WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS
SITES AND COORDINATORS – July 2018

STATE PARENT TO PARENT OFFICE
SUSAN ATKINS, State Coordinator
Washington State P2P Programs
2035 State Avenue NE, Olympia, WA  98506
VOICE: (425) 641-7504, CELL: (425) 269-3267
Toll Free: (800) 821-5327
E-MAIL: parent2parentwa@gmail.com
SPONSORING AGENCY: The Arc of Washington State
Jackie Thomason, Administrative Assistant
E-MAIL: info@arcwa.org
VOICE: (360) 357-5596 option 2   Toll-Free: (888) 754-8798
Fax: (360) 357-3279  website: www.arcwa.org
Facebook: https://www.facebook.com/parentto.parent.9

Parent Support Program Seattle Children’s
MARIA CERVANTES, Family Support Specialist | Family Support Services
Seattle Children’s (Spanish also)
OFFICE: 4800 Sand Point Way NE, Seattle, WA, 98105
MAIL: M/S RB.7,420; PO Box 5371; Seattle, WA 98145-5005
VOICE: (206) 987-1119
FAX: (206) 987-2235
E-MAIL: maria.cervantes@seattlechildrens.org
Website: http://chscn.org/support-connections/support-and-connection-for-families/ or http://www.seattlechildrens.org/

CENTRAL REGION

Chelan/Douglas Counties
CARRIE GAVIN, Program Coordinator
23 South Wenatchee Avenue, Suite 203
Wenatchee, WA, 98801
Program Activities: Support, information, Sibshops, newsletter, social activities, and referrals provided. Helping Parent trainings once per year.
VOICE: (509) 888-2377
CELL: (509) 860-9517
FAX: (509) 888-2378
E-MAIL: cgavin@co.douglas.wa.us
SPONSORING AGENCY: Chelan Douglas Developmental Disabilities
Website: www.chelandouglasp2p.com
Facebook: https://www.facebook.com/chelandouglasparent2parent/

Okanogan County (New)
SHANNON MENDOZA, Developmental Disabilities Lead
Okanogan Behavioral Healthcare
1007 Koala Drive
Omak, WA 98841
Program Activities: TBA
VOICE: (509) 826.8497
FAX: (509) 826.5094
E-MAIL: cgavin@co.douglas.wa.us
SPONSORING AGENCY: Chelan Douglas Developmental Disabilities

Grant/Adams Counties
JENNIFER NEWHOUSE, Coordinator
CHRISTI DIERINGER, Outreach Coordinator
ANNA ALVAREZ, Hispanic Outreach Coordinator
605 Cooldige Street
Moses Lake, WA 98837
Program Activities: Family Social Events, Mom’s Night Out, Café Chat, Weekly Parent Meetings, Home Equipment Loan Program, Lending Library, Quarterly Newsletter, Disability Awareness Training, Facebook Pages & Groups
VOICE: (509) 764-7424, to reach Anna Alvarez: (509) 346-5523
FAX: (509) 765-5838
E-MAIL: jnewhouse@mlhc.org, cdieringer@mlhc.org
SPONSORING AGENCY: Moses Lake Community Health
Website: www.mlhc.org

Kittitas County
MICHELLE WILLIAMS, Coordinator
PO Box 837 / 111 East University Way
Ellensburg, WA  98926
Program Activities: Parent Support Meetings, Family Social Events, Newsletters, Workshops, Information and Referral
VOICE: (509) 929-7277
E-MAIL: kittiscountyparent2parent@gmail.com
SPONSORING AGENCY: Kittitas Valley Opportunities

Yakima County
TRACIE HOPPS, Program Supervisor
AMY BERKHEIMER, Program Specialist
GLORIA URNESS, Program Specialist
JOHN MAHANEY, Event Support
MARIA PULIDO, Hispanic Outreach
3801 Kern Road
Yakima, WA, 98902
Program Activities: English and Spanish Parent Group, Hispanic Outreach, Sibshops, Recreational Program, Teen Club, Disability Awareness, Neonatal Intensive Care Unit Support Project, Newsletter, Autism Support Group, Family Social Events, New Diagnosis Support Group, Voice: (509) 574-3200
FAX: (509) 574-3210
E-MAIL: traciehoppis@yvmh.org, amyberkheimer@yvmh.org, GloriaUrnnes@yvmh.org, mariapulido@yvmh.org
SPONSORING AGENCY: Virginia Mason Memorial
Website: https://www.yakimamemorial.org/

