WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS

STATE PARENT TO PARENT OFFICE
SUSAN ATKINS, State Coordinator
Washington State P2P Programs
4738 172nd Ct. S.E.
Bellevue, WA 98006
VOICE: (425) 641-7504, CELL: (425) 269-3267
Toll Free: (800) 821-5927
E-MAIL: parent2parentwa@gmail.com
SPONSORING AGENCY: The Arc of Washington State
2638 State Ave. NE, Olympia, WA 98506
Cathy Davis, Administrative Assistant
E-MAIL: cathy@arcwa.org
VOICE: (360) 357-5596      Toll Free: (888) 754-8798
Fax: (360) 357-3279    website: www.arcwa.org
Facebook: Parent to Parent of Washington State

Parent Support Program Seattle Children’s
LAWRIE WILLIAMS, Coordinator
MS-W3636
P.O. Box 5371
Seattle, WA 98105
VOICE: (206) 987-1119
E-MAIL: lawrie.williams@seattlechildrens.org
Website: http://cshcn.org/support-connection/parent-support-program/

Thurston/Mason Counties
SYLVIA DAVENPORT, Coordinator
South Sound Parent to Parent
1012 Homann Dr. SE
Lacey, WA 98503
VOICE: (360) 352-1126 (main line & Spanish Language Line), Toll Free: (877) 352-1126
FAX: (360) 352-0761
E-MAIL: sdavenport@ssp2p.org
SPONSORING AGENCY: 501(C) 3 Parent to Parent of Thurston County
Website: www.ssp2p.org
Facebook: South Sound Parent to Parent (http://www.facebook.com/#!/pages/South-Sound-Parent-to-Parent/107941882604130)

Kitsap/Jefferson Counties
MELISSA LUND, Coordinator
3243 North Perry Avenue
Bremerton, WA 98310
Program Activities: newsletter, workshops, resources
VOICE: (360) 377-3473, ext. 103
E-MAIL: melissa@hotmail.com
SPONSORING AGENCY: The Arc of Kitsap & Jefferson Counties
Website: www.arcjk.org

PIERCE / KING REGION

Pierce County
MICHELE LEHOSKY, Coordinator, ext. 104
6316 S. 12th St.
Tacoma, WA 98465
Program Activities: Community Inclusion Program, List serve support , Information and Referral, Down Syndrome Support group, Mom’s Night Out, Person Centered Planning workshops, Spanish Support Group, Conversations & Coffee, Pur Pas Autism Group
VOICE: (253) 565-2266, ext. 104, Mon.-Fri. 1:00 – 4:30
V/TTY: (253) 565-2266 OR 1-800-SPARENT
FAX: (253) 566-8052
E-MAIL: Mlehosky@wapave.org
SPONSORING AGENCY: PAVE
Website: http://piercecountyparent2parent.org,
http://communityinclusionprogram.org
Facebook: Parent to Parent and Community (http://www.facebook.com/#!/washingtonpave)

King County
RACHEL NEMHAUSER, Coordinator
MARILYN COOKS, Coordinator
PATRICIA GONZALEZ, Coordinator for Latino & Spanish Speaking Families
TERESA NGUYEN, Coordinator for Vietnamese Families
MARDIYA AGA, Coordinator for Somali Families
MIA FRANKLIN, Coordinator for African American Families
233 6th Avenue North
Seattle, WA 98109
Program Activities: Parent Support groups, Information and referral, Email support and information groups, Parent education, Multicultural Information and Support; family events in English, Spanish, Somali & Vietnamese
VOICE: (206) 364-6337
To contact Rachel Nemhouser: (206) 829-7046 or
rneenhauser@arcofkingscounty.org
To contact Marilyn Cooks: (206) 829-7038 or mcooks@arcofkingscounty.org

Clallam County (NEW)
(P2P Coordinator TBA)
P.O. Box 3081
Sequim, WA 98382
Program Activities: TBA
VOICE, FAX, E-MAIL: TBA
SPONSORING AGENCY: Clallam Mosaic; Priya Jayadev, Executive Director

Grays Harbor/Pacific Counties
CHARLENE MCCARTY- P2P/Sr. Parent Caregiver Coordinator
523 West First St.
P.O. Box 1794
Aberdeen, WA 98520
Program Activities: Support, Informational & Referral via phone, e-mail, list serve, Informational & Educational Newsletter and website, Educational workshops on schools I.E.P. (Individual Education Plan) and 504 plans, Summer Picnic and Informational Navigating Your Way gatherings.
VOICE: (360) 537-7000
FAX: (360) 537-8816
E-MAIL: charlenem@arcofgrah.org
SPONSORING AGENCY: The Arc of Grays Harbor
Website: www.arcofgrah.org
WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS

