OPEN SESSION

1. Call to Order/Introductions—DISCUSSION/ACTION—Chad Aschtgen, ND, Chair
   The meeting was called to order at 8:35 a.m.
   1.1 Introduction of board, staff, guests, and audience
   1.2 Approval of February 8, 2019 agenda
   1.3 Approval of November 16, 2018, business meeting minutes

   MOTION: The motion was made to approve items 1.2 and 1.3. The Motion was seconded and passed.

2. Old Business
   2.1 Rules Project Update
      2.1.1 Non-surgical cosmetic procedures
         At its previous meeting the board deferred decision on this rule, and the CR 102 has since expired. This item will be included in the May meeting agenda allowing time for additional study and review of public comments.
2.1.2 Continuing education

2.1.3 Full approval of colleges of naturopathic medicine

The rules noted in items 2.1.2 and 2.1.3 are going forward in tandem. The CR 103 is currently at the DOH Secretary’s office. Once approved, it will be filed with the Office of the Code Reviser. The full approval of colleges of naturopathic medicine will become effective 31 days after filing. The effective date for continuing education will be January 1, 2020, allowing time for licensees to meet the new requirements.

2.2 Statistical report follow up

2.2.1 The board discussed a report comparing medical marijuana disciplinary cases for other health professions.

Due to the process of how complaints are categorized and entered at intake and how a case may evolve into a different category, the task of creating a comparative report is unrealistic in time it would take to the value it would have. Educating practitioners on being compliant to the law can be accomplished without the information the report would provide.

2.2.2 The board review and discussed a report comparing incoming revenue data from before and after the recent fee increase.

The fee increase, which took effect March 1, 2018, is beginning to show in increased revenue. DOH is beginning to use a new cost driver tool which will provide a report that will show more comprehensive information and better pinpoint expenses. The new report should be available for the May meeting.

2.3 Business Plan follow up

At the previous meeting, Ms. Gragg and Dr. Neary were asked to include notations showing when each measure in the business plan was met and when the next measure is due.

MOTION: The motion was made to approve the business plan as presented. The motion was seconded and approved.

2.4 Newsletter follow up

The GovDelivery performance report shows a 25% open rate for the Naturopathy newsletter which is considered a very high readership. Some phone call clarification inquiries have come in in response to newsletter articles. Two newsletters will be published every year. The next one come about near June.

Topics considered for the next issue are:

- Clarification on CE requirements based on inquiries received.
- Other FAQs that have come in or from the FAQ webpage.
• Explanation of CE audits, what they look like, what to expect, and how to prepare.

3. **New Business—DISCUSSION/ACTION—Chad Aschtgen, ND, Chair**

3.1 2019 Legislative Meet-Me Call Representative
Dr. Cope volunteered to participate on the HSQA Legislative Meet-Me conference calls for the upcoming 2019 Legislative Session. Dr. Ahdut volunteered to serve as back up.

3.2 2019 Legislative Update
Ms. Gragg provided a report listing 29 house and senate bills currently before the legislature that may impact or be of interest to the naturopathic profession. Highlighted were:

- HB 1019 concerning vaccination and antibody titer test notification. This rule would require healthcare providers to notify patients, prior to a subsequent dose of a vaccine, of the option to obtain a serologic proof of immunity test in lieu of the vaccination.
- HB 1049 concerning health care provider and health care facility whistleblower protections.
- HB 1198 requiring health care providers sanctioned for sexual misconduct to notify patients.
- HB 1260 concerning intramuscular needling. This rule would add intramuscular needling to the scope of practice of physical therapy.
- HB 1331 concerning opioid use disorder treatment, prevention, and related services. This is the governor’s request bill on opioid prescribing with a wide impact on many professions and practices.
- HB 1630 concerning the practice of naturopathy. This is the naturopath bill on prescribing rights. At this time, HB 1630 is scheduled for the health care committee hearing on February 13, 2019.
- SB 5386 concerning training standards in providing telemedicine services. This rule would require any healthcare provider who provides telemedicine services to complete training established by the Collaborative for the Advancement of Telemedicine out of the University of Washington in collaboration with the DOH Medical Commission. The training would have to be renewed every four years.

3.3 Correspondence
The board will review and discuss any correspondence received since the last meeting.

3.3.1 Approval for IV Therapy courses
A request had been received for board approval of the International IV Nutritional Therapy for Professionals (IIVNTP), *Fundamentals and Clinical Applications of IV Nutrient Therapies* course to meet the requirements of WAC 246-836-220.

**MOTION**: The motion was made to approve the International IV Nutritional Therapy for Professionals (IIVNTP), *Fundamentals and Clinical Applications of IV Nutrient Therapies* course as meeting the requirements of WAC 246-836-220. The motion was seconded and passed.
3.3.2 Approval for controlled substance course
The National University of Health Sciences naturopathic physician program in Lombard, IL, requested board approval of their pharmacology courses (pharmacology I [NN6107] and pharmacology II [NN6206]) so their graduates will meet the requirements of WAC 246-836-220 without needing to take any additional training.