EAST REGION

Benton/Franklin Counties
MELISSA BROOKS, RN, Coordinator
MARIA VILLAREAL, Hispanic Outreach Coordinator
1455 Fowler Street
Richland, WA  99352
Program Activities: Parent Support group with Educational classes, Activities for families, quarterly newsletter with The Arc of Tri-Cities, Senior Caregiver Project, provide education and social activities for parents and youth.
VOICE: (509) 783-1131, ext. 108
FAX: (509) 735-7706
E-MAIL: p2p@arcoftricities.com, mariar@arcoftricities.com
SPONSORING AGENCY: The Arc of Tri-Cities
Website: arcoftricities.com
Facebook: https://www.facebook.com/p2ptricities/?fref=nf

Ferry County (No P2P Program currently)

Pend Oreille (No P2P Program currently)

Spokane/Lincoln/Whitman Counties (New)
SHELLEY GACUSANA, Spokane Coordinator
DEBBIE CHAPMAN, Lincoln & Whitman Coordinator
320 East 2nd Avenue
Spokane, WA 99202
Program Activities: Parent Support Group & Workshops, Parents 4 Life monthly meetings, Newsletter, Lending Library, Transition Support, Guardianship & IEP referrals, Annual Holiday Party & Summer Picnic, Annual Family Support Conference in the spring
VOICE: (509) 328-6326, ext. 8323 (Shelley) (253) 335-6835 (Debbie)
FAX: (509) 328-6342
E-MAIL: SGacusana@arc-spokane.org, dchapman@arc-spokane.org (Debbie)
SPONSORING AGENCY: The Arc of Spokane
Website: www.arc-spokane.org
Facebook: https://www.facebook.com/SpokaneP2P/

Steven’s County (No P2P Program currently)
WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS
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Wallawalla/Columbia/Garfield/Asotin Counties
ANGIE WITT, Coordinator
YSABEL FUENTES, Co-Coordinator & Hispanic Parent Outreach
PO Box 1918
Wallawalla, WA 99362

Program Activities: Support, information, newsletter and referral provided.
Helping Parent trainings once per year.
VOICE: (509) 540-9880; to contact Ysabel, (509) 301-0679
FAX: N/A
E-MAIL: p2p@wwvdn.org, p2pewwwdn.org
SPONSORING AGENCY: Walla Walla Valley Disability Network-Cyndy Knight
Website: www.wwvdn.org
Facebook: https://www.facebook.com/WallaWallParent2Parent/?fref=ts

Island County
TIFFANY WHEELER-THOMPSON, Coordinator
PO Box 5000
Coupville, WA 98239

Program Activities: Support, resources, networking opportunities and referral options, monthly newsletters and events, latest research, legislative activity and support group information. Sponsors or co-sponsors several support groups including Spanish all over Whidbey Island.
VOICE: (360) 632-7539
FAX: (360) 679-7377
E-MAIL: t.wheeler-thompson@co.island.wa.us
SPONSORING AGENCY: Island County Human Services
Website: https://www.islandcountywa.gov/Humanservices/
Facebook: https://www.facebook.com/islandcountyparent2parent/?fref=ts

San Juan County (No P2P Program currently)

Skagit County
HEATHER MILLIREN, Coordinator
AMANDA SLOAN, Assistant Coordinator
FABIOLA SOLIS, Hispanic Outreach Specialist
320 Pacific Place
Mt. Vernon, WA 98273

Program Activities: Resources, lending library, Autism, mothers, general, teens, support meetings) educational workshops, recreational activities, annual Helping Parent Training, annual moms’ events and Spanish translation available.
VOICE: (360) 416-7570
FAX: (360) 416-7580
E-MAIL: p2p@sparckids.org, Amanda@sparckids.org, Hispacious2p@sparckids.org
SPONSORING AGENCY: SPARC
Website: www.p2pskagit.org
Facebook: https://www.facebook.com/SkagitP2P/

Snohomish County
JAMIE COONTS, Coordinator, ext. 104
ALAINA KUBE, Coordinator, ext. 111
MELY CERVANTES, Hispanic Outreach Coordinator, ext. 114
LYNNEA RIMANDO, Coordinator, ext. 106
2500 Hewitt Avenue, Suite 300
Everett, WA 98201

