**Subacute Pain**

**PRIOR TO WRITING AN OPIOID PRESCRIPTION**

**Document:**
- ☐ Appropriate history and physical examination, including:
  - a) Nature and intensity of the pain
  - b) Screening for potential high-risk behaviors and adverse events
  - c) Other medications the patient is taking including: date, type, dosage, and quantity prescribed
- ☐ Queries of the Washington state Prescription Monitoring Program
- ☐ Screening or referral for consultation for psychosocial factors which may be impairing recovery

**TREATMENT PLAN**

**Must document:**
- ☐ Acknowledgment of progression from acute phase (< 6 weeks) to subacute phase (6-12 weeks)
- ☐ Presence of one or more diagnoses or indications for the use of opioid pain medication
- ☐ Significant objective improvement in function or pain control with use of opioid pain medication
- ☐ Plan for continued use, tapering schedule, or discontinuation if improvement is limited
- ☐ Pain treatment plan with multimodal pharmacologic and non-pharmacologic therapies considered or tried
- ☐ Results of any aberrant biological specimen testing and a risk-benefit analysis if opioids will be continued

□ Biological specimen test
□ Secure storage and disposal of opioids, as well as patient notification of the following:
  - a) Risks associated with the use of opioids, including risk of dependence and overdose
  - b) Pain management alternatives
  - c) Safe and secure storage of opioid prescriptions
  - d) Proper disposal of unused opioid medications
  - e) Right to refuse an opioid prescription or order

□ Results of consultation for psychosocial factors that may be impairing recovery
□ Risk-benefit analysis if opioids prescribed in combination with other schedule II-IV medications
□ Clinical justification for opioid prescription of more than 14-day supply
□ Changes in any of the following during follow-up visits:
  - a) Change in pain relief
  - b) Change in physical function
  - c) Change in psychosocial function
□ Transition from subacute pain to chronic pain, if opioids are prescribed for > 6-12 week