

#### STATE OF WASHINGTON

# DEPARTMENT OF HEALTH

PO Box 47852 · Olympia Washington 98504-7852

# DENTAL QUALITY ASSURANCE COMMISSION BUSINESS MEETING MINUTES Friday, April 20, 2018

## MEMBERS PRESENT

John Carbery, DMD, Chair
James Henderson, Public Member
Bree Kramer, EFDA
David Carsten, DDS
Robert Shaw, DMD
Aaron Stevens, DMD
Ronald Marsh, DDS
Kunal Walia, DDS
Julia Richman, DDS
Lyle McClellan, DDS
Kathleen Elling, EFDA
Sonia Pal, DDS
Karla Briggs, Public Member
LouAnn Mercier, DDS

## **MEMBERS ABSENT**

John Liu, DDS, Vice-Chair Brian Macall, DDS

## STAFF PRESENT

Trina Crawford, Executive Director Jennifer Santiago, Program Manager Tracie Drake, Assistant Program Manager Heather Carter, Assistant Attorney General (AAG) Bill Kellington, Supervising Staff Attorney

## **OTHERS PRESENT**

Commission

Katie Wolt, Department of Health

Emily Lovell, Washington State Dental Association (WSDA) Melanie McAleenan, WSDA Elissa Maynard, DDS, WSDA Beverly Frye, RDH, Washington Dental Hygiene Association (WDHA) Jennifer Zbaraschuk, RDH, WDHA Melissa Johnson, WDHA, Willamette Dental Bryan Edgar, DDS, WSDA Ericka Brown, Department of Health Michael Christie, Resuscitation Group Rod Rowan, Resuscitation Group Susie Tracy, Washington State Society of Oral and Maxillofacial Surgeons (WSSOMS) Roman Daniels-Brown, Pacific Dental Services Steve Saxe, Pharmacy Quality Assurance

## **OPEN SESSION**

- **1. CALL TO ORDER** John Carbery, DMD, Chairperson, called the meeting to order at 9:32 a.m.
  - 1.1. The commission, staff, and audience introduced themselves.
  - 1.2. The commission approved the agenda as presented.
  - 1.3. The commission approved the March 9, 2018 business meeting minutes as presented.

## 2. RULES HEARING

The commission considered public comment and the adoption of proposed rules:

- WAC 246-817-440 Dentist continuing education requirements filed as WSR 18-06-027 on February 27, 2018.
  - O Dr. Edgar and Ms. Lovell from the Washington State Dental Association both commented in favor of the proposed rules.
  - O Dr. Shaw made a motion and the commission voted to adopt the proposed rule as presented.
- WAC 246-817-441 Suicide prevention education requirements filed as WSR 18-06-026 on February 27, 20189.
  - O Dr. Mercier made a motion and the commission voted to adopt the proposed rule as presented.

The rules hearing was concluded at 9:45 a.m.

#### 3. OPIOIDS

- 3.1. Dr. Carbery and Dr. Marsh provided an update on the Substitute House Bill 1427 opioid prescribing workgroup meeting held on March 14, 2018. This was the last meeting of the workgroup. They attended seven meetings around the state over six months. The workgroup heard testimony from over 30 experts regarding opioids.
- 3.2. The commission was provided opioid-related information.
- 3.3. The commission discussed stakeholder comments for proposed opioid prescribing rule language.
- 3.4. The commission reviewed and discussed proposed opioid prescribing rule language.
  - The commission discussed the Pharmacy Quality Assurance Commission's recommendation that prescriptions include identification of an indication, diagnosis or ICD code. Dr. McClellan made a motion to include this requirement in the proposed rule. The commission voted 13 in favor and one opposed.
  - The commission discussed requiring continuing education for opioid prescribing in the proposed rule. Dr. Shaw made a motion and the commission voted to approve a requirement for a one time, three hour continuing education course for opioid prescribing. The course would be counted toward dental continuing education hours.
  - The commission discussed whether to remove the reference to pain management specialists for the other boards and commissions in the proposed rule. Dr. Mercier made a motion and the commission approved leaving the reference to the other boards and commission in the proposed rule.



- The commission discussed changing the language in the proposed rule where it indicates "refill" to "refill or renewal." Dr. McClellan made a motion and the commission approved the change.
- The commission discussed combining both sections X22 and X23 non-operative and perioperative into one rule and limit the prescribed opioids to three days with seven days maximum as described in the Bree Collaborative, along with an allowance to prescribe more, if needed, as long as it is documented in the patient record. Dr. McClellan made a motion and the commission approved combining sections X22 and X23 and following The Bree Collaborative's recommendations for prescribing opioids for non-operative and perioperative patients.
- The commission discussed section X41 of the proposed rules. The term "pain contract" is a historical term and should not be included in rule. Dr. Shaw made a motion and the commission approved removing the word "date" and removing the words, "also known as a 'pain contract" and replacing with "as described in 246-XXX-X43."
- The commission discussed section X71 of the proposed rules. Dr. Stevens made a motion and the commission voted to change the word "reduce" to the word "adjust," change the age from 25 to 24 years, and add language limiting prescriptions to 8 to 12 pills as recommended by The Bree Collaborative.
- The commission discussed section X81 of the proposed rules. Dr. Stevens made a motion and the commission voted to add the words, "and discussion of risks with the patient" to the end of the first sentence.
- The commission discussed section X91 how often to require dentists to check the Prescription Monitoring Program (PMP) when prescribing opioids.
  - The commission and stakeholders recognize there are difficulties in accessing the PMP. The proposed rules have a provision that if you are unable to connect with the PMP, you can document in the patient record that you attempted to and were unable. This will meet the requirement of the rule.
  - Or. McClellan indicated the importance of using the PMP and his experience with successfully identifying a patient who had received opioids elsewhere and was requesting a refill.
  - o Dentists can delegate checking PMP to their dental assistant.
  - O Dr. McClellan made a motion to update the proposed rules to require a PMP query for every opioid prescription, every time it is written. This motion also included the commission sending a letter to the governor informing him that the dental commission is including this requirement in the rule; therefore, the Department of Health will require support to upgrade the PMP to meet the demand. The commission voted to approve the motion, with 12 members in favor and 2 opposed.
  - O The commission requested Ms. Santiago and Ms. Carter to update the proposed exemption language in the draft rule to give a clear exception for cases where a dentist is unable to access the PMP. In this instance they must indicate in the patient record that an attempt to query the PMP was made.
  - o Dr. Edgar with the Washington State Dental Association indicated he opposes PMP checks for every opioid prescription.



## 4. EDUCATIONAL OUTREACH COMMITTEE

- 4.1. Dr. Stevens updated the commission on the meeting held on March 16, 2018. The newsletter has been published. The committee will provide another mock case in the future for commission calibration.
- 4.2. The commission reviewed and approved the Pacific Northwest Dental Conference presentation outline.
- 4.3. The commission received a copy of the March 2018 Newsletter.

#### 5. DENTAL ANESTHESIA COMMITTEE

Dr. Carsten discussed the committee meeting held on March 22, 2018. The committee continues to discuss draft rule language.

## 6. INFECTION CONTROL COMMITTEE

The commission held over this item to discuss at the next commission meeting.

## 7. CONTINUING COMPETENCY

The commission held over this item to discuss at the next commission meeting.

# 8. DENTAL COLLABORATION COMMITTEE

The commission held over this item to discuss at the next commission meeting.

## 9. JURISPRUDERNCE EXAMINATION COMMITTEE

The commission held over this item to discuss at the next commission meeting.

## 10. CORRESPONDENCE

- 10.1. The commission held over this item to discuss at the next commission meeting.
- 10.2. The commission held over this item to discuss at the next commission meeting.
- 10.3. The commission held over this item to discuss at the next commission meeting.
- 10.4. The commission held over this item to discuss at the next commission meeting.

#### **11. OTHER**

- 11.1. The commission reviewed a request from The Resuscitation Group for approval to become a dental anesthesia assistant education program. The commission requested the Anesthesia Committee review the program and make a recommendation to the commission.
- 11.2. Dr. Shaw reported to the commission on his presentation to the Inland Empire Practice Management Study Club on April 17, 2018.
- 11.3. The commission approved a request for Dr. Carbery to present at the Clark County Dental Society on May 3, 2018.

## 12. PROGRAM REPORT

- 12.1. The commission was provided a copy of the department's interim operating budget.
- 12.2. The commission decided to hold the June 1, 2018 business meeting in Tumwater.



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# 13. FUTURE COMMISSION BUSINESS

The commission did not discuss any future business.

The commission adjourned at 12:17 p.m.	
Submitted By:	Commission Approval By:
Signature on file	Signature on file
Jennifer Santiago, Program Manager	John Carbery, DMD, Chairperson

