<table>
<thead>
<tr>
<th>1st Quarter 2019</th>
<th>2nd Quarter 2019</th>
<th>3rd Quarter 2019</th>
<th>4th Quarter 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>JAN 8 AND FEB 26</strong>&lt;br&gt;Spokane&lt;br&gt;Salvation Army&lt;br&gt;222 E Indiana&lt;br&gt;Spokane WA 99207</td>
<td><strong>APRIL 2 AND MAY 21</strong>&lt;br&gt;Des Moines&lt;br&gt;Highline College&lt;br&gt;Bldg 99, Room 131&lt;br&gt;2400 S 240th St&lt;br&gt;Des Moines WA 98198</td>
<td><strong>JULY 9 AND AUGUST 27</strong>&lt;br&gt;Seattle&lt;br&gt;Seattle Central College&lt;br&gt;Health Education Center&lt;br&gt;1200 12th Ave S&lt;br&gt;Seattle WA 98144</td>
<td><strong>OCT 8 AND DEC 3</strong>&lt;br&gt;Port Angeles&lt;br&gt;Peninsula College&lt;br&gt;1502 E Lauridsen Blvd&lt;br&gt;Health Sciences Bldg&lt;br&gt;Port Angeles WA 98362</td>
</tr>
<tr>
<td><strong>JAN 9 AND FEB 27</strong>&lt;br&gt;Richland&lt;br&gt;Columbia Basin College&lt;br&gt;940 Northgate, MSC Bldg&lt;br&gt;Richland WA 99352</td>
<td><strong>APRIL 3 AND MAY 22</strong>&lt;br&gt;Tacoma&lt;br&gt;TCC&lt;br&gt;6501 S 19th St&lt;br&gt;Opgaard Student Center&lt;br&gt;Building 11—main floor&lt;br&gt;Tacoma WA 98466</td>
<td><strong>JULY 10 AND AUGUST 28</strong>&lt;br&gt;Tacoma&lt;br&gt;TCC&lt;br&gt;6501 S 19th St&lt;br&gt;Opgaard Student Center&lt;br&gt;Building 11—main floor&lt;br&gt;Tacoma WA 98466</td>
<td><strong>OCT 9 AND DEC 4</strong>&lt;br&gt;Everett&lt;br&gt;Citrine Health&lt;br&gt;2940 West Marine View Dr&lt;br&gt;Everett WA 98201</td>
</tr>
<tr>
<td><strong>JAN 11 AND MAR 1</strong>&lt;br&gt;Bellingham&lt;br&gt;Whatcom Comm College&lt;br&gt;(1-11-19 9:00-4:00)&lt;br&gt;Health Education Center&lt;br&gt;(3-1-19 9:00-12:00)&lt;br&gt;3333 Squalicum Parkway&lt;br&gt;Bellingham, WA</td>
<td><strong>APRIL 4 AND MAY 23</strong>&lt;br&gt;April 4—Vancouver Housing Authority&lt;br&gt;Community Room 1st floor&lt;br&gt;2500 Main St&lt;br&gt;Vancouver WA&lt;br&gt;May 23—Bridgeview Resource Center&lt;br&gt;Class C&amp;D&lt;br&gt;505 Omaha Way&lt;br&gt;Vancouver WA</td>
<td><strong>JULY 11 AND AUGUST 29</strong>&lt;br&gt;Longview&lt;br&gt;Lower Columbia College&lt;br&gt;1600 Maple Street&lt;br&gt;Longview WA 98632</td>
<td><strong>OCT 10 AND DEC 5</strong>&lt;br&gt;Tacoma&lt;br&gt;TCC&lt;br&gt;6501 S 19th St&lt;br&gt;Opgaard Student Center&lt;br&gt;Building 11—main floor&lt;br&gt;Tacoma WA 98466</td>
</tr>
<tr>
<td><strong>JAN 15 AND MARCH 5</strong>&lt;br&gt;SeaTac&lt;br&gt;Refugees Northwest&lt;br&gt;4040 S 188th St., Ste 100&lt;br&gt;SeaTac, WA 98188</td>
<td><strong>APRIL 9 AND JUNE 5</strong>&lt;br&gt;Spokane&lt;br&gt;Salvation Army&lt;br&gt;222 E Indiana&lt;br&gt;Spokane WA 99207</td>
<td><strong>JULY 18 AND SEPT 10</strong>&lt;br&gt;Colville&lt;br&gt;TBD</td>
<td><strong>OCT 15 AND DEC 10</strong>&lt;br&gt;Yakima&lt;br&gt;TBD</td>
</tr>
<tr>
<td><strong>JAN 16 AND MARCH 6</strong>&lt;br&gt;Tacoma&lt;br&gt;TCC&lt;br&gt;6501 S 19th St&lt;br&gt;Opgaard Student Center&lt;br&gt;Building 11—main floor&lt;br&gt;Tacoma WA 98466</td>
<td><strong>APRIL 11—12, 2019</strong>&lt;br&gt;<strong>CHW CONFERENCE</strong>&lt;br&gt;Wenatchee</td>
<td></td>
<td><strong>OCT 16 AND DEC 11</strong>&lt;br&gt;Spokane&lt;br&gt;Salvation Army&lt;br&gt;222 E Indiana&lt;br&gt;Spokane WA 99207</td>
</tr>
</tbody>
</table>
2019 CHW Health Specific Module Schedule

We offer 2 (two) tracks of Health Specific Modules per quarter. Core competency graduates can register for 3 courses per track. Each track is 10 days and is separate, but may overlap another track. Each module requires 2 to 4 hours of coursework. Please only register for what time allows you.

**Track 1**
- Breast Health and Cancer Screening
- Cervical Health and Cancer Screening
- Colorectal Health and Cancer Screening
- Prostate Health and Cancer Screening
- Immunizations Across the Lifespan
- Providing Social Support
- Family Planning

**Track 2**
- Motivational Interviewing
- Navigating Health Insurance
- Health Advocacy
- Social Determinants of Health & Disparities
- Healthy Eating Active Living
- Smoking Cessation
- Prenatal nutrition
- Substance Abuse

**Track 3**
- Cardiovascular Health
- Pre diabetes and Diabetes
- Oral Health
- Blood Pressure & Hypertension
- Behavioral Health
- HIV
- Dementia Awareness
- Chronic Pain
- Depression, Anxiety, & Stress

**Track 4** (Track 4)
- Entrenamiento de la salud y la entrevistas motivacionales
- Diabetes y Prediabetes
- Presión Arterial Alta (Hipertensión)
- Habilidades de Abogacia
- Salud Bucal

**1st Quarter Registration**—**Tracks 1 and 2**

Opens March 1, 2019

- **Track 1**
  - 03/10—03/19

- **Track 2**
  - 03/20—03/29

**2nd Quarter Registration**—**Tracks 3 and 4**

Opens May 30, 2019

- **Track 3**
  - 06/9—6/18

- **Track 4**
  - 06/19—6/28

**3rd Quarter Registration**—**Tracks 1 and 2**

Opens August 30, 2019

- **Track 1**
  - 09/08—9/17

- **Track 2**
  - 09/18—9/27

**4th Quarter Registration**—**Tracks 3 and 4**

Opens December 6, 2019

- **Track 3**
  - 12/15—12/24

- **Track 4**
  - 12/25—1/03