NORTHWEST REGION

Skagit County
HEATHER MILLIREN, Coordinator, ext. 401
AMANDA SLOAN, Assistant Coordinator, ext. 403
GABBY LOPEZ, Hispanic Outreach Specialist, ext. 414
320 Pacific Place
Mt. Vernon, WA 98273
Program Activities: Resources, lending library, support meetings, educational workshops, recreational activities, annual Helping Parent Training, Legos in the Libraries, annual moms’ and dads’ events, monthly Autism support meetings, quarterly Down syndrome family events and annual Buddy Walk, semi-annual newsletters (English & Spanish), quarterly Hispanic family event (support, education and/or social), and Spanish translation available.
VOICE: (360) 416-7570, ext. 401
FAX: (360) 416-7580
E-MAIL: g2p@sparkkids.org, amanda@sparkkids.org, hispanicp2p@sparkkids.org
SPONSORING AGENCY: SPARC
Website: www.p2pskagit.org

Snohomish County
JAMIE COONTZ, Coordinator, ext. 104
ALAINA KUBE, Co-Coordinator, ext. 111
MELISSA REYLING, Connecting Families Coordinator
2500 Hewitt Ave Suite 300
Everett, WA 98201
Program Activities: Helping Parent, Mothers Network, Fathers Network, Autism Support Group, English & Spanish Parent Groups, Monthly Parent Speaker Night, Lego Club, Family Activities, Sibshops, Special Education Speakers & Support, Caregiver Support Group, Weekly/Bi-weekly Arc Happenings e-mail Newsletter with events & resources, Website Calendar, Book & Video Lending Library
VOICE: (425) 258-2459
FAX: (425) 252-8232
E-MAIL: jamielc@arcswwa.org, alaina@arcswwa.org, melissa@arcswwa.org
SPONSORING AGENCY: The Arc of Snohomish County
Website: www.arcswwa.org

Whatcom County
KARLENE UMBAUGH, Coordinator, ext. 3
MELISSA ABRAHAM, Parent Assistant
MARCELA JIMENEZ, Latino Community Coordinator, ext. 2
2001 H Street
Bellingham, WA 98225
VOICE: (360) 255-2056
FAX: (360) 650-9411
E-MAIL: karlene@p2pwhatcom.org, familia@p2pwhatcom.org, melissa@p2pwhatcom.org, info@p2pwhatcom.org
SPONSORING AGENCY: Whatcom Center for Early Learning
Website: www.p2pwhatcom.org

SOUTHWEST REGION

Lewis County
SARA PALM-SONS, Coordinator
P.O. Box 870
250 W. Reynolds Ave.
Centralia, WA 98531
Program Activities: Quarterly parent support meetings, newsletter, resource & referral service, video & book lending library, Helping Parent Training, educational trainings and family events
VOICE: (360) 269-4828; Sara – (360) 500-2422
FAX: (360) 330-1663
E-MAIL: spalm@reliableenterprises.org
SPONSORING AGENCY: Reliable Enterprises
Website: www.reliableenterprises.org

Clark County
BRENDA TYRRELL, Coordinator
MARIA RANGEL, Spanish Speaking Outreach Coordinator
P.O. Box 2608
Vancouver, WA 98668
Program Activities: Social Gatherings, Support Groups, Lending Library
VOICE: (360) 953-1597
FAX: (360) 759-4921
E-MAIL: brendat@arcofclarkcounty.org, mariar@ccparentcoalition.org
SPONSORING AGENCY: The Arc of Southwest Washington
Website: www.arcswwa.org
Facebook: Parent to Parent of SW Washington
Website: http://www.facebook.com/pages/Parent-to-Parent-of-SW-Washington/183154595037015

Klickitat County (NEW)
(P2P Coordinator TBA)
P.O. Box 820681
Vancouver, WA 98662
Program Activities: TBA
VOICE, FAX, E-MAIL: TBA
SPONSORING AGENCY: LifeWorks WA
Website: http://www.lifeworkswa.org
WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS

CENTRAL REGION

Kittitas County
MICHELLE WILLIAMS, Coordinator
P.O. Box 837
111 E. University Way
Ellensburg, WA 98926
Program Activities: Parent Support Meetings, Autism/Asperger’s Support Meetings, Family Social Events, Newsletters, Workshops, Information and Referral
VOICE: (509) 929-7277
E-MAIL: kittitascountyparent2parent@gmail.com
SPONSORING AGENCY: Kittitas Valley Opportunities
Website: www.kvopportunities.org

Grants/Adams Counties
JENNIFER NEWHOUSE, Coordinator
CHRISTI DIERINGER, Outreach Coordinator
ANNA ALVAREZ, Hispanic Outreach Coordinator
605 Coolidge St.
Moses Lake, WA 98837
Program Activities: Family Social Events, Mom’s Night Out, Café Chat, Weekly Parent Meetings, Home Equipment Loan Program, Lending Library, Quarterly Newsletter, Disability Awareness Training, Facebook Pages & Groups
VOICE: (509) 764-7424, to reach Anna Alvarez: (509) 346-5523
FAX: (509) 765-5838
E-MAIL: jnewhouse@mlchc.org, cdieringer@mlchc.org
SPONSORING AGENCY: Moses Lake Community Health
Website: www.mlchc.org

