

COWLITZ FAMILY HEALTH CENTER PROFILE 2023

Cowlitz Family Health Center (CFHC) receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long-acting reversible contraception (LARC). CFHC works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinics in Cowlitz, Pacific, and Wahkiakum Counties.

In 2023, CFHC served 984 clients during 1,437 clinic visits, representing a 3% decrease in clients and a 4% decrease in clinic visits from 2022. An estimated 82% of female clients of reproductive age served in 2023 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

CFHC served 984 clients in 2023

	2023		2022	
	Count	% of total	Count	% of total
Total	984	100%	1,019	100%
Male	21	2%	14	1%
Female	963	98%	1,005	99%
Females of reproductive age (15-44)	904	94%	937	92%
Hispanic	213	22%	214	21%
Non Hispanic:				
American Indian/Alaska Native	14	2%	17	2%
Asian	19	2%	17	2%
Black or African American	13	1%	16	2%
Native Hawaiian/Other Pacific Islanders	10	1%	17	2%
White	691	72%	721	72%
More than one race	0		0	

Female Reproductive Age Clients by Contraception	2023		2022	
	Count	% of total	Count	% of total
No method	174	19%	187	20%
Combined hormonal methods	230	25%	247	26%
3-month hormonal injection	138	15%	143	15%
LARC	210	23%	221	24%
Barrier	75	8%	78	8%
Other methods	77	9%	61	7%

* No method includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.

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930-140

Title: Washington State Sexual & Reproductive Health Network

Sexual & reproductive health services provided by CFHC prevented an estimated* 160 unintended pregnancies and 50 abortions, and saved over \$800,000 in health care costs in 2023 alone

CFHC’s sexual and reproductive health services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2023 the agency’s services prevented an estimated 160 unintended pregnancies, 70 unplanned births, and 50 abortions resulting in net savings of over \$800,000 associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

Estimate of unwanted outcomes and health expenditures prevented by CFHC sexual & reproductive health services, 2023

Unintended pregnancies	160
Unplanned births	70
Abortions	50
Miscarriages following unintended pregnancies prevented	30
Maternal & birth-related gross costs saved from contraceptive services	\$1,040,020
Miscarriage & ectopic pregnancy gross costs saved	\$33,040
Chlamydia infections	**
Gonorrhea infections	**
HIV Infections	**
Gross costs saved from STI testing	\$1,930
Gross costs saved from Pap and HPV testing & vaccinations	\$330
Total gross savings	\$1,075,320
Total family planning costs	\$251,100
Total net savings	\$824,220

**Estimates are based on Washington State sexual & reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <http://*

Data sources: (1) Washington State Clinic Visit Record data 2022, 2023; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 03/04/2024

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

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