WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS

STATE PARENT TO PARENT OFFICE
SUSAN ATKINS, State Coordinator
Washington State P2P Programs
4738 172nd Ct. S.E.
Bellevue, WA  98006
VOICE: (425) 641-7504, CELL: (425) 269-3267
Toll Free: (800) 821-5927
E-MAIL: parent2parentwa@gmail.com
SPONSORING AGENCY: The Arc of Washington State
2638 State Ave. NE, Olympia, WA  98506
Cathy Davis, Administrative Assistant
E-MAIL: cathy@arcwa.org
VOICE: (360) 357-5596      Toll Free: (888) 754-8798
Fax: (360) 357-3279    website: www.arcwa.org
Facebook: Parent to Parent of Washington State

Parent Support Program Seattle Children’s
LAWRIE WILLIAMS, Coordinator
MS-W3636
P.O. Box 5371
Seattle, WA 98105
VOICE: (206) 987-1119
E-MAIL: lawrie.williams@seattlechildrens.org
Website: http://cshcn.org/support-connection/parent-support-program/

Thurston/Mason Counties
SYLVIA DAVENPORT, Coordinator
South Sound Parent to Parent
1012 Homann Dr. SE
Lacey, WA  98503
VOICE: (360) 352-1126 (main line & Spanish Language Line), Toll Free: (877) 352-1126
FAX: (360) 352-0761
E-MAIL: sdavenport@ssp2p.org
SPONSORING AGENCY: 501(C) 3 Parent to Parent of Thurston County
Website: www.ssp2p.org
Facebook: South Sound Parent to Parent (http://www.facebook.com/#!/pages/South-Sound-Parent-to-Parent/107941882604130)

Kitsap/Jefferson/Clallam Counties
EMILY MEEKS, Coordinator
3243 North Perry Avenue
Bremerton, WA 98310
Program Activities: newsletter, workshops, resources
VOICE: (360) 377-3473
E-MAIL: ohiumeeks@hotmail.com
SPONSORING AGENCY: The Arc of Kitsap & Jefferson Counties
Website: www.arcj.org

Grays Harbor/Pacific Counties
CHARLENE McCARTY- P2P/Sr. Parent Caregiver Coordinator
523 West First St.
P.O. Box 1794
Aberdeen, WA  98520
Program Activities: Support, Informational & Referral via phone, e-mail, list serve, Informational & Educational Newsletter and website, Educational workshops on schools I.E.P. (Individual Education Plan) and 504 plans, Summer Picnic and Informational Navigating Your Way gatherings.
VOICE: (360) 537-7000
FAX: (360) 537-8816
E-MAIL: charlenen@arcgh.org
SPONSORING AGENCY: The Arc of Grays Harbor
Website: www.arcgh.org

PENINSULA REGION

PIERCE / KING REGION

Pierce County
MICHELE LEHOSKY, Coordinator, ext. 104
SUSAN JACKSON, Co-Coordinator, ext. 107
6316 S. 12th St.
Tacoma, WA  98465
Program Activities: Community Inclusion Program, List serve support , Information and Referral, Down Syndrome Support group , Mom’s Night Out, Person Centered Planning workshops, Spanish Support Group, Conversations & Coffee, Pur Pas Autism Group
VOICE: (253) 565-2266, ext. 104, Mon.-Fri. 1:00 – 4:30
V/TTY: (253) 565-2266 OR 1-800-SPARENT
FAX: (253) 566-8052
E-MAIL: MLehosky@wapave.org, SJackson@wapave.org
SPONSORING AGENCY: PAVE
Website: http://piercecountyparent2parent.org,
http://communityinclusionprogram.org
Facebook: Parent to Parent and Community (http://www.facebook.com/#!/washingtonpave)

King County
RACHEL NEMHAUSER, Coordinator
MARILYN COOKS, Coordinator
PATRICIA GONZALEZ, Coordinator for Latino & Spanish Speaking Families
TERESA NGUYEN, Coordinator for Vietnamese Families
MARDIYA AGA, Coordinator for Somali Families
MIA FRANKLIN, Coordinator for African American Families
233 6th Avenue North
Seattle, WA 98109
Program Activities: Parent Support groups, Information and referral, Email support and information groups, Parent education, Multicultural Information and Support; family events in English, Spanish, Somali & Vietnamese
VOICE: (206) 364-6337
To contact Rachel Nemhouser: (206) 829-7046 or
memhauser@arcofkingcounty.org
To contact Marilyn Cooks: (206) 829-7038 or mcooks@arcofkingcounty.org
To contact Patricia Gonzalez: (206) 829-7027 or pgonzalez@arcofkingcounty.org
To contact Teresa Nguyen: (206) 829-7037 or tnguyen@arcofkingcounty.org
To contact Mardiya Aga: (206) 829-7028 or mga@arcofkingcounty.org
To contact Mia Franklin: (206) 829-7036 or mfranklin@arcofkingcounty.org
Program Supervisor Robin Tatsuda: (206) 829-7011 or
rtatsuda@arcofkingcounty.org
FAX: (206) 364-8140
SPONSORING AGENCY: The Arc of King County
Website: www.arcofkingcounty.org


**WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS**

**SITES AND COORDINATORS – January, 2016**

## NORTHWEST REGION

**Skagit County**

HEATHER MILLIREN, Coordinator, ext. 401  
AMANDA SLOAN, Assistant Coordinator, ext. 403  
GABBY LOPEZ, Hispanic Outreach Specialist, ext. 414  
320 Pacific Place  
Mt. Vernon, WA. 98273  

**Program Activities:** Resources, lending library, support meetings, educational workshops, recreational activities, annual Helping Parent Training, Legos in the Libraries, annual moms’ and dads’ events, monthly Autism parent support meetings, quarterly Down syndrome family events and annual Buddy Walk, semi-annual newsletters (English & Spanish), quarterly Hispanic family event (support, education and/or social), and Spanish translation available.  
VOICE: (360) 416-7570, ext. 401  
FAX: (360) 416-7580  
E-MAIL: p2p@sparckids.org, amanda@sparckids.org, hispanicp2p@sparckids.org

**Snohomish County**

JAMIE COONTS, Coordinator, ext. 104  
ALAINA KUBE, Co-Coordinator, ext. 111  
SUGELY SANCHEZ, Hispanic Outreach Coordinator, ext. 106  
2500 Hewitt Ave Suite 300  
Everett, WA 98201  

**Program Activities:** Helping Parent, Mothers Network, Fathers Network, Autism Support Group, English & Spanish Parent Groups, Monthly Parent Speaker Night, Lego Club, Family Activities, Sibshops, Special Education Speakers & Support, Caregiver Support Group, Weekly/Bi-weekly Arc Happenings e-mail Newsletter with events & resources, Website Calendar, Book & Video Lending Library  
VOICE: (425) 258-2459  
FAX: (425) 252-8232  
E-MAIL: jamie@arcsno.org, alaina@arcsno.org, sugely@arcsno.org

**Whatcom County**

KARLENE UMBAUGH, Coordinator, ext. 3  
MARCELA JIMENEZ, Latino Community Coordinator, ext. 2  
2001 H Street  
Bellingham, WA. 98225  

VOICE: (360) 255-2056  
FAX: (360) 650-9411  
E-MAIL: karlene@p2pwhatcom.org, familia@p2pwhatcom.org, info@p2pwhatcom.org

## SOUTHWEST REGION

**Island County**

TIFFANY WHEELER-THOMPSON, Coordinator  
P.O. Box 5000  
Coupville, WA 98239  

**Program Activities:** Support, information, newsletter and referral provided. Peer mentor Helping Parent trainings once per year.  
VOICE: (360) 632-7539  
FAX:  
E-MAIL: t.wheeler-thompson@co.island.wa.us

**SPONSORING AGENCY:** Island County Human Services  
Website: [http://www.islandcounty.net/humanservices/](http://www.islandcounty.net/humanservices/)

**Lewis County**

ANGELA NAILLON, Coordinator  
SARA PALM-SONS, Co-Coordinator  
P.O. Box 870  
203 W. Reynolds Ave.  
Centralia, WA 98531  

**Program Activities:** Quarterly parent support meetings, newsletter, resource & referral service, video & book lending library, Helping Parent Training, educational trainings and family events  
VOICE: (360) 269-4828; Sara – (360) 500-2422  
FAX: (360) 330-1663  
E-MAIL: anaillon@reliableenterprises.org, spalm@reliableenterprises.org

**SPONSORING AGENCY:** Reliable Enterprises  
Website: [www.reliableenterprises.org](http://www.reliableenterprises.org)

**Clark County**

BRENDA TYRELL, Coordinator  
MARIA RANGEL, Spanish Speaking Outreach Coordinator  
P.O. Box 2608  
Vancouver, WA. 98668  

**Program Activities:** Social Gatherings, Support Groups, Lending Library  
VOICE: (360) 953-1597  
FAX: (360) 759-4921  
E-MAIL: brendat@arcofclarkcounty.org, mariar@ccparentcoalition.org

**SPONSORING AGENCY:** The Arc of Southwest Washington  
Website: [www.arcswwa.org](http://www.arcswwa.org)

**Cowlitz County**

LACEY CAIRNS, Coordinator  
906 New York Street  
Longview, WA. 98632  

**Program Activities:** Monday Parent Stay and Play Playgroup, Weekly Respite Program, Case Management, DDA Eligibility, IEP/504 School Support, Transition Services, Guardianship & Trust Support, Lending Library, 1:1 Parent Support  
VOICE: (360) 425-5494  
FAX: (360) 577-9137  
E-MAIL: laceycairns@lifeworkswa.org

