<table>
<thead>
<tr>
<th>1st Quarter 2020</th>
<th>2nd Quarter 2020</th>
<th>3rd Quarter 2020</th>
<th>4th Quarter 2020</th>
</tr>
</thead>
</table>
| **JAN 7 AND FEB 25**  
Spokane  
Salvation Army  
222 E Indiana  
Spokane WA 99207 | **APRIL 14 AND JUNE 23**  
Spokane  
Salvation Army  
222 E Indiana  
Spokane WA 99207 | **JULY 7 AND AUGUST 25**  
**EAST REGION**  
Better Health Together, Greater Columbia East (Benton-Franklin, Whitman, Columbia, Garfield, Asotin)  
Online Webinar | **SEPT 1 AND OCT 20**  
**EAST REGION**  
Better Health Together, Greater Columbia East (Benton-Franklin, Whitman, Columbia, Garfield, Asotin)  
Online Webinar |
| **JAN 7 AND FEB 25**  
Seattle  
Seattle Central College Health Education Center  
1200 12th Ave S  
Seattle WA 98144 | **APRIL 14 AND JUNE 23**  
Seattle  
Seattle Central College Health Education Center  
1200 12th Ave S  
Seattle WA 98144 | **JULY 7 AND AUGUST 25**  
**NORTH REGION**  
King, Snohomish, Skagit, Whatcom, Island, San Juan, Kitsap, Jefferson, Clallam  
Online Webinar | **OCT 6 AND DEC 2**  
**NORTH REGION**  
King, Snohomish, Skagit, Whatcom, Island, San Juan, Kitsap, Jefferson, Clallam  
Online Webinar |
| **JAN 8 AND FEB 26**  
Tacoma  
TCC  
6501 S 19th St Building 9  
Tacoma WA 98466 | **APRIL 15 AND JUNE 23**  
Tacoma  
TCC  
6501 S 19th St Building 9  
Tacoma WA 98466 | **JULY 8 AND AUGUST 26**  
**SOUTH REGION**  
Pierce, Thurston, Mason, Grays Harbor, Pacific, Lewis, Cowlitz, Cowlitz, Clark, Skamania, Klickitat, Wahkiakum  
Online Webinar | **OCT 7 AND DEC 1**  
**SOUTH REGION**  
Pierce, Thurston, Mason, Grays Harbor, Pacific, Lewis, Cowlitz, Cowlitz, Clark, Skamania, Klickitat, Wahkiakum  
Online Webinar |
| **JAN 14 AND MAR 3**  
Yakima  
Yakima Health District  
1210 Ahtanum Ridge Dr  
Yakima WA 98903 | **APRIL 21 AND JUNE 23**  
Vancouver  
PeaceHealth Education Center Auditorium 1  
400 Mother Joseph Pl  
Vancouver WA 98661 | **JULY 14 AND SEPT 1**  
**CENTRAL REGION**  
Okanogan, Chelan, Douglas, Grant, Kittitas, Yakima  
Online Webinar | **OCT 13 AND DEC 8**  
**CENTRAL REGION**  
Okanogan, Chelan, Douglas, Grant, Kittitas, Yakima  
Online Webinar |
2020 CHW Health Specific Module Schedule

We offer 2 (two) tracks of Health Specific Modules per quarter. Core competency graduates can register for 3 courses per track. Each track is 10 days and is separate, but may overlap another track. Each module requires 2 to 4 hours of coursework. Please only register for what time allows you.

<table>
<thead>
<tr>
<th>Track 1</th>
<th>Track 2</th>
<th>Track 3</th>
<th>Pista Cuatro (Track 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Breast Health and Cancer Screening</td>
<td>• Motivational Interviewing</td>
<td>• Cardiovascular Health</td>
<td>• Entrenamiento de la salud y la entrevistas motivacionales</td>
</tr>
<tr>
<td>• Cervical Health and Cancer Screening</td>
<td>• Navigating Health Insurance</td>
<td>• Pre diabetes and Diabetes</td>
<td>• Diabetes y Prediabetes</td>
</tr>
<tr>
<td>• Colorectal Health and Cancer Screening</td>
<td>• Health Advocacy</td>
<td>• Oral Health</td>
<td>• Presión Arterial Alta (Hipertensión)</td>
</tr>
<tr>
<td>• Prostate Health and Cancer Screening</td>
<td>• Social Determinants of Health &amp; Disparities</td>
<td>• Blood Pressure &amp; Hypertension</td>
<td>• Habilidades de Abogacia</td>
</tr>
<tr>
<td>• Understanding Skin Cancer</td>
<td>• Healthy Eating Active Living</td>
<td>• Behavioral Health</td>
<td>• Workers Compensation SP</td>
</tr>
<tr>
<td>• Immunizations Across the Lifespan</td>
<td>• Smoking Cessation</td>
<td>• HIV</td>
<td></td>
</tr>
<tr>
<td>• Providing Social Support</td>
<td>• Prenatal nutrition</td>
<td>• Dementia Awareness</td>
<td></td>
</tr>
<tr>
<td>• Family Planning</td>
<td>• Substance Abuse</td>
<td>• Chronic Pain</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Depression, Anxiety, &amp; Stress</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Workers Compensation</td>
<td></td>
</tr>
</tbody>
</table>

1st Quarter Registration—Tracks 1 and 2
Opens March 2, 2020

- Track 1  
  03/09—03/18

- Track 2  
  03/19—03/28

2nd Quarter Registration—Tracks 3 and 4
Opens May 20, 2020

- Track 3  
  06/01—6/10

- Track 4—HIGHLIGHTED COURSES  
  06/11—6/20

3rd Quarter Registration—Tracks 1 and 2
Opens August 31, 2020

- Track 1  
  09/08—9/17

- Track 2  
  09/18—9/27

4th Quarter Registration—Tracks 3 and 4
Opens December 7, 2020

- Track 3  
  12/14—12/23

- Track 4—HIGHLIGHTED COURSES  
  12/24—1/02

For people with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY call 711).