Meeting Minutes

December 7, 2018
9 a.m.

Department of Health
Town Center Building Two
111 Israel Road S.E., Room 158
Tumwater, WA 98501

Members Present:
Anjanette Jorstad, LASW, Chair
Carlos Carreon, LICSW, ACSW, BCD
Craig Apperson, LMHC
Michael Fitzpatrick, LMFT

Committee Members Present via Phone:
Paul David, PhD, LMHC, LMFT

Staff Members Present:
James Chaney, Executive Director
Ted Dale, Interim Program Manager
Joanne Miller, Credentialing Manger
Jeff Wise, Policy Analyst
Karen Diehm, Program Representative

AAG Present:
Luke Eaton, AAG

On December 7, 2018, the Washington State Mental Health Counselors, Marriage and Family Therapists, and Social Workers Advisory Committee met at the Department of Health, 111 Israel Road S.E., Town Center 2, Room 158, Tumwater, WA. In accordance with the Open Public Meetings Act, the meeting agenda was emailed to members of the licensed counselors’ professional GovDelivery and posted to the professions’ webpages.
Open Session

1. Call to Order – Anjanette Jorstad, LASW, Chair

   1.1 Introductions – committee members, staff, and visitors introduced themselves.
   1.2 Approval of the agenda - A change to agenda was presented to allow a public call-in
      comment at 10:45 and allow a follow-up on previously reported Mass Shooting Task
      Force. Changes to agenda accepted and approved.
   1.3 Approval of the previous meeting’s minutes – Paul David asked that previous minutes
      reflect that he was attendance. September 21, 2018 minutes updated. Change to minutes
      accepted and approved.

2. Manager Reports – Ted Dale, Program Support

   2.1 Budget report – program reported that there was nothing out of the ordinary. The dip
      seen in July and spike in August are normal due to balancing end of year fiscal reports.

   2.2 Mental Health Counselors, Marriage and Family Therapists, and Social Workers
      Advisory Committee (Advisory Committee) representative for the 2019 legislative
      session “meet me” calls – Meet Me Calls take place every Wednesday at 8:00 during
      Legislative Session. The committee was urged to participate since behavior health
      would be a central theme for the 2019 session and committee feedback would be
      essential. Anjanette volunteered to take lead with Craig as a backup. Carlos, Paul, and
      Michael also volunteered to be backup if needed.

   2.3 Recently a position has opened on the Advisory Committee for a licensed marriage
      and family therapist. The department opened a recruitment for the marriage and
      family therapist and three public member positions on the committee. The recruitment
      would remain open until December 21, 2018. Committee members were invited to
      partake in the interview process.

   2.4 Letters from stakeholders concerning:
      - Options for retirees – program will look at surrounding states for ideas and
        further discussion will take place with the committee at a future meeting.

   2.5 American Association of State Counseling Boards (AASCB) National Counselor
      Licensure Endorsement proposal – The committee discussed the possibility and it was
      determined the proposal, if approved by the committee, would require a legislative
      change.

   2.6 Update on Behavioral Health Integration – The committee was provided a brief
      update on this. Sections and staff of the Department of Behavior Health and Recovery
      (DBHR) division of DSHS were divided between the Department of Health and Health
      Care Authority. This change took place effective July 1, 2018. Discussions within the
      Department of Health have begun to streamline rules to avoid practitioner/facility
      conflicts.
2.7 Required Disclosure Information – RCW 18.225.100 outlines the disclosure policy for licensed counselors and RCW 18.225.105 provides exceptions. Any committee recommendation may require statute or rule revision.

3. Election of a chair and vice chair - Anjanette Jorstad, LASW, Chair – Anjanette Jorstad and Michael Fitzpatrick were nominated as chair and vice chair respectively. Anjanette will continue as chair and Michael will serve as vice chair. The nominations were properly seconded, voted on, and approved by the committee.

Presentation of current licensing statistics for Mental Health Counselors, Marriage and Family Therapists, and Social Workers.