Program Activities: Helping Parent, Mothers Network, Fathers Network, Autism Support Group, English & Spanish Parent Groups, Monthly Parent Speaker Night, Lego Club, Family Activities, Sibshops, Special Education Speakers & Support, Caregiver Support Group, Weekly/Bi-weekly Arc Happenings e-mail Newsletter with events & resources, Website Calendar, Book & Video Lending Library
VOICE: (425) 258-2459

(Snohomish-Continued) FAX: (425) 252-8232
E-MAIL: jamiie@arcsno.org, alaina@arcsno.org, mely@arcsno.org,
Lynnea@arcsno.org
SPONSORING AGENCY: The Arc of Snohomish County
Website: www.arcsno.org

Whatcom County
KARLENE UMBAUGH, Coordinator, ext. 302
MELISSA ABRAHAM, Parent Assistant ext. 301
MARTA MEJIA, Latino Community Coordinator, ext. 308
2602 McLeod Road
Bellingham, WA 98225

VOICE: (360) 715-0170
FAX: (360) 715-8522
E-MAIL: karlene@p2pwhatcom.org, melissa@p2pwhatcom.org,
info@p2pwhatcom.org, familia@p2pwhatcom.com
SPONSORING AGENCY: Arc of Whatcom County – Beverly Porter, ED
Website: www.p2pwhatcom.org
Facebook: https://www.facebook.com/ParentToParentWhatcom/

Peninsula Region

Clallam County
SHAWNDA HICKS, Coordinator
301 East Lopez Avenue # 4
Port Angeles, WA 98362

Program Activities: Parent support, seminars, social activities and information
VOICE: (360) 406-1215 Shawnda or (360) 797-3602 Priya
E-MAIL: shawnda.mosaic@gmail.com, priya.mosaic@gmail.com
SPONSORING AGENCY: Clallam Mosaic; Priya Jayadev, Executive Director
Website: www.clallammosaic.org
Facebook: https://www.facebook.com/clallammosaicorg/?fref=ts

Grays Harbor/Pacific Counties (New)
CHARLENE MCCARTY- P2P/Senior Parent Coordinator
AMBER COOK, P2P Pacific Coordinator
523 West First Street
PO Box 1794
Aberdeen, WA 98520

Program Activities: Parent and Family emotional support and guidance is navigating our complex system. Informational Resource & Referral via phone, e-mail, Facebook and website. Quarterly Arc Newsletter and bi-monthly email bulletin, Educational workshops and presentations on schools I.E.P. (Individual Education Plan) and 504 plans, Transition Services, Guardianship, Wills & Trusts, and other topics. Life Skills and Social events, Summer Youth Employment program, Annual Helping Parent Training
VOICE: (360) 537-7000
FAX: (360) 537-8816
E-MAIL: charlenem@arcgh.org, amberc@arcgh.org
SPONSORING AGENCY: The Arc of Grays Harbor
Website: www.arcgh.org
Facebook: https://www.facebook.com/groups/750626038422099/

Kitsap/ Jefferson Counties
NAOMI EVANS, Coordinator
3243 North Perry Avenue
Bremerton, WA 98310

Program Activities: newsletter, workshops, resources
VOICE: (360) 516-8276
E-MAIL: NEevans@arckj.org, NEvans@penarc.org
SPONSORING AGENCY: The Arc of Kitsap & Jefferson Counties
Website: www.penarc.org
Facebook: https://www.facebook.com/thearcofkitsapandjeffersoncounties/

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WASHINGON STATE PARENT TO PARENT SUPPORT PROGRAMS
SITES AND COORDINATORS – July 2018

Thurston/Mason Counties
SYLVIA DAVENPORT, Coordinator
South Sound Parent to Parent
2108 Caton Way SW
Olympia, WA 98502
Program Activities: Spanish Language Line, Helping Parent, P2P Support
Groups, Down Syndrome Support and activities, Mom to Mom, Sibshops,
Family Activities, Annual Family Picnic, Buddy Walk, Infant/Toddler Early
Intervention Program (ESIT), SPO Support, Transition/IEP Support, Angels
and Butterflies Grief support, Toy/Equipment/Book lending program, Information
and referral, website, monthly newsletter, Parent Education
VOICE: (360) 352-1126 (main line & Spanish Language Line)
Toll Free: (877) 352-1126
FAX: (360) 352-0761
E-MAIL: sdavenport@ssp2p.org
SPONSORING AGENCY: PAVE
Website: www.ssp2p.org
Facebook: https://www.facebook.com/ssp2p/