**SPONSORING AGENCY:** LifeWorks WA  
WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS

CENTRAL REGION

Kittitas County
MICHELLE WILLIAMS, Coordinator
P.O. Box 837
111 E. University Way
Ellensburg, WA 98926

Program Activities: Parent Support Meetings, Autism/Asperger’s Support Meetings, Family Social Events, Newsletters, Workshops, Information and Referral

VOICE: (509) 929-7277
E-MAIL: kittitascountyparent2parent@gmail.com
SPONSORING AGENCY: Kittitas Valley Opportunities
Website: www.kittitasvalley.org

Grant/Adams Counties
JENNIFER NEWHOUSE, Coordinator
CHRISTI DIERINGER, Outreach Coordinator
ANNA ALVAREZ, Hispanic Outreach Coordinator
605 Coolidge St.
Moses Lake, WA 98837

Program Activities: Family Social Events, Mom’s Night Out, Café Chat, Weekly Parent Meetings, Home Equipment Loan Program, Lending Library, Quarterly Newsletter, Disability Awareness Training, Facebook Pages & Groups

VOICE: (509) 764-7424, to reach Anna Alvarez: (509) 346-5523
FAX: (509) 765-5838
E-MAIL: jnewhouse@mlchc.org, cdieringer@mlchc.org
SPONSORING AGENCY: Moses Lake Community Health
Website: www.mlchc.org

Yakima County
TRACIE HOPPIS, Coordinator
AMY BERKHEIMER- Program Specialist
LIZ CRUZ, Program Specialist
JOHN MAHANEY, Event Support
MARIA PULIDO, Hispanic Outreach
3801 Kern Road
Yakima, WA 98902

Program Activities: English and Spanish Parent Group, Hispanic Outreach, Sibshops, Recreational Program, Youth Group, Disability Awareness, Neonatal Intensive Care Unit Support Project, Newsletter, Autism Support Group, Family Social Events, New Diagnosis Support Group,

VOICE: (509) 574-3200
FAX: (509) 574-3210
E-MAIL: traciehoppis@yvmh.org, elizabethcruz@yvmh.org, amyberkheimer@yvmh.org, mariapulido@yvmh.org
SPONSORING AGENCY: Yakima Valley Memorial Hospital
Website: www.yakimachildrensvillage.org

Okanogan County
NO PROGRAM
FUNDING ELIMINATED

Chelan/Douglas Counties
ERIN KING-LUCE, Coordinator
23 S. Wenatchee Ave., Suite 203
Wenatchee, WA 98801

Program Activities: Support, information, newsletter and referral provided. Peer mentor Helping Parent trainings once per year.

VOICE: (509) 630-2370
FAX: (509) 888-2378
E-MAIL: erin@chelandouglasp2p.com
SPONSORING AGENCY: Chelan Douglas Developmental Disabilities
Website: www.chelandouglasp2p.com
Facebook: chelandouglasparent2parent

EAST REGION

Walla Walla/Columbia/Garfield/Asotin Counties
MICHELLE MEYER
YSABEL FUENTES, Hispanic Parent Outreach
P.O. Box 1918
Walla Walla, WA 99362

Program Activities: Support, information, newsletter and referral provided. Peer mentor Helping Parent trainings once per year.

VOICE: (872) 701-0007; to contact Ysabel, (509) 301-0679
FAX: N/A
E-MAIL: p2p@wwvdn.org, p2pspanol@wwvdn.org
SPONSORING AGENCY: Walla Walla Valley Disability Network
Website: www.wwvdn.org

Benton/Franklin Counties
MELISSA BROOKS, RN, Coordinator
MARIA RAMOS, Hispanic Outreach Coordinator
1455 Fowler St.
Richland, WA 99352

Program Activities: Parent Support group with Educational classes, Activities for families, quarterly newsletter with The Arc of Tri-Cities, Senior Caregiver Project, work with the Northwest Epilepsy Foundation Grant, provide education and social activities for parents and youth.

VOICE: (509) 783-1131, ext. 108
FAX: (509) 735-7706
E-MAIL: p2p@arcoftricities.com, mariar@arcoftricities.com
SPONSORING AGENCY: The Arc of Tri-Cities
Website: arcoftricities.com

Spokane/Lincoln/Whitman Counties
JESSY SMITH, Coordinator
320 E. 2nd Ave.
Spokane, WA 99202

Program Activities: Parent Support Group & Workshops, Parents 4 Life monthly meetings, Newsletter, Lending Library, Transition Support, Guardianship & IEP referrals, Annual Holiday Party & Summer Picnic, Annual Family Support Conference in the spring

VOICE: (509) 328-6326, ext. 8323
FAX: (509) 328-6342
E-MAIL: jsmith@arc-spokane.org
SPONSORING AGENCY: The Arc of Spokane
Website: www.arc-spokane.org

Stevens/Ferry/Pend Oreille Counties
NO PROGRAM
FUNDING ELIMINATED