

## Washington State WIC Nutrition Program Peer Counselor Lead Orientation Checklist



Name:	
Date training began:	Date training completed:
Supervisor/Trainer name(s):	
New Peer Counselor Leads are required to:	

- Be an International Board Certified Lactation Consultant (IBCLC), or complete an approved lactation management training within the last five years.
- Have at least one year's experience providing breastfeeding support.

Below is a list of state required tasks to complete as you become familiar with your responsibilities as a Peer Counselor Lead. Your agency may have additional tasks for you to complete.

Tasks	Date Completed
Read Chapter 15, Volume 1, of the WIC Manual: Breastfeeding	
Review peer counselor lead duties in your job description	
Visit <u>USDA's</u> website	
Review the list of allowable costs, see Volume 2, Chapter 4 – <u>Allowable Costs</u>	
Breastfeeding Peer Counseling Allowable Cost table	
Review the Starter Kit and recorded webinar	
Complete WIC Manager Training: Loving Support® Through Peer Counseling: A  Journey Together – For WIC Managers:  • Training Platform for Managers and Peer Counseling for WIC Managers- download zip files or contact the WIC Works Team to request a copy of the training on a flash drive if there are issues downloading the files	
<ul> <li>Review Peer Counselor Training: Loving Support Through Peer Counseling: A         Journey Together for Training Peer Counselors:     </li> <li>Training Platform for Peer Counselors - download zip file or contact the WIC         Works Team to request a copy of the training on a flash drive if there are issues downloading the files For guidance on using the Peer Counselor Platform.     </li> <li>Peer Counselor Lead Training Resources: Review and be familiar with what resources are available to you while training your peer counselors</li> <li>Peer Counselor Training Resources: Review and be familiar with the valuable breastfeeding resources available to your peer counselor(s)</li> </ul>	



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Call the state office to schedule time with your Peer Counselor Consultant (PCC) to discuss:

- o WIC staff and BFPC meetings (if applicable) how often, topics, etc.
- o Monthly peer counselor lead/peer counselor webinars
  - Webinar calendar with links to join webinars
- o Loving Support training materials. Review the content and discuss key points
- Peer Counselor networking opportunities
- Annual report and budgets
- Any outstanding questions

This institution is an equal opportunity provider.

## Washington State WIC Nutrition Program doesn't discriminate.

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email <a href="mailto:civil.rights@doh.wa.gov">civil.rights@doh.wa.gov</a>.

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