As pediatricians it can be hard to tell if a parent is requesting that you do a test because it is necessary or because they are anxious about their child. Certain tests are relatively inexpensive and don’t take an excessive amount of time. Certain tests like a CT, have a larger price tag and take up the time of the clinician.

**Frequently Asked Questions:**

**Why is testing important? I know I don’t do any unnecessary testing on children.**

This may be true, but it is still good to know about choosing wisely to make sure that you are giving the appropriate tests at the appropriate times.

**How do you decide when to refer a child with chronic headaches for a CAT scan?**

To learn more about making these kinds of decisions, check out AMA’s module, Advancing Choosing Wisely: [https://www.stepsforward.org/modules/choosing-wisely](https://www.stepsforward.org/modules/choosing-wisely).

**How do you know whether or not a certain test will be covered by the patients insurance?**

You can have your clinic manager or receptionist call the patient’s insurance carrier to see if the procedure will be covered.
Frequently Asked Questions:

What is care coordination?
Care coordination refers to having a specific person within your clinic who can help those patients with the most complicated charts. What do you mean when you say “incentive payment”?

What does health homes have to do with care coordination?
Health Homes is an MCO sponsored program that can help you get reimbursed for having a Care Coordinator in your office.

How do I qualify for Health Home Coordinated Care?
You need to have at least 60 patients on your panel with PRISM scores of 1.5 or higher.

This is a lot of information, what do I do next?
Your practice facilitator can help walk you through the process step by step.

Resources
For basic information about Health Homes, check out Washington State Health Care Authority's webpage on Health Homes, https://www.hca.wa.gov/billers-providers/programs-and-services/health-homes.
Frequently Asked Questions:
How will I find providers to sign an MOA with?
Your practice facilitator can assist you with this process.

How much is the incentive for signing an MOA?
Each enrolled clinic will receive $1,000 after signing the MOA.

What if I don't have time to meet with specialists on a regular basis?
You can meet for as little as 10 minutes once per quarter and meetings can happen over the phone.

What do you mean when you say “Lean Tools”?
Check out this website for more information about Lean and how to incorporate it within your practice:

Isn’t Lean for manufacturers?
Lean was originally developed for Toyota, however, Lean tools work well in organizing systems and procedures within your clinic.

What if there aren’t specialists near me who are taking patients on Medicaid?
Your practice facilitator will work with you to help find specialists who take Medicaid in your area.

Things to Know
P-TCPI has many resources on connecting with nearby specialists to create your medical home neighborhood. For starters, you can receive an incentive for signing a memorandum of agreement with local specialists that you want to work with. You can also check out AMA’s module, Behavioral Health Integration into Ambulatory Practice:

Things to Know
It’s time to think about how your referral and follow-up processes are working. Is there room for improvement? Test out your referral process by mapping one referral process that needs improvement using Lean tools. Ask your practice facilitator if you need help.

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Things to know
P-TCPI is a federally funded initiative that involves healthcare providers from all over the United States. While there are Practice Transformation Networks (PTNs) located all over the country, Washington is one of two that are focused on pediatric care. Check out the Healthcare Communities website and join listservs, forums, and communities of likeminded individuals:

Frequently Asked Questions:
What if I don’t want to be added to another listserv?
The healthcare communities’ website is full of information and you do not have to sign up for a list serve.

I couldn’t figure out how to sign up for the website, what do I do now?
Your practice facilitator can walk you through the process step by step.

REMEMBER
Your practice facilitator is here to help you during any step in the process.