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DOH Pub #348-728
1. This webinar will be recorded.
2. All participants will be muted. Ask questions using the questions pane.
3. We will answer on-topic questions as time permits at the end of the webinar.
4. The slides and the revised Certificate of Exemption are attached to this webinar.
Today’s Presentation

- Provide updates on new school and child care immunization requirements in the new law
- Identify immunization exemptions allowed in Washington
- Review what the health care practitioner’s role in the exemption process
Section 1

ENGROSSED HOUSE BILL 1638
New Immunization Law

Children in licensed child cares and schools (public and private):

- Removed option for personal and philosophical exemptions for measles, mumps, and rubella (MMR) vaccine
- No change to
  - Religious, religious membership, or medical exemptions
  - Titer testing in lieu of immunization
- Effective July 28, 2019
New Immunization Law

Employee & Volunteer Requirement:

- All licensed child care centers including ECEAP (Early Childhood Education & Assistance Program) and Head Start
- Employees and volunteers at child care centers must provide proof of MMR through one of the following:
  - Documentation of immunization
  - Proof of measles immunity with laboratory titer testing
  - Documentation of medical exemption

Information about the new law and FAQs:

www.doh.wa.gov/mmreexemption.
Types of Exemptions

- Personal and philosophical exemption (not allowed for MMR vaccine)
- Religious
- Religious membership
- Medical

- Effective July 22, 2011, education must be provided by a healthcare practitioner

**RCW28A.210.090**
Religious Exemptions

- Religious: There is no requirement to validate or prove a religious exemption

- Religious Membership: “...used when religious beliefs or teachings of the church preclude a health care practitioner from providing medical treatment to the child”

RCW 28A.210.090
Who is Allowed to Sign?

- Physician licensed under chapter 18.71 or 18.57 RCW
- Naturopath licensed under chapter 18.36A RCW
- Physician Assistant licensed under chapter 18.71A or 18.57A RCW
- Advanced registered nurse practitioner licensed under chapter 18.79 RCW
# Certificate of Exemption—Personal/Religious

For School, Child Care, and Preschool Immunization Requirements

**Child’s Last Name:**

**First Name:**

**Middle Initial:**

**Birthdate [mm/dd/yyyy]:**

**Personal/Philosophical or Religious Exemption**

I am exempting my child from the requirement my child be vaccinated against the following disease(s) to attend school or child care. Select the exemption type and the vaccinations you wish to exempt your child from:

<table>
<thead>
<tr>
<th>Disease</th>
<th>Not Exempt</th>
<th>Permanent Exempt</th>
<th>Temporary Exempt</th>
<th>Expiration Date for Temporary Exemption</th>
</tr>
</thead>
<tbody>
<tr>
<td>Polio</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hepatitis A</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Hib</td>
<td></td>
<td></td>
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<tr>
<td>Mumps</td>
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</tr>
<tr>
<td>Rubella</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

**Parent/Guardian Declaration**

One or more of the required vaccines are in conflict with my personal, philosophical, or religious beliefs. I have discussed the benefits and risks of immunizations with the health care practitioner (signed below). I have been told an outbreak of vaccine-preventable disease occurs for which my child is exempted, my child may be excluded from their school or child care for the duration of the outbreak. The information on this form is complete and correct.

**Parent/Guardian Name (print):**

**Parent/Guardian Signature:**

**Date:**

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**Health Care Practitioner Declaration**

I have discussed the benefits and risks of immunizations with the parent/legal guardian as a condition for exempting their child. I certify I am a qualified MD, ND, DO, ARNP, or PA licensed in Washington State.

**Licensed Health Care Practitioner Name (print):**

**Licensed Health Care Practitioner Signature:**

**Date:**

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**Religious Membership Exemption**

Complete this section ONLY if you belong to a church or religion that objects to the use of medical treatment. Use the section above if you have a religious objection to vaccinations but the beliefs or teachings of your church or religion allow for your child to be treated by medical professionals such as doctors and nurses.

**Parent/Guardian Declaration**

I affirm I am a member of a church or religion whose teaching does not allow health care practitioners to give medical treatment to my child. I have been told an outbreak of vaccine-preventable disease occurs for which my child is exempted, my child may be excluded from their school or child care for the duration of the outbreak. The information on this form is complete and correct.

**Name of church or religion of which you are a member:**

**Parent/Guardian Name (print):**

**Parent/Guardian Signature:**

**Date:**

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**Medical Exemption**

A health care practitioner may grant a medical exemption to a vaccine required by rule of the Washington State Board of Health only if in his or her judgment, the vaccine is not advisable for the child for medical reasons. This form must be completed by a health care practitioner and signed by the parent/guardian. An exempted child/student may be excluded from school or child care during an outbreak of the disease they have not been fully vaccinated against. Vaccine preventable diseases still exist, and can spread quickly in school and child care settings. Immunizations are one of the best ways to protect people from getting and spreading diseases that may result in serious illness, disability, or death.

