<table>
<thead>
<tr>
<th>1st Quarter 2019</th>
<th>2nd Quarter 2019</th>
<th>3rd Quarter 2019</th>
<th>4th Quarter 2019</th>
</tr>
</thead>
</table>
| **JAN 8 AND FEB 26**  
Spokane  
Salvation Army  
222 E Indiana  
Spokane WA 99207 | **APRIL 2 AND MAY 21**  
**Des Moines**  
Highline College  
Bldg 99, Room 1312400 S 240th St  
Des Moines WA 98198 | **JULY 9 AND AUGUST 27**  
**Seattle**  
Seattle Central College  
Health Education Center  
1200 12th Ave S  
Seattle WA 98144 | **OCT 8 AND DEC 3**  
**Port Angeles**  
Peninsula College  
1502 E Lauridsen Blvd  
Health Sciences Bldg  
Port Angeles WA 98362 |
| **JAN 9 AND FEB 27**  
**Richland**  
Columbia Basin College  
940 Northgate, MSC Bldg  
Richland WA 99352 | **APRIL 3 AND MAY 22**  
**Tacoma**  
TCC  
6501 S 19th St  
Opgaard Student Center  
Building 11—main floor  
Tacoma WA 98466 | **JULY 10 AND AUGUST 28**  
**Tacoma**  
TCC  
6501 S 19th St  
Opgaard Student Center  
Building 11—main floor  
Tacoma WA 98466 | **OCT 9 AND DEC 4**  
**Everett**  
Citrine Health  
2940 West Marine View Dr  
Everett WA 98201 |
| **JAN 11 AND MAR 1**  
**Bellingham**  
Whatcom Comm College  
(1-11-19 9:00-4:00)  
Health Education Center  
(3-1-19 9:00-12:00)  
3333 Squalicum Parkway  
Bellingham, WA | **APRIL 4 AND MAY 23**  
**April 4—Vancouver Housing Authority**  
Community Room 1st floor  
2500 Main St  
Vancouver WA  
**May 23—Bridgeview Resource Center**  
Class C&D  
505 Omaha Way  
Vancouver WA | **JULY 11 AND AUGUST 29**  
**Longview**  
TBD | **Oct 10 and Dec 5**  
**Tacoma**  
TCC  
6501 S 19th St  
Opgaard Student Center  
Building 11—main floor  
Tacoma WA 98466 |
| **JAN 15 AND MARCH 5**  
**SeaTac**  
Refugees Northwest  
4040 S 188th St., Ste 100  
SeaTac, WA 98188 | **APRIL 9 AND JUNE 5**  
**Spokane**  
Salvation Army  
222 E Indiana  
Spokane WA 99207 | **JULY 16 AND SEPT 11**  
**Moses Lake**  
TBD | **Oct 15 and Dec 10**  
**Yakima**  
TBD |
| **JAN 16 AND MARCH 6**  
**Tacoma**  
TCC  
6501 S 19th St  
Opgaard Student Center  
Building 11—main floor  
Tacoma WA 98466 | **APRIL 11—12, 2019**  
**CHW CONFERENCE**  
**Wenatchee** | **JULY 18 AND SEPT 10**  
**Colville**  
TBD | **Oct 16 and Dec 11**  
**Spokane**  
Salvation Army  
222 E Indiana  
Spokane WA 99207 |
| **April 4—Bridgeview Resource Center**  
Community Room 1st floor  
2500 Main St  
Vancouver WA  
**May 23—Bridgeview Resource Center**  
Class C&D  
505 Omaha Way  
Vancouver WA | **CHW CONFERENCE**  
**Wenatchee** | **CHW CONFERENCE**  
**Wenatchee** | **CHW CONFERENCE**  
**Wenatchee** |
2019 CHW Health Specific Module Schedule

We offer 2 (two) tracks of Health Specific Modules per quarter. Core competency graduates can register for 3 courses per track. Each track is 10 days and is separate, but may overlap another track. Each module requires 2 to 4 hours of coursework. Please only register for what time allows you.

**Track 1**
- Breast Health and Cancer Screening
- Cervical Health and Cancer Screening
- Colorectal Health and Cancer Screening
- Prostate Health and Cancer Screening
- Immunizations Across the Lifespan
- Providing Social Support
- Family Planning

**Track 2**
- Motivational Interviewing
- Navigating Health Insurance
- Health Advocacy
- Social Determinants of Health & Disparities
- Healthy Eating Active Living
- Smoking Cessation
- Prenatal nutrition
- Substance Abuse

**Track 3**
- Cardiovascular Health
- Pre diabetes and Diabetes
- Oral Health
- Blood Pressure & Hypertension
- Behavioral Health
- HIV
- Dementia Awareness
- Chronic Pain
- Depression, Anxiety, & Stress

**Track 4**
- Entrenamiento de la salud y la entrevistas motivacionales
- Diabetes y Prediabetes
- Presión Arterial Alta (Hipertensión)
- Habilidades de Abogacia
- Salud Bucal

**1st Quarter Registration—Tracks 1 and 2**

Opens March 1, 2019

Track 1
03/10—03/19

Track 2
03/20—03/29

**2nd Quarter Registration—Tracks 3 and 4**

Opens May 30, 2019

Track 3
06/09—6/18

Track 4
06/19—6/28

**3rd Quarter Registration—Tracks 1 and 2**

Opens August 30, 2019

Track 1
09/08—9/17

Track 2
09/18—9/27

**4th Quarter Registration—Tracks 3 and 4**

Opens December 6, 2019

Track 3
12/15—12/24

Track 4
12/25—1/03

For people with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY call 711).