed some concerns related to chemical dependency and other treatments for her adoptive adult son who has many co-occurring issues. She is looking for something to address all of his issues in a way that doesn’t involve six separate providers. She does not have many options because one of his issues can make him ineligible for some treatments. She sees many roadblocks to treatment and she believes they lead to many people becoming homeless, living in poverty, and increasing the risk of suicide. There are not many options for lower-functioning adults with co-occurring disorders.

A discussion began about high fees for CDP renewals. It was mentioned that Hawaii allows their licensees to pay their fees through a monthly payment program, which mitigates the costs of fee increases for licenses.

Alisa Ferris works for a behavioral health agency that is trying to address many issues. She would like there to be a grandfathering clause for licensed counselor supervisors to become CDP approved supervisors. Currently, her supervisors must be pulled away from supervising in order to gain the experience necessary to become a CDPT approved supervisor. This is a big impact for agencies that are trying to hire and keep dually-licensed employees.

A Committee member noted that the two experiences are completely different. The legal & coordination aspect of a CDP is quite different. The mental health world does not prepare someone well enough on its own for the CDP world. The CDP certification is a practice of its own, not an add-on to a license. Education doesn’t replace experience.

Alisa Ferris responded to note that there are major underserved populations for CD treatment and we may not have the luxury of the full process to meet the needs of the community. She is
interested in some sort of compromise. She understands this is controversial, and still wants the full requirements for CDP supervisors.

James Chaney noted that other professionals want to get into CD treatment, and they want to fast-track it as well. Need to exercise caution about who is eligible and what exceptions we are willing to accept.

8. **Future Agenda Items – Mary Schatz, Ph.D, CDP, CRC, LMHC, Chair**
Mr. Burnham stated he had noted the discussion about the Involuntary Treatment Act and how it can be a topic for the next meeting.

9. **Adjournment – Mary Schatz, Ph.D, CDP, CRC, LMHC, Chair** 12:03 p.m.

Submitted by: 
Approved by:

Brad Burnham, MPA, Program Manager  
Chemical Dependency Certification Advisory Committee

Mary Schatz, Ph.C., CDP, CRC, LMHCA, Chair  
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