Keep it Hot or Cold

Bacteria may grow in potentially hazardous foods. Keep potentially hazardous foods out of the Danger Zone (41°F - 135°F) for safety.

Potentially hazardous foods include:
- Meat, poultry, fish, seafood, eggs.
- Cooked starches (potatoes, rice, pasta).
- Dairy products.
- Soy products, such as tofu.
- Raw sprouts and cut melons.
- Cooked vegetables.
- Herbs and garlic mixed in oil.