CHILDHOOD INJURY PREVENTION

Kathleen Clary-Cooke
INJURY
The #1 killer of children in the US

For every 1 child that dies there are.....

- 25 hospitalizations
- 925 treated in ER
- Many more treated in doctors' offices
Kids are...

- Impulsive
- Quick
- Act without thinking, whether a toddler or a teen
Adults need to…

• Supervise with our eyes

• Remove hazards

• Follow Safety Practices
Safe Kids Benton-Franklin

- Coalition formed in 1999
- Lead Agency Benton-Franklin Health District
- One half-time Coordinator since Oct. 2013
Safe Kids Benton-Franklin

• Robust coalition with strong community partners

• Over 70 organizations participate

• Monthly meetings regularly attended by 20-35

• Extensive community outreach/education

• 100+ news stories in last two years
Programs

• Car Seat Distribution, Inspections & Education
• Bike Helmet Distribution
• Safe Sleep – Portacrib Distribution
• Life Jacket Loaner Boards and Stations
Child Passenger Safety

- Monthly inspection station
- Car seat distribution program
- Car seat clinics 2-4 times/year

To find help in your county:

- 13 Safe Kids coalitions in WA
- Find a CPST at cert.safekids.org
- Possible programs at health departments, hospitals, healthcare clinics, fire stations or police departments
Safe Sleep

Babies should sleep

- On their backs
- In their own bed
- With no pillows, soft bedding, Bumper pads

- Pack ‘n Plays
- Cribs
- Baby Bed Boxes

Cribsforkids.org
Head Injury Prevention

• Distribute Bike Helmets through four locations

• $8 - $10 donation requested

• Distribution Events – Seattle Children’s, Safety Fairs, Bike Clubs
Lock up Guns

- Teach Kids Not to Touch
- Hidden is NOT Secure
- Seattle Children’s Lockbox Events
- Law Enforcement Agencies may have cable locks
Contact Info

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