THE FOOD, NUTRITION, HEALTH and WELLNESS WORKSHOP SERIES PROJECT

Dr. Juana Royster
Community and Organizational Partnerships

- Odessa Brown Children's Clinic
- Virginia Mason Medical Center
- First AME
- Seattle Children's Hospital
- Swedish Medical Center
- American Diabetes Association
- Association of Nutritionists & Dietetics
- Mt. Zion Baptist Church
- Central Area Senior Center
Partnering to Offer Additional Services
Additional Services
Community Partners and Education
Understanding the Details
Working with the Raw Ingredients
Cooking Demonstrations
Preparing Healthy meals
Conversations about Healthy Foods
Tasting Healthy Foods
The Gathering

The Love Team
The Love Team Chefs
Preparing A Healthy Meal
Working Together
Healthy Quick Preparation
Discovery & Discussion
Learning
Cooking Demonstrations & Communication

- Who can be your partner? Churches, Senior Centers, and Community Organizations
- Why would you want to partner? To help improve the health of your community, it is an opportunity to provide education and support within your communities for better health, and it increases community communication.
- What information is needed?
- How can you support cooking demonstrations in your community?
- Where can you find space and the food products to support cooking demonstrations?
- When can you start?
THANK YOU!

Questions?