



Fruit and Vegetable Prescriptions

PART OF WASHINGTON STATE'S FRUIT AND VEGETABLE INCENTIVE PROGRAM

Everyday more than 750,000 people in Washington don't know where their next meal will come from, and often healthy options are out of reach. Since 2015, the Washington State Department of Health and dozens of partners have implemented Fruit and Vegetable Incentive programs at farmers markets and grocery stores to make healthy food more affordable for low-income families in Washington. With initial funding from the U.S. Department of Agriculture, and continued support from private and state funding, the Fruit and Vegetable Incentive Program helps Washington families on limited budgets afford more fruits and vegetables.

Partnering health care and public health organizations offer their patients fruit and vegetable prescriptions (paper vouchers) that can be used at participating retail locations. Patients who are food insecure and have, or are at risk of developing, a chronic health condition are eligible to receive the prescription.

“The program is a great opportunity for me to eat fresh fruit and veggies, It was absolutely a blessing, They are great. It really helps to ensure that I can choose the healthier food. Otherwise I cannot.”

—Patient

“I’ve had older adults come up to me and say, “Thank you so much for providing the [Fruit and Vegetable Rx], I’ve always loved eating berries but they’re so expensive, but now that gets to be my treat at night. I haven’t had berries in 20 years because I couldn’t afford them.”

—Health care provider

“I am feeling better . . . maybe I can get off some of my medications in the future.”

—Patient



\$595,780

total dollars of Fruit and Vegetable
Prescriptions redeemed by patients
from 2016–2019



health care systems and
public health agencies
that prescribe fruits and
vegetables to patients



counties
participating
across the state

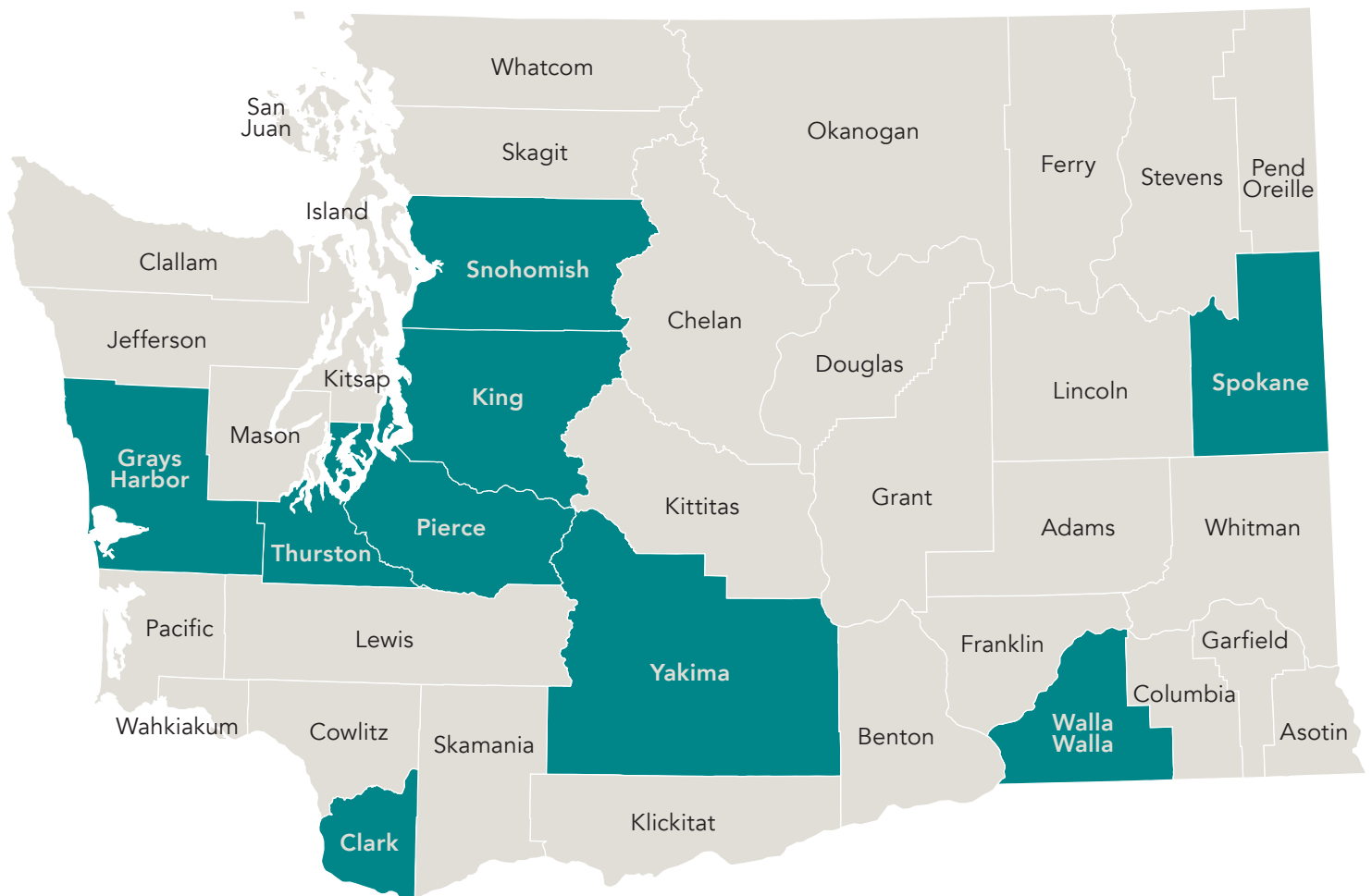
For more information, contact FVIP@doh.wa.gov or visit doh.wa.gov/FVIP.



Fruit and Vegetable Prescriptions

PART OF WASHINGTON STATE'S
FRUIT AND VEGETABLE INCENTIVE PROGRAM

Locations of Washington State's Fruit and Vegetable Prescription Program



Participating Health Care Systems and Public Health Agencies

- Community Health Center of Snohomish County
- Harborview Medical Center
- MultiCare Health System's Center for Healthy Living & Health Equity
- Nisqually Tribal Health Services
- Puget Sound Kidney Centers
- Sea Mar Community Health Centers
- Seattle Children's Odessa Brown Children's Clinic
- Spokane Regional Health District
- Verdant Health Commission
- Virginia Mason Memorial Hospital
- Yakima Neighborhood Health Services
- Yakima Valley Farm Workers Clinics