**MOTION:** The motion was made to approve the National University of Health Sciences naturopathic physician program’s pharmacology courses (pharmacology I [NN6107] and pharmacology II [NN6206]) for their graduates to meet the requirements of WAC 246-836-220 without needing to take any additional training. The motion was seconded and passed.

3.3.3 Endocrine Dynamic Testing
A licensee asked the board if performing dynamic endocrine testing is within naturopathic scope of practice. The specific tests identified in the request were:
- Clucagon stimulation test to assess adult growth hormone deficiency;
- Cosyntropin stimulation test to assess function of the adrenal glands stress response; and
- Water suppression test to assess the ability of the patient to concentrate urine when fluids are withheld.

Staff, in consultation with Legal, identified that the specific tests were arguably within naturopathic scope of practice. A letter of response was drafted citing the pertinent RCWs and WACs including informative detail on each test and related medications. The draft letter will be sent to all members of the board for review and consideration of any public comment that may be received. A response will be considered at the board’s regular meeting in May. Staff will contact the inquirer letting them know the board’s timeline.

3.4 Medical Marijuana Guidelines – revised
Representatives from the Board of Naturopathy, the Board of Osteopathic Medicine and Surgery, the Washington Medical Commission, and the Nursing Care Quality Assurance Commission work together to routinely review and update the standards in the guidelines and bring them forward for adoption. The board reviewed the proposed revisions to the Medical Marijuana Authorization Guidelines.

**MOTION:** The motion was made to adopt the updated language of the Medical Marijuana Authorization Guidelines as presented. The motion was seconded and approved.
4. Program Reports—DISCUSSION—Blake Maresh, Executive Director; Susan Gragg, Program Manager; Luke Eaton, AAG Adviser

Ms. Gragg, and Mr. Eaton gave updates regarding department issues and issues specific to the naturopathic physician profession.

4.1 Budget – Total spending has been under the budget allotment. One area that is overspent is staffing. Some reduction in that will be seen as Ms. Gragg is currently filling both the program manager and the executive director positions while the department is recruiting and interviewing applicants. There was no discussion.

4.2 Statistics reports – The Credential Count report shows 1471 licensees with active which continues an upward trend. The Current Open Cases report shows two in assessment, 12 in investigation, 17 in board member and legal review, and four pending service of legal documents, for a total of 35 active open cases.

4.3 Continuing education audit report – Ms. Gragg provided a document showing five routine continuing education audit reports that have met the requirements. The documents gives the board an idea of what is being approved. Ms. Gragg noted that any item that she is unsure about it qualifying is forwarded to the board for determination. Once the new CE rules come into effect the requirements will become more stringent.

4.4 Recruitment update – There is currently no recruitment happening to fill board positions. Two professional positions on the board will open in August and might be filled by reappointment or through application. Interviews are in process for the staff positions of program manager and executive director.

4.5 Update on member comparisons between health profession boards – Many boards are interested in pursuing the steps necessary to increase the number of their members and compensation to be more commensurate with the growth and demand of their professions. No legislation on this is being considered this year. The board determined to defer discussion of this item to the May meeting.

4.6 Informational awareness: Emergency rules regarding marijuana testing – Ms. Gragg provided information on CR-103E. CR-103 implemented RCW 34.05.350 and 34.05.360 requiring quality assurance testing and compliant product labeling. As there is currently no Liquor and Cannabis Board (LCB) certified laboratory providing heavy metal screening, marijuana producers and processors are unable to get their products tested as required. The Department of Health, through this emergency ruling is temporarily repealing the requirement for heavy metal screening for medical marijuana products. The emergency rule stays in effect for 120 days or until a certified third-party laboratory is established. This information may be helpful for practitioners to know should patients call with concerns.
5. **Open Forum—DISCUSSION—Chad Aschtgen, ND, Chair**
The purpose of the open forum is to provide the public an opportunity to address the board on issues of significance to or affecting the practice of naturopathy and that are not related to topics for which a rules hearing was or will be scheduled.
- Mr. Robert May, WANP, requested that future meetings offering attendance through GoToMeeting include the possibility of screen viewing in order to see visual presentations and reports. He also invited the board to share any position it might have on HB 1630 with WANP.
- Dr. Melsness shared her appreciation of the board providing remote attendance for the meeting.

6. **Future Business—DISCUSSION—Chad Aschtgen, ND, Chair**
The following agenda items were identified for future meetings:
- Non-surgical cosmetic procedures
- Continue discussion on endocrine dynamic testing correspondence item
- Update on member comparisons between health profession boards

7. **Settlement Presentations—DISCUSSION/ACTION—Chad Aschtgen, ND, Chair**
Settlement and/or Agreed Order presentations are contingent upon agreements being reached between the parties prior to a board meeting. Decisions are made in Closed Session.

8. **Adjournment of public meeting—ACTION—Chad Aschtgen, ND, Chair**
The meeting’s open public session adjourned by approved motion at 10:08 a.m.

Closed Session commenced at 10:23 a.m.

9. **Discipline and Licensing**
The board attended to licensing and disciplinary matters.

**Next Meeting:**
- **Date:** May 17, 2019
- **Time:** 8:30 am
- **Location:** Bastyr University
  14500 Juanita Drive NE
  Kenmore, WA 98028