



High Risk (HR)

Participants are considered high risk (HR) when the Competent Professional Authority (CPA) assigns and saves one or more of the high risk factors listed in <u>Volume 1, Chapter 14 – Nutrition Risk Criteria</u> in the participant's file.

- Washington WIC identified risk factors which automatically make a participant high risk and require a second nutrition education contact with a Registered Dietitian Nutritionist (RDN) for a High Risk Care Plan (HRCP).
- When the CPA selects a high risk factor for a participant and saves the **Assigned Risk Factors** screen, Cascades designates the participant as high risk with the high risk icon.
- This includes at certification appointments and anytime during the certification period.

Professional Discretion High Risk (PDHR)

The CPA has the option to make a participant high risk by professional discretion (PDHR) if the participant doesn't have a high risk factor selected, but the CPA feels the participant would benefit from seeing the RDN and having a High Risk Care Plan (HRCP).

Note: The CPA doesn't have to make the participant PDHR when the participant (or parent guardian) asks to see the RDN. Staff can schedule the appointment with the RDN for consultation and support.

Making a Participant PDHR in Cascades

At the certification appointment: (see example on page 2)

- Select the High Risk "Yes" radio button on the **Certification Summary** screen <u>before</u> pressing the **Certify** button.
- Cascades designates the participant as high risk with the high risk icon.
- The CPA writes a note in the **Individual Care Plan** regarding why the participant is PDHR for continuity of care with the RDN.

At other times during the certification period: (see example on page 3)

- The High Risk "Yes" radio button isn't available after the CPA presses the **Certify** button.
- The CPA writes an **Alert** that the participant is PDHR.
- The CPA writes a note in the Individual Care Plan regarding why the participant is PDHR for continuity of care with the RDN.
- Cascades <u>doesn't</u> designate the participant as high risk with the high risk icon.





Making a participant PDHR at the certification appointment

Steps	Cascades Screen		
Assess if the participant should be PDHR Make the participant PDHR when	PDHR-AT-CERTIFICATION Family Family ID: r9400006123 123 MAN STREET OLYMPIA, WA 98501 Assigned Risk Factors	CHILD PDHR-AT-CERTIFICATION Participant ID: WA0940011718 Age: 1 year and 7 months WIC Category: Child	
the CPA determines the non-high risk participant would benefit from seeing the RDN.	Quick Entry Risk Code Description Add Description Risk Code Description Not Supporting Development/Hineral Supplementation 425.8 Inadequate Vlamin/Mineral Supplementation Add Add Description Example: The child has no high risk factors, but the CPA feels it's important.	Total Rems: 3 ? High Risk Priority Assigned By Comments V mxpokak V System V System Select Risk Factors Ortant the parent with limited	
Select High Risk "Yes" <u>before</u> pressing the Certify button	PDHR-AT-CERTIFICATION Family	he RDN for a high risk care plan.	
<i>Best Practice:</i> Write a Sticky Note on the Certification Summary screen sharing why the CPA made the participant PDHR.	OLTMPA, WA 98001 Certification Summary • Demographics Information • Rate: (American Indian or Alaskan Native, Asian, Black or African Ameri • Vater Registration • Acae: (American Indian or Alaskan Native, Asian, Black or African Ameri • Vater Registration • Acae: (American Indian or Alaskan Native, Asian, Black or African Ameri • Vater Registration • Acae: (American Indian or Alaskan Native, Asian, Black or African Ameri • Vater Registration • Acae: (American Indian or Alaskan Native, Asian, Black or African Ameri • Vater Registration • Acae: (American Indian or Alaskan Native, Asian, Black or African Ameri • Tamily Assessment Summary • Dem B / U.A. • Dem B / U.A. • Dem B / U.A. • Dem B / U.A. • Dem B / U.A. • Demonse Sumporting Development: See Individual Care Plan for more information. • Ed3.8 Inadequate Vitamin/Mineral Supplementation • 425.8 Inadequate Vitamin/Mineral Supplementation • 425.8 Inadequate Vitamin/Mineral Supplementation • 425.8 Inadequate Vitamin/Mineral Supplementation • 245.8 Inadequate Vitamin/Mineral Supplementation • 245.8 Inadequate Vitamin/Mineral Supplementation • 2707/2022 Proving Vit Vitign R&k Vitign R&k	Residence Proof COVID-19 COVID-19 COVID-19 Come Proof COVID-19 Covid Signature Summary Rights & Responsibilities signed : No Rights & Responsibilities signed : No Afddwit for Identity signed : No Afddwit for Residency signed : No Release of Information signed : No Release of Information signed : No Releas	
		Certify Cancel	