**Parent/Guardian Name (print):**

**Parent/Guardian Signature:**

**Date:**
### Personal or Religious Exemption

- Use for parent-requested exemptions or alternate schedules
- Needs parent and healthcare practitioner signatures

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**PERSONAL/PHILOSOPHICAL EXEMPTION***

- Diphtheria
- Hepatitis B
- Hib
- Polio
- Pertussis (whooping cough)
- Tetanus
- Pneumococcal
- Varicella (chickenpox)

*Measles, mumps, or rubella may not be exempted for personal/philosophical reasons per state law

**RELIGIOUS EXEMPTION**

- Diphtheria
- Hepatitis B
- Hib
- Polio
- Pertussis (whooping cough)
- Tetanus
- Pneumococcal
- Varicella (chickenpox)
- Measles
- Mumps
- Rubella

**Parent/Guardian Declaration**

One or more of the required vaccines are in conflict with my personal, philosophical, or religious beliefs. I have discussed the benefits and risks of immunizations with the health care practitioner (signed below). I have been told if an outbreak of vaccine-preventable disease occurs for which my child is exempted, my child may be excluded from their school or child care for the duration of the outbreak. The information on this form is complete and correct.

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<th>Licensed Health Care Practitioner Name (print)</th>
<th>Licensed Health Care Practitioner Signature</th>
<th>Date</th>
</tr>
</thead>
</table>

- MD
- ND
- DO
- ARNP
- PA

Washington License #_________________________
What Does the Practitioner Signature Mean?

The signature is the health care practitioner’s attestation stating that he or she “provided the signator with information about the benefits and risks of immunization to the child.”

RCW28A.210.090
Indicate for each disease vaccine antigen whether the child is not exempt, permanently exempt or temporarily exempt.

If temporarily exempt, write in the expiration date.
Section 2

HEALTHCARE PRACTITIONER: THE APPOINTMENT
Clinicians’ role in religious, personal or philosophic, exemptions...

Provide counseling on:

- Benefits & risks of the recommended vaccines
- The risks of vaccine-preventable disease
- And the rationale for the recommended schedule

Your signature attests only to having provided counseling. Clinician has no role in assessing parents’ religious beliefs.
Clinicians’ Role in Medical Exemptions…

- Determine if the child has a contraindication or precaution to receiving any of the required vaccines.
- Determine if the condition warranting an exemption is temporary or permanent; if temporary, write in date when exemption expires:
  - e.g. short-term administration of immunosuppressive drug; blood product
- Your signature attests to your having concluded that the vaccine(s) is not advisable for this child.
- If you conclude that the child could receive the vaccine, do not sign.
Valid Contraindications/Precautions to MMR Include:

- Severe immunodeficiency: hematologic, solid tumors, chemo-therapy, congenital immunodeficiency, long-term immunosuppressive therapy, HIV if immunocompromised
- Parent or sibling with congenital or heredity immunodeficiency
- Receipt of antibody containing blood product within 11 months
- Severe allergic reaction (anaphylaxis) to a prior dose or a vaccine component (neomycin)
- History of thrombocytopenia
- Pregnancy

* [www.cdc.gov/vaccines/mmr/hcp/recommendations.html](http://www.cdc.gov/vaccines/mmr/hcp/recommendations.html)
Conversations with Parents …

The challenge: Shepherding the parents through what may be a very difficult conversation

- Should be respectful and cordial
- Should involve attention to, and empathy for, the parents’ concerns
- ... but will also involve a need to be firm and consistent about what you can – and cannot – do for them with regard to a medical exemption

Remember that ultimately you are acting as an advocate for the child’s health and well-being ... and that your actions are bound by science and ethical considerations.
Conversations with Parents …

- Some requests for medical or religious exemptions will come from parents who have previously exempted their children from MMR vaccination on philosophical grounds.
- Other parents may recognize that their child has no medical grounds for exemption, but nonetheless refuse MMR vaccination anyway.
- These parents may be genuinely concerned about risk of harm, and are trying to do what they perceive to be in their child’s best interests.
Conversations with Parents …

The approach: Similar to all vaccine conversations
If a parent requests an exemption from MMR vaccine, but has no valid medical contraindication …

- Respectfully explain to the parent that there are no medical grounds on which you can exempt the child from the MMR vaccination requirement.
- If the parent remains particularly resistant to – or fearful of – MMR vaccination, acknowledge their concern (in particular if the underlying cause is a tragic personal experience).
- Be empathetic; remind parents that both you and they want what is best for their child.
Conversations with Parents …

The approach: Similar to all vaccine conversations
If a parent requests an exemption from MMR vaccine, but has no valid medical contraindication …

- Remind parents that they are the ones in control of the situation, and may refuse MMR vaccination if they wish.
- However, let them know also that ethically you cannot attest to the need for a medical exemption for their child.
- Let them know also that failure to have their child vaccinated with MMR will put them out of compliance with state law.
Conversations with Parents …

The approach to religious exemption requests …

- As noted earlier – your job is to provide information and guidance, not to assess the validity of their religious claim.
- Again: be respectful and empathetic.
- Remember that the likelihood is very small that you will be able to dissuade a parent.
- Do not allow any personal feelings that you may have about such a claim to permanently damage your relationship with the parents – this will only diminish your ability to have any influence with them in the future.
Washington State Department of Health is committed to providing customers with forms and publications in appropriate alternate formats. Requests can be made by calling 800-525-0127 or by email at civil.rights@doh.wa.gov. TTY users dial 711.