Universal Developmental Screening (UDS) & Help Me Grow (HMG)
Learning Module
Communication Network Minutes July 2018

**Purpose:** These self-paced training resources cover a variety of UDS and HMG topics relevant to Title V Maternal and Child Health Programs. The time needed to complete each module will vary, but it is estimated you’ll spend about 30 minutes on each section. As you check out the entire package of trainings and then explore in more depth the ones that are most pertinent to your work, you will have the opportunity to increase your baseline knowledge of UDS and HMG in WA. As you complete each training, consider the following questions and consider concrete actions you may want to take in your work on UDS systems development:

1. What are they key points from the training/article?
2. What points from the training/article are relevant or useful for your work?
3. Are there any action items you want to pursue because of what you learned from this training/article?
4. What questions come to mind after reviewing this information?

<table>
<thead>
<tr>
<th>Introduction to Universal Developmental Screening</th>
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<tbody>
<tr>
<td>Resources to learn more about UDS and HMG</td>
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**Communicating the Value of Developmental Screening**

http://www.amchp.org/Storyline/story.html

SPHARC has developed an interactive, self-paced learning module that aims to build capacity of Title V leaders and other health professionals in articulating the value of developmental screening with various stakeholders by helping its users:

- Identify the purpose of developmental screening,
- Understand the impact screening has on families and children,
- Recognize the roadblocks and challenges of the screening process,
- Understand the role of Title V in developmental screening and communicate its value, and identify additional resources to assist in communicating value.

**Screening Technical Assistance & Resource (STAR) Center**

(American Academy of Pediatrics)


Early childhood screening is an essential component of health supervision and provides a foundation for monitoring and supporting healthy physical, cognitive, and psychosocial development. The Screening in Practices Initiative offers information and resources, including screening recommendations, practice tools, and individualized assistance, to help pediatric health care providers implement effective screening, referral, and follow-up for developmental milestones, maternal depression, and social determinants of health.
**Connecting Families to Developmental Screening and Other Resources**  
(WithinReach)  

**WithinReach offers a FREE e-course entitled “Connecting Families to Developmental Screening and other resources.”** The e-course is also offered in Spanish.  

**CDC Milestone App**  
[https://www.cdc.gov/ncbddd/actearly/milestones-app.html](https://www.cdc.gov/ncbddd/actearly/milestones-app.html)  
The CDC has launched their Milestone app. This is app is free and family-friendly that providers can share with their families to track their child’s development. On this link you will also find fliers to post in the classroom to promote this app, as well as add a web button to your website.

The Help Me Grow system helps states and communities leverage existing resources to identify vulnerable children, link families to community-based services, and empower families to support children’s healthy development.

**Help Me Grow System Overview** (WithinReach)  

This brief webcast created by WithinReach and Best Starts for Kids provides an introductory overview of the HMG system.

**What is Help Me Grow?** (Help Me Grow National Center)  
[https://helpmegrownational.org/what-is-help-me-grow/](https://helpmegrownational.org/what-is-help-me-grow/)

Help Me Grow is a system model that works to promote cross-sector collaboration in order to build efficient and effective early childhood systems that mitigate the impact of adversity and support protective factors among families, so that all children can grow, develop, and thrive to their full potential. The HMG National Center website provides a wealth of information about this model.