PIERCE / KING REGION

King County
RACHEL NEMHAUSER, Coordinator
PATRICIA GONZALEZ, Coordinator for Latino & Spanish Speaking Families
233 6th Avenue North
Seattle, WA 98109
Program Activities: Parent support groups, Information and referral, Email
support and information groups, Parent education, family events in English,
Spanish and for African American families
VOICE: (206) 829-7053
SPANISH: (206) 829-7030
Contact info:
Rachel Nemhauser: (206) 829-7046 or RNemhauser@arcofkingcounty.org
Patricia Gonzalez: (206) 829-7027 or pgonzalez@arcofkingcounty.org
Program Supervisor Robin Tatsuda: (206) 829-7011 or
rlatsuda@arcofkingcounty.org
FAX: (206) 364-8140
SPONSORING AGENCY: The Arc of King County
Website: www.arcofkingcounty.org
Facebook: https://www.facebook.com/arcofkingcounty/

Pierce County
MICHELE LEHOSKY, Coordinator ext. 104
DOREEN VANDERVORT, Co-Coordinator
6316 South 12th Street
Tacoma, WA 98465
Program Activities: Community Inclusion Program, List serve support ,
Information and Referral, Down Syndrome Support group , Mom’s Night Out,
Person Centered Planning Workshops, Spanish Support Group, Conversations
& Coffee, PURPAS Autism Group, Coffee or Tea with P2P
VOICE: (253) 565-2266, Mon.-Fri. 1:00 – 4:30
V/TTY: (253) 565-2266 OR 1-800-5PARENT
FAX: (253) 566-8052
E-MAIL: P2P@wapave.org
SPONSORING AGENCY: PAVE
Website: http://wapave.org/
Facebook: https://www.facebook.com/washingtonpave/
Help Request: www.wapave.org/get-help

SOUTHWEST REGION

Clark
TBA, Coordinator
PO Box 2608
Vancouver, WA 98668
Program Activities: Social Gatherings, Support Groups, Newsletter, Lending
Library
VOICE: (360) 823-2247
FAX: TBA
E-MAIL TBA
SPONSORING AGENCY: Parents Empowered And Communities Enhanced
(PEACE); Darla Helt, Executive Director darlah@peacenw.org
Facebook: TBA

Cowlitz County
LACEY CAIRNS, Coordinator
906 New York Street
Longview, WA 98632
Program Activities: Monday Playgroup, Weekly Respite Program, Outreach,
Information and Referral, Parent/Family Support Services, Support with DDA,
SSI, Guardianship and Trusts, IEP/504 School Support and Advocacy Services,
Annual Family Day Camp, Fins of Fury Swim Camp, Transition Training Series,
Helping Parent Training, Disability Awareness, Weekly Parent Support Group,
Facebook Parent Support Group-Closed Group, Parent Advisory Group, Parent
Workgroups, Buddy Club, Lending Library
VOICE: (360) 425-5494
FAX: (360) 577-9137
E-MAIL: laceycairns@lifeworkswa.org
SPONSORING AGENCY: LifeWorks WA
Website: http://www.lifeworkswa.org/
Facebook: https://www.facebook.com/groups/1807729746114125/ closed group
The Arc of Cowlitz County page: https://www.facebook.com/pg/The-Arc-of-Cowlitz-County-387384154662446/posts/?ref=page_internal

Klickitat County/Skamania Counties (New)
GAIL LAMPERS, Coordinator
Mailing Address (PEACE):
PO Box 820681
Vancouver, WA 98682
Program Activities: TBA
VOICE: (509) 774-7472
E-MAIL: klickitatcounty2p@gmail.com
SPONSORING AGENCY: Parents Empowered And Communities Enhanced
(PEACE); Darla Helt, Executive Director darlah@peacenw.org
Facebook: https://www.facebook.com/ParentToParentofKlickitatCounty/

Lewis County
MELODY PORTER, Coordinator
PO Box 870
203 West Reynolds Avenue
Centralia, WA 98531
Program Activities: Monthly parent support meetings, newsletter, resource &
referral service, video & book lending library, Helping Parent Training,
educational trainings and family events, Transition support, Sibshops,
Community Education
VOICE: (360) 520-3406
FAX: (360) 330-1663
E-MAIL: mporter@reliableenterprises.org
SPONSORING AGENCY: Reliable Enterprises
Website: www.reliableenterprises.org
Facebook: https://www.facebook.com/lewiscountyparent2parent/?fref=ts

Wahkiakum County (No P2P Program currently)