Training Supplement

Unit 6

MANAGE CARE PLAN FOR A WOMAN AND CHILD
3 Things I Saw or Read to Discuss at My Clinic

1. 

2. 

3. 

Other Topics to Bring Back to My Clinic
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About this Supplement

We created this Training Supplement as a reference to help you organize new topics, computer functions, and information you’ll need that’s specific to Washington WIC. We’ll share tips and tools for continuing the warm and welcoming WIC services you offer to all WIC families in Washington while changing to a new system.

Please note the Computer Based Trainings (CBT) are only used to explore and practice using Cascades. Some scenarios in the CBT don’t necessarily reflect state policies and procedures. Also, some content in the CBT and in the Cascades Sandbox may look different once you use Cascades after your clinic’s rollout date. For example, some Nutrition Education topics or Goal choices may look different.

We hope we highlighted key areas for you, shed some light on some of the ways your work will be changing, and helped begin conversations with your co-workers as you bring Cascades to your clinics.

Simulation TIPS!

1) Be very, very accurate with your cursor when the instructions ask you to click on a certain part of the Cascades page.
2) Spell words exactly as you are instructed to type them—watch for extra spaces and spelling.
3) If you need to take the simulation again, click on the “Simulation Instructions” in the Table of Contents (right).
4) If you want to view specific content again, click on the Slide Title in the Table of Contents (right).

About this Unit

In this Unit we’ll look at the breastfeeding peer counselor care plan. We’ll follow up on the family and individual care plans we established in Unit 4. Please note that the education materials entered in this unit are examples only.

We’ll create a food prescription and issue benefits for the family. You may remember that we performed these last two steps in Unit 4. We hope that seeing these steps here again will assist you in becoming comfortable with Cascades. Your Unit 4 supplement may be helpful as an additional resource as you work your way through Unit 6.

Note: This Unit assumes the staff person is a certifier and a breastfeeding peer counselor. Only peer counselors can enter data into the breastfeeding peer counseling section. Other staff have read-only rights to this section. In a dual role, you will document the time it takes to complete the breastfeeding peer counseling section as a peer counselor. If you go on to provide any other WIC service, including prescribing and issuing food benefits, document your time as a CPA/certifier.
Terms and Definitions

New System-specific Words or Definitions

| Breastfeeding Peer Counselor (BFPC) | A BFPC will have different permissions based on their role. When a BFPC isn’t providing other WIC services, they have:  
• Screen Permissions that allow only screens related to breastfeeding peer counseling.  
• In this BFPC-only role they’ll have Read-Only access to the certification and income eligibility screens. |

New Ways to Look at Common Features

THE BREASTFEEDING PEER COUNSELING SCREEN

Get to the Breastfeeding Peer Counseling screen in three easy steps:

1. Click on Family Services in the menu bar.
2. Find Care Plan in the drop-down menu.
3. Click on Breastfeeding Peer Counseling in the second drop-down menu.
A Closer Look at the Breastfeeding Peer Counseling Screen

View-only summary of birth, delivery, and most recent BF information.

Use the Instructions Regarding Breastfeeding section for your BF notes and follow-up plan.

Here’s where you’ll document all breastfeeding contacts.

Previous notes are saved in the Breastfeeding Peer Counseling History Records section.
Where Will You See Sticky Notes?

You can write sticky notes in the BFPC Contact Information section.

They’re stored in the Comments section of the BFPC History Records.
The Buttons in the Right Bottom Corner of the BFPC Screen

Breastfeeding Information  PC Care Plan  Print Instructions  Save  Cancel

If you make changes to the feeding status of an infant in your PC role, you must refer to the CPA to prescribe a new infant food package.

BF Peer Counselor TIP!

Print any Instruction Regarding Breastfeeding notes on the Print Instructions tab before you save.

The system can’t print instructions after you save. After saving, you can still print the Care Plan, which includes instructions you may want to give the participant.
INFANT FOOD PACKAGES

As a CPA, you enter formula use in the Health Info screen. As a peer counselor, you enter the formula use in the Breastfeeding Information screen. You don’t need to update both screens, as both screens have the same information. Either way, Cascades chooses a benefits package with an appropriate amount of formula per month for the infant and the matching benefits package for the adult participant.

Breastfeeding participant and infant food packages are based on the amount of formula entered on the baby’s Breastfeeding Information or Health Info screen. For example, when the baby is fully breastfeeding, Cascades automatically chooses the Fully Breastfeeding benefits packages for the dyad.

If, after some time, staff enters that the baby is no longer breastfeeding, the adult participant’s category automatically changes from Breastfeeding to Non-Breastfeeding Postpartum. You’ll see more information about creating infant benefits packages in the near future.

Breastfeeding Peer Counselors, please note that only CPA can prescribe benefit packages.

WIC Connects for Cascades

NUTRITION EDUCATION

Nutrition education is a core component of WIC services. At WIC, we offer nutrition education in a participant centered way, using WIC Connects skills. Cascades, like Client Services, has a list of nutrition topics from which you can choose. It can be tempting to discuss all of the relevant nutrition topics during an appointment. Remember to remain participant centered, and focus on just one or two topics. A nice feature of Cascades is that you can schedule topics for the future too. We’ll cover how this works more in Care Plan training.

GOAL SETTING

You’ll notice the Assigned Goals history field allows you to update a participant’s previously set goals. This feature is a tool for staff to follow a participant’s progression toward behavior change, and to track follow up conversations. The terms “assigned”, “progressing”, and “achieved” are for documentation purposes, and not meant for sharing with the participant.
Some examples of when you’d select these fields:

**Assigned:** The participant’s set a goal or next steps: “I’m going to introduce a sippy cup to Tia this week. I’ll start with a little water to avoid a big mess.”

**Progressing:** Follow up on the participant’s goal or next steps: “Tia is drinking out of a sippy cup at some mealtimes now. I put either breastmilk or water into the cup, and she enjoys breastfeeding too.”

**Achieved:** “Tia thinks her sippy cup is great. She doesn’t resist it at all now!”

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**WARNING!**

These fields can’t be changed after you save:
- Free-form Family Goals
- Food Package Prescriptions for the 1st Month of Life