PRIOR TO WRITING AN OPIOID PRESCRIPTION

Document:

☐ Appropriate history and physical examination, including:
  a) Nature and intensity of the pain
  b) Screening for potential high-risk behaviors and adverse events
  c) Other medications the patient is taking including: date, type, dosage, and quantity prescribed

☐ Queries of the Washington state Prescription Monitoring Program

☐ Screening or referral for consultation for psychosocial factors which may be impairing recovery

☐ Biological specimen test

TREATMENT PLAN

Must document:

☐ Acknowledgment of progression from acute phase (< 6 weeks) to subacute phase (6-12 weeks)

☐ Presence of one or more diagnoses or indications for the use of opioid pain medication

☐ Significant objective improvement in function or pain control with use of opioid pain medication

☐ Plan for continued use, tapering schedule, or discontinuation if improvement is limited

☐ Pain treatment plan with multimodal pharmacologic and non-pharmacologic therapies considered or tried

☐ Results of any aberrant biological specimen testing and a risk-benefit analysis if opioids will be continued

☐ Secure storage and disposal of opioids, as well as patient notification of the following:
  a) Risks associated with the use of opioids, including risk of dependence and overdose
  b) Pain management alternatives
  c) Safe and secure storage of opioid prescriptions
  d) Proper disposal of unused opioid medications
  e) Right to refuse an opioid prescription or order

☐ Diagnosis, indications for use, or ICD code for all opioid prescriptions

☐ Results of consultation for psychosocial factors that may be impairing recovery

☐ Risk-benefit analysis if opioids prescribed in combination with other schedule II-IV medications

☐ Clinical justification for opioid prescription of more than 14-day supply

☐ Changes in any of the following during follow-up visits:
  a) Change in pain relief
  b) Change in physical function
  c) Change in psychosocial function

☐ Transition from subacute pain to chronic pain, if opioids are prescribed for > 6-12 week