Yakima County
TRACIE HOPPIS, Coordinator
AMY BERKHEIMER- Program Specialist
LIZ CRUZ, Program Specialist
JOHN MAHANEY, Event Support
MARIA PULIDO, Hispanic Outreach
3801 Kern Road
Yakima, WA 98902
Program Activities: English and Spanish Parent Group, Hispanic Outreach, Sibshops, Recreational Program, Youth Group, Disability Awareness, Neonatal Intensive Care Unit Support Project, Newsletter, Autism Support Group, Family Social Events, New Diagnosis Support Group,
VOICE: (509) 574-7424, to reach Anna Alvarez: (509) 346-5523
FAX: (509) 765-5838
E-MAIL: traciehoppis@yvmh.org, elizabethcruz@yvmh.org, amyberkheimer@yvmh.org, mariapulido@yvmh.org
SPONSORING AGENCY: Yakima Valley Memorial Hospital
Website: www.yvmh.org

EAST REGION

Chelan/Douglas Counties
ERIN KING-LUCE, Coordinator
MIRIAM RODRIGUEZ, Ethnic Outreach Coordinator
23 S. Wenatchee Ave., Suite 203
Wenatchee, WA 98801
Program Activities: Support, information, newsletter and referral provided.
Peer mentor Helping Parent trainings once per year.
VOICE: (509) 630-2370
FAX: (509) 888-2378
E-MAIL: erin@chelandouglasp2p.com, miriam@chelandouglasp2p.com
SPONSORING AGENCY: Chelan Douglas Developmental Disabilities
Website: www.chelandouglasp2p.com
Facebook: chelandouglasparent2parent

Walla Walla/Columbia/Garfield/Asotin Counties
MICHELLE MEYER
YSABEL FUENTES, Hispanic Parent Outreach Coordinator
P.O. Box 1918
Walla Walla, WA 99362
Program Activities: Support, information, newsletter and referral provided.
Peer mentor Helping Parent trainings once per year.
VOICE: (872) 701-0007; to contact Yasbel, (509) 301-0679
FAX: N/A
E-MAIL: p2p@wwvdn.org, p2pespanol@wwvdn.org
SPONSORING AGENCY: Walla Walla Valley Disability Network
Website: www.wwvdn.org

Benton/Franklin Counties
MELISSA BROOKS, RN, Coordinator
MARIA RAMOS, Hispanic Outreach Coordinator
1455 Fowler St.
Richland, WA 99352
Program Activities: Parent Support group with Educational classes, Activities for families, quarterly newsletter with The Arc of Tri-Cities, Senior Caregiver Project, work with the Northwest Epilepsy Foundation Grant, provide education and social activities for parents and youth.
VOICE: (509) 783-1131, ext. 108
FAX: (509) 735-7706
E-MAIL: p2p@arcoftricities.com, mariar@arcoftricities.com
SPONSORING AGENCY: The Arc of Tri-Cities
Website: arcoftricities.com

Spokane/Lincoln/Whitman Counties
JENNIFER LEE
320 E. 2nd Ave.
Spokane, WA 99202
Program Activities: Parent Support Group & Workshops, Parents 4 Life monthly meetings, Newsletter, Lending Library, Transition Support, Guardianship & IEP referrals, Annual Holiday Party & Summer Picnic, Annual Family Support Conference in the spring
VOICE: (509) 328-6326, ext. 8323
FAX: (509) 328-6342
E-MAIL: jlee@arc-spokane.org
SPONSORING AGENCY: The Arc of Spokane
Website: www.arc-spokane.org

Stevens/Ferry/Pend Oreille Counties
NO PROGRAM
FUNDING ELIMINATED

Okanogan County (NEW)
(P2P Coordinator TBA)
1007 Koala Drive
Omak, WA 98841
Program Activities: TBA
VOICE, FAX, E-MAIL: TBA
SPONSORING AGENCY: Okanogan Behavioral HealthCare; Elmer C. “Skip” Rosenthal, CEO

Spokane/Lincoln/Whitman Counties
JENNIFER LEE
320 E. 2nd Ave.
Spokane, WA 99202
Program Activities: Parent Support Group & Workshops, Parents 4 Life monthly meetings, Newsletter, Lending Library, Transition Support, Guardianship & IEP referrals, Annual Holiday Party & Summer Picnic, Annual Family Support Conference in the spring
VOICE: (509) 328-6326, ext. 8323
FAX: (509) 328-6342
E-MAIL: jlee@arc-spokane.org
SPONSORING AGENCY: The Arc of Spokane
Website: www.arc-spokane.org

Stevens/Ferry/Pend Oreille Counties
NO PROGRAM
FUNDING ELIMINATED