Staff Tool: Professional Discretion High Risk (PDHR)



Steps	Cascades Screen		
Write a note in the Individual Care Plan	PDHR-AT-CERTIFICATION Family	CHILD PDHR-AT-CERTIFICATION Participant ID: WA0940011718 Age: 1 year and 7 months WIC Category: Child	
Required: Write a note in the Individual Care Plan about why	Family Care Plan CHILD PDHR-AT-CERTIFICATION Certification Period: 1/20/2022 To 1/31/2023 Priority: V High Risk Automatical Priority Plant Priority Plant Priority Plant Pl	<u>0</u>	
the CPA made the participant PDHR.	Antiropometrics bioCremical Eco-Social (No Data) (No Data) • (No Data) • (No Data) Dietary Immunization Inadequate Vitamin D Supplementation (< 400 IU) • (No Data) Not Supporting Development/Feeding Relationship Assigned Risk Factors on 1/20/2022		
 Include "PDHR" in the title of the note. 	902 Limited Sells for Poper Nutrition or to Make Feeding Decisions 4258. Indexquare Vlamin/Minetal Supplementation 4254. Not Supporting Development/Feeding Relationship Goals (No Data) Referrals (No Data) Nutrition Education (No Data)		
Cascades designates the participant as high risk with the high risk icon.	Nutrition Assessment Certification/PDHR: Parent with imited experience not supporting feeding development of 19 month old. Needs support from debtain and HRCP.	Save Clear	

Making a Participant PDHR in Cascades at other times during the certification period

Steps	Cascades Screen		
Assess if the participant should be PDHR	PDHR- AFTER-CERTIFICATION Family Family ID: F10700001974 209 Main Street OLYMPIA, WA 98501		
the CPA determines the non-high risk participant would benefit from	Assigned Risk Factors		
seeing the RDN.	Assigned Risk Factors Total Items: 5 Risk Code Description X 133 High Weight Gain - BMI 18.5 - 24.9 334 Lack of or Tradequate Prenatal Care 334 Thyroot Disorder 371 Maternal Smoking 427.4 Inadequate Vitamin/Mineral Supplementation To the previous of the previous o		
	Example: The pregnant participant has high weight gain identified later in the certification period. Washington WIC removed the automatic high risk distinction for High Weight Gain due to system issues. Best practice recommendation: Make pregnant participants with this risk PDHR and schedule with the RDN for follow-up and a High Risk Care Plan (HRCP).		



Staff Tool: Professional Discretion High Risk (PDHR)



 Write an Alert Best Practice: Write an Alert about the participant's PDHR status. Cascades doesn't allow staff to change the high risk status after the certification unless an automatic high risk factor is selected in the participant's file. 	Formily Alerts Created By: mypoliak PDHR Created By: mypoliak 1/3/2022 PARTICIPANT PDHR-AFTER-CERTIFICA1 Ending On: Start Date: 1/3/2022 Alert Description: PDHR due to High Weight Gain identified later in the certification period. Please schedule with dietitian.		
Steps	Cascades Screen		
 Write a note in the Individual Care Plan Required: Write a note in the Individual Care Plan about why the CPA made the participant PDHR. Include "PDHR" in the title of the note. Cascades doesn't designate the participant as high risk with the 	PARTICIPANT PDHR-AFTER-CERTIFICATION Certification Period: 7/2/2021 To 4/30/2022 Pronty: I Anthrogometrics • (No Data) Biochemical • (No Data) No Data) Decary • Inadequate Idoine Supplementation (< 150 mg) *//// */// */// */// */// */// */// */	Eco-Social • Has adequate household food storage and preparation Save Clear	

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