<table>
<thead>
<tr>
<th>Profession</th>
<th>Active Status Counts</th>
<th>Pending Status Counts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marriage and family therapist associate license</td>
<td>572</td>
<td>43</td>
</tr>
<tr>
<td>Marriage and family therapist license</td>
<td>1,726</td>
<td>125</td>
</tr>
<tr>
<td>Mental health counselor associate license</td>
<td>2045</td>
<td>167</td>
</tr>
<tr>
<td>Mental health counselor license</td>
<td>7,223</td>
<td>271</td>
</tr>
<tr>
<td>Social workers associate advanced license</td>
<td>239</td>
<td>31</td>
</tr>
<tr>
<td>Social workers advanced license</td>
<td>148</td>
<td>41</td>
</tr>
<tr>
<td>Social workers associate independent clinical license</td>
<td>1,929</td>
<td>117</td>
</tr>
<tr>
<td>Social workers independent clinical license</td>
<td>4,448</td>
<td>542</td>
</tr>
</tbody>
</table>

- The committee and licensees are interested in the Uniform Disciplinary Act Report that is published every two years. The report can be found on the Department of Health website (hyperlinked on email version of minutes). The data collected is public information.
- The AAG intends on providing the bi-annual training on the Open Public Meetings Act that could last up to 30 minutes.

The governor’s proposed budget was shared and reviewed with the committee. The department is expecting a number of legislations focused on mental and behavioral health.

Handouts were reviewed regarding naloxone. The highlights focused on the importance in getting it into the hands of law enforcement, emergency responders, and people who come in contact with individuals that could overdose. The committee will discuss the scope of practice related to counselors administering this medication.

The committee was also provided information regarding the University of Washington’s website www.overdose.org, and how they are trying to make it the hub, or clearinghouse, of information for providers, community members, and the general public.

8. The Department’s Rulemaking for Chapter 246-809 WAC Licensed Counselors - Ted Dale, Program Support
   - At the last joint Licensed Counselor and CDP advisory committee meeting, there was no committee quorum to discuss the rules.
   - The committee will continue to review and make suggested changes. Some areas under consideration for amendment include education, mandatory reporting, recordkeeping, approved supervisors, and supervision. Additionally, further review and discussion will be focused on licensing standards for mental health counselors, marriage and family therapists, and social workers.
   - The committee was reminded that the rules process could take 8-12 months to complete and proposed legislations should be taken into consideration before moving forward.
   - Definitions in WAC was discussed by the committee. It was agreed that the definitions section should be consolidated in one area and the terms “patient” and “client” could be used synonymously, however the committee voted to keep both words, as they can be used differently depending on the health care setting.

9. Mass Shooting Task Force Update – Craig Apperson, task force attendee
   The committee was informed of focus group discussions related to school and public mass shootings. Although more focused on schools, there was no testimony from the mental health profession, the juvenile justice system, or public health community. Among the concerns is the differences between the training of licensed counselors in comparison to those graduating from school counselor programs.

10. Public Comment - Anjanette Jorstad, LASW, Chair
    - Justin, from Vancouver, called in to express concerns regarding the disparities of social worker associate post-graduate supervised hours/qualifications in comparison to the other licensed counselors. He encouraged the committee to consider rule changes making the requirements equal for all licensed counselors.

11. Future Agenda Items - Anjanette Jorstad, LASW, Chair
    - Newsletter
    - Topics for next joint meeting
    - Follow-up on licensing requirements
    - Open Public Account training by Luke
    - Options for retirees
    - Should there be a special meeting regarding rules?

11. Adjournment 1:20pm
Submitted by:

James Chaney  
Executive Director  
Washington State Mental Health Counselors, Marriage  
and Family Therapist and Social Worker Advisory Committee

Approved by:

Anjanette Jorstad, LASW  
Chair, Washington State Mental Health Counselors, Marriage  
and Family Therapist and Social Worker Advisory Committee

Next Scheduled Meeting
Date:    February 22, 2019  
Time:    9 a.m.  
Location: Department of Health  
         111 Israel Rd SE  
         TC2, Room 158  
         Tumwater